



COLETTE BARON-REID'S
INSIDE THE WOONIVERSE Presents...

I TALK TO DEAD PEOPLE

Power of the Soul

With John Holland

Colette Baron-Reid:

Hi there, and welcome to INSIDE THE WOONIVERSE. I'm your host, Colette Baron-Reid. Welcome to another episode of our limited edition podcast series called I Talk to Dead People. Joining us today is one of the most highly respected psychic mediums that I know, John Holland. John is a spiritual teacher, author, and founder of My Soul Community, has starred in numerous TV shows and documentaries, and is the author of six books, four Oracle Card decks, mobile apps, and much more. He spent the last 20 years continually training and honing his gifts, which have made him one of the most sought after professional mediums on the world stage. I've had the great pleasure of working with John often. So I can tell you, he is literally one of the best in the world. So welcome, John.

John Holland:

Oh my God. Am I really in the Wooniverse with you? My God. Yeah, I'm on it. I'm on it. I'm on it. Hello, Colette. Hello everyone.

Colette Baron-Reid:

Hi. Yes. I'm so excited because what we get to do today is that I get to introduce you to everybody. And from when you began, I mean, you've got one of the best stories and I'm so excited to listen to you. So I want to go back in time together and because you, what your first book, I think it was called *Born Knowing*.

John Holland:

Right. In 2003 with Hay House, imagine.

Colette Baron-Reid:

I know, I know. I met you two years later. I remember that. You took me under your wing. I was like the new kid in town.

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John Holland:
Like a little bird.

Colette Baron-Reid:
Like a little birdie. Peck, peck, peck. Anyway, so I want to go back to your childhood. I want to go back to the moments where you knew like, "Ooh, I can see dead people," or "I could see different things. I had this experience." Let's go there.

John Holland:
Okay. Well, I always start off from New England, really, Irish, Italian, Catholic family, brought up Catholic, and I'm one of five kids. And I think, Colette, a lot of people who have this potential or this ability, you see it in your childhood, you really, really do. And I was always the different one in the family. One of three boys, and I have two sisters. And while my brothers were out playing baseball or football or playing in the streets, stickball, whatever, with the other kids. I was always indoors, either drawing, reading, I was huge reader as a child. Anything that had to do with philosophy, religion, magic, spiritual subjects. Now, we're talking like 10 years old now. So as much as my dad tried to push me outside with the boys, I was more happy in my own little world, and that's when I knew I was a little different.

I used to see people walking through my bedroom at night. And a lot of people say, Colette, "Weren't you frightened?" I can't be frightened as something that was always there as a small child. I would see people walking through my room and I thought I was dreaming. So I knew things that I couldn't possibly know, when the phone was going to ring, who was going to surprise my parents with a visit. So it was always there. And like society right now, I was bullied. I was called freak, weirdo, something's wrong with you. So I was not only, because you say, "Let's get personal," and I will. Not only was I the different one out of the family and the street, I was very skinny, chicken legs, a patch on my eye, glasses, big ears. So I was quite a sight to look at and quite as sight to listen to.

So it was always there, but when you're bullied, you learn to hide things. So I didn't really tell too many people about it. I just hid it. Remember, I'm only a child and the word psychic really wasn't around, except I did have an aunt, who was always my Aunt Shirley who's passed away. She was always into dreams. She would actually win lottery numbers through her dreams. I don't have that ability. But she would really win. But she would read dream books, and I was

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fascinated. When I went into my grandmother's home where she lived, there was a sense of spirit in the room, in that house, there really, really was. And she had all these dreams books. So that was my only connection to the other side, and I don't know about you, Colette. Does anybody have this in your family, Colette? My grandmother was always, she knew things. The word psychic-

Colette Baron-Reid:
My dad.

John Holland:
Right.

Colette Baron-Reid:
My dad, for real. My dad would go into the trance. Yeah. I mean, I totally, totally inherited this.

