



EP29 Woo²

Rejection is God's Protection

with Colette Baron-Reid

Colette:

Welcome to INSIDE THE WOONIVERSE, Woo². That's a little bit of woo x2. In these shorter episodes, you're going to hear more of me, like an audio journal, on Wooniversal topics like abundance, resilience, working with the moon, manifestation, meditation, and much, much more.

Connie:

Colette, I was pulling some cards this morning.

Colette:

Yes?

Connie:

And one of the messages that came through, I was like, "Wow. This could be a great Woo²" because I've seen a lot of chat about this on your Facebook page. So when you say, "Rejection is God's protection," basically a lesson in trust and you speak about trust a lot, I'm just wondering, could we maybe unpack that?

Colette:

Yes, yes, yes, yes, yes, yes. Okay. Oh, that's one of my favorite things to talk about.

Connie:

Yay.

Colette:

And it was actually a saying, that I had this AA sponsor when I first got clean and sober. Her name was Margarite Lee. She was like Aunt Clara from Bewitched, if you ever remember



Bewitched. And she would say that to me over and over again, if I didn't get something I wanted, "Oh, dear. Rejection is God's protection." And I was like, "Okay." So it got into my head that if I didn't get something, it was for my highest good, or maybe it wasn't right yet, or I wasn't ready or something. And I no longer took it like, "Oh, I'm super disappointed that maybe there was something going on that I wasn't privy to, I wasn't aware of." And so looking back on my life, and one of the reasons why that's in the particular Oracle Card, is what I have learned, which is that is actually true, that any of the things, any of the men that rejected me. Thank God.

Or, because a situation that I wanted wouldn't have been good for me. All the things that I didn't get, that I was mad about or that I was clinging, I had attachment to, really would've hurt me, when I think about it now. Like when I look back and go, "Okay, what did I lose there?" And sometimes, "Oh, that might have been disappointing. But then what detour did I go on?" Like, "Was there another place that was better for me? Was that better for me to go here?" If I think about my recording career? So my career as a musician, I would've never developed my reading style, because my day job was doing readings. I used to tell people, "I don't really do this. Don't come back next year. I'm really a singer." "[inaudible 00:02:41] want to be," but you never know. So I had like-

Connie:
But you are singer.

Colette:
I am. No, no, no. That's so true.

Connie:
I just was going to say you're an amazing singer.

Colette:
Thank you.

Connie:
Yes.



Colette:

That's so true. I am a singer, but it was the professional singing career that I wanted kept being just out of reach, and I kept failing to get anywhere specific. And it was interesting looking back on it because had that happened sooner, I could have done a lot of damage to myself, because that I would not have been so immersed in my spiritual world. I would not have been so immersed in... I did and taught tarot for 25 years. I was diving into this place, because I had no place else to go. And I was like, "Okay, this is easy." But then it was because it was there. It was just all there was. And so I was exercising the muscle every day. The psychic muscles, that first sense, not the sixth sense. I know that people call it the sixth sense, but honestly it's our first. When you think of it, we're spirits first before we're human beings, that our intuition is our number one ability.

So God's protection. It's like, "If I didn't get it, could I have been harmed by having that? What could have actually been there? Maybe I wasn't ready and then I would've failed even worse," because I actually think back now and go, "I was not ready." By the time that I ended up getting my record deal, I was ready to see how it wasn't for me. And it didn't kill me. I had to choose, I had to go, "This, I'm not cut out for this. I'm not."

Connie:

Okay. That's a great point.

Colette:

So there's that. And then the unavailable men. So now, I'm sorry I gendered that one, but-

Connie:

Unavailable partners for you.

Colette:

Partners, period. Let's call it partners. Yeah. It doesn't matter your choice. It doesn't matter partners. The unavailable partner that you chase after. Now, I'll be honest. I chased after a lot of, I thought, "Oh, this is the one." I don't know how many times I thought, "This is the one this time." "Hell no, this time it's the one."



Connie:

"No, this time for sure, now."

Colette:

"Now," exactly right. "Oh no, no, no. This has got to be the one." And then the attachment and the manipulation and the kind of going back and forth with things. By the time I met my husband, he had kind of one eyebrow cocked up looking at me like, "This just can be pretty simple here." And I'm like, "Oh, all these ways I had about me." But when I think back, I'm so grateful that those relationships didn't work out, that they did withheld themselves, because I would have gotten really hurt, or I would've gotten in situations that were really, really challenging, that wouldn't have been good for me. And then what happened after? So I look back at, "Okay, so I didn't get this, the thing I wanted." Rejection doesn't mean that a person says no to you. It means that when you set your sights on something and even in a timeframe is not available to you, it's withheld from you. And you're like, "Oh, but I wanted it now, but it could come later. That's the same thing." It's like, "Well, no, you're not ready now."