John Holland:
So I don't know if it's, maybe it is inherited, maybe it's in the gene, or you have a solid blueprint. I'm not sure. But that's what it was like as a child, and I still studied everything I can that was out there. And it's funny enough, my mom would wake me up at night. If there was any religious movies on like The 10 Commandments, The Song of Bernadette, Our Lady of Fatima. She always woke me up to watch these movies with her. Why? Right? See. So I knew she knew there was some type of connection. And my mom said once before she passed away, she said, "You know, Johnny, growing up, I loved all you kids, but there was something different about you." So it was always there, Colette, even as a child. And I pushed it away right up until I was a young adult, but it was always there. Yeah.

Colette Baron-Reid:
So have you ever had an experience? Well, I know the answer to this, but you had an experience where you literally, it changed your life, something that happened that brought this to you in a way that you couldn't deny?

John Holland:
Yeah. I remember, I know what you're talking about the accident. But even as a kid, two things happened that I'll never forget. I was climbing a tree like a little boy, right? One time I was

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outside and it was two stories high, and I wanted to go on a warehouse, a tire warehouse's roof. You know how kids are, boys? There's no thinking. So I climbed this tree and it was two stories up, and I went for the branch and it snapped, and I fell all the way down. I swear I didn't hurt myself. I know kids bounce when they're young, but I had the branch in my hand and I just giggled and walked away. I think I was carried down, Colette, to the earth, almost in slow motion. I don't remember falling. I was just on my butt holding the stick. And another time I was at a neighbors, I was running into a neighbor's doorway.

We had three deckers then where I lived, and there's an open door in the hallway with the stairs. And I was going up to see this friend of mine named Diane. I had to be like 11, and I'm full speed as a kid. And I went into the hallway and I hit an invisible wall, and it knocked me back on my butt. And I went, and what I didn't know was somebody was coming out, a spirit, a guide, or a guardian angel stopping me from running in, but it was the way to say it. And I even, and I know people can't see that, because if this is a podcast audio. But I reached out to make sure that there was nothing in that hallway doorway before I walked in. Two freaky things there. Yeah. And then, I hid the ability for many years. My teenage friends knew what I could do.

And it was just like, "John, do your thing that you do, whether it was prediction or tell them about someone." Then, I was in an automobile accident, Colette, that I woke the abilities. It wasn't the accident that made it happen. The accident, we all get wake up calls, everyone.

Colette Baron-Reid:
Right.

John Holland:

I was living in Los Angeles. Just think about it, LA, young man, young life, going out, partying. In a relationship, I was in way too long that I should have got out of it a long time ago, but it was a wake up call. And I think your soul gives you opportunities, dreams, intuition, synchronistic events. I had a wake up call, and when I had that accident, I could have died. That's when I just looked up and I said to God, the universe, "Thank you." And when I got my life together, Colette, I know you've had a traumatic experience, and after that experience, we got our life together. And I think we got aligned, and that's when everything started happening. It came in so strong and I wanted to train, why is this happening to me? Because I'm a big advocate of the mechanics of how this ability works.



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Colette Baron-Reid:

Which I love about you, because I'm a completely untrained medium. As a matter of fact, when I had my TV show, you were the one that I called. I'm like, "What do I do with them? There's too many of them." You go, "You can park them, put them in the parking lot."

John Holland:

Park the lake.

Colette Baron-Reid:

I'll never forget that lake.

John Holland:

Park the lake.

Colette Baron-Reid:

It parked the lake. I'm like, "Ooh." So I actually learned a lot from you, because I didn't know anything about the mechanics of it. So you started work as a psychic medium. And did you have any, I don't know, issues around calling yourself that or owning it or was it after the accident you just go full tilt?

John Holland:

Well, when the accident happened, I studied even more psychic ability, and I had no problem being psychic. How do I shut it off? Because I wanted to know how was this happening? That's when I got into energy, aura, chakras, meditation, breath, and this is in my early 30s. So I didn't see people right away. I studied and studied, and then of course, you'd love this. I picked up my first Oracle deck, my first, the white, the Aquarian deck. And I started reading cards.

Colette Baron-Reid:

Right. The Aquarian deck.

John Holland:

Yeah.



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Colette Baron-Reid:

Yeah. I had that deck, that was one of my first ones.