So I've learned, of course, over the years that say I want to manifest something and I see it very clearly. I have to become the person that has that. And what if I'm not ready to become that person? What if I can't let go of the things that I think I still need or even unconsciously, I'm still repeating some of the old patterns that will not allow me to be fully engaged in what I say I want because I'm still doing dysfunctional things. So that became more of like, "Hmm, that's curious. I wonder why that's not coming. Let me take a look here, because obviously this isn't here. This is not here." Now, I don't want to say this happened for a reason because I find that I've changed my view on that. That's a very trite kind of a thing that people say, "Oh yeah, no, everything happens for a reason." I think everything happens so that we can make meaning, not reason. So it's like, "What do I make this mean," is really important. That's the other piece.

And Margarite helped me with that too. It's like, "What do you make it mean? `And what does it mean to you?" "Well, it means that I'm, no, I'm a big zero. I'm unworthy," make a whole list of what does it mean that I didn't get this thing? And so that's a really profound question. "Well, what else could you make it mean," "Oh, well maybe something better is there for me." And I actually put that on all my vision boards and I teach people how to do that every year when we do the vision



board challenge at the bottom, I say, "Put down this or something better now manifests for me in divine appropriate timing."

So I will say looking back, specifically on the things that I actually did get 20 years later, exactly the way I wanted it 20 years before, I am talking to the T, to the detail like, "Holy crap, this works," kind of thing. And the record company was the exact record company. The A&R guy was the guy that told my music manager that I had no talent, never remembered he did that and thought I was the best thing since bread later. And I was like, "Do you remember writing that about me?" "No." He goes, "I can't believe I did that." I'm like, "Yeah, I resented you for 20 years, but now you're my best friend." Or 10 years. I think it was 10 years before. "Ooh, I remember I never forgot that." But it's like, then I realized I got it when I could handle it. And I could prove to myself that I was genuinely talented. That did happen.

And then my intuition, it wasn't just the circumstances, my intuition said I had to get out and then Hay House, because I was assigned to hay house right after that, it was like, "You can't really serve two masters here." Meaning that if you're going to put all your efforts into something, you really can't split yourself all over the place, because you're either going to commit to this, or you're going to commit to that. And intuitively, I knew that was a dead end for me. I knew I was talented, because people even say to me today, "I can't believe that your career never took off." I'm like, "It wasn't meant to. This was meant to. That would've not been what I thought it would. This is what gave me, my calling is here." I had two callings in life, but this is the one that yelled.

Connie:
This was louder.

Colette:
This was louder.

Connie:
Louder calling. So for anybody listening today, who is absolutely feeling everything that you're saying, what would you suggest as a practice for discernment? To discern, "Is this the point



where I continue and is this a perseverance test, or is this..." You know what I'm saying? What's that discerning moment.

Colette:

Oh honey. I'm telling. You know what my moments were? When I banged my head against the wall enough that I had so many bruises, basically. I always say, "I've never let go anything that didn't have my claw marks all over it." So I could tell you what not to do, how's that? But the advice now would be to practice, have a surrender practice. And that is something that I do today. I don't get easily caught up anymore. I will temporarily, especially if I think that I might have done something or that, "How can I fix this?" That kind of thing. "Do I need to make amends?" That type of stuff. But really understanding what is mine, what is not mine. I recognize that if something's not there, I have to let it go. I let it go so much faster now, so much faster.

And so on every day I'm literally on my knees saying, "Thy will be done through me, relieve me of the bondage of self, so that I may better Thy will." And it's like, "Help me to be willing to surrender," because some days I don't want to surrender. Some days I think I know best, but guess what? I have never known best. That's the other thing, I can say that. I got some time under my belt. I'm going to be 64 years old, or I just turned 64 years old, but I'm proud of my age. I'm really proud of this. And I've been at this a very, very long time.

So I look back and anybody I've run into too, I don't think one person can say that they know that they knew best a hundred percent. The spirit in them knew best. And whether we listen to that spirit, because we will always get the truth from our spirit. Our will is something else, it's "Thy will be done through me." So use me as an instrument to Saint Francis, in a CC prayer, "Let me be an instrument of the peace, where there is hatred. Let me bring love where there's discord. Let me bring harmony." So it's like that. That's the practice.