John Holland:

Yeah. And I read the book, highlight it, and I still didn't see people. Then, a friend who owns aromatherapy shop in LA said, "Why don't you do readings here?" And I'm like, "oh God, no. No, no, no, no." Nervous, Colette, people's lives are in your hand. What if I'm wrong? What if I'm not doing it right? Slowly, I started doing readings, but I kept my day job, all right, for nine years before I went full time.

Colette Baron-Reid:

What was your day job?

John Holland:

What wasn't my day job. I worked for an aeronautics company. I was a bartender. I worked in a temp office. I was even the Cadbury rabbit once for Easter. And for the temp I had to say, "I swear, I was."

Colette Baron-Reid:

You were the Cadbury rabbit.

John Holland:

I was the Cadbury rabbit, kids sat on my lap and they said, "John, you're the only one that we could think of that would do this," and I did. It was a good money. So I did it. Well, that was something you never heard before, but I was a Cadbury rabbit at a store, yeah, for a while. And that's when I started reading cards and the cards were telling me things that weren't there.
Colette.

Colette Baron-Reid:

Right.

John Holland:

Right.



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Colette Baron-Reid:
Same. Yes. It's not in the book.

John Holland:
Psychic tarot. Absolutely. And that's how I came up with psychic tarot. But two years into doing psychic work, because there's a difference, everyone. There's mediumship, and then there's psychic work, right?

Colette Baron-Reid:
Very different.

John Holland:
Exactly. When I look at Colette, I'm reading her energy, her aura, her past to present, her potential future. Mediumship is different. I am not connecting to Colette. She is the bridge, but I'm connecting to the other side. Yeah. Psychics perceive, mediums, receive. Every medium is psychic, but not every psychic is a medium.

Colette Baron-Reid:
Well, I'm going to say something about that too, because I 100% agree with you. But I do think that this psychic is not just about perceiving, because you still receive information, right?

John Holland:
Yes.

Colette Baron-Reid:
But I get it what you're saying, you receive messages from the other side, and I agree with you 100%. It even comes in, in a different channel, it's like a totally different channel you tune into on a radio.

John Holland:
Exactly.

Colette Baron-Reid:
It feels different. You're looking at a completely different dimension when you work.

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John Holland:

And a lot of students they say, "How do we know the difference?" After a while, Colette, you know there's a feeling to it. It's totally different. Two years into reading the cards, doing readings on the weekends or evenings, whenever, and I did it. Spirit, people started on the other side started showing up, and that's what happened. And I always ask my students, "What do you think happened?" Think about it. Two years, I'm reading, I'm tuning, I'm tuning. My aura bigger, bigger. They say in mediumship, "You raise your energy, those on the other side lower theirs." So the potential was there, but my vibe wasn't high enough to connect. So two years, and so once again, everyone for, Colette, I said, "All right. So wait a minute. Why is this happening? Why is this happening?"

The very first reading was a woman I was reading for. She came to see me about her artwork, where she's going with school, what she wants to do, and that was great. And then, all of a sudden in my mind's eye, I saw an elderly woman right beside her. And I'm looking at her and I'm looking at my client, I'm looking at the old woman. Now I remember, it's not like the movies, everyone, all right?

Colette Baron-Reid:

Right. Yeah. You don't see them.

John Holland:

Right. It's subjective. And I said, "Mari, there's a elderly woman right beside you. Her clothes don't match at all," don't ask me why I noticed that. And she's showing me a diamond, just pointing to a diamond. So at that point, Mari, my client, she screamed and got up. I screamed because she was screaming. She hugged me and I hugged her. And I said, "Mari, what was that?" Because, Colette, it was different. She said, "John, my great Aunt Ada, who helped raise me was colorblind. That's why her clothes never matched. And the diamond I'm wearing right now, I inherited from her." So that was the very first time, and I said, "Oh great." So people on the other side are showing up and it kept happening.

And once again, Colette, I didn't just call myself a medium. Why is this happening to me? Why is uncle Joe or people's mom and dad or kids showing up in their reading? That's when synchronistic events led me to England to study for over two and a half years in England,

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evidential mediumship. It was very synchronistic how everything, once my accident happened, I got my life together, everything lined up, and I just followed the signs.

Colette Baron-Reid:

I think about that too. First of all, I had no idea that you were going to work in aroma therapy shop because that's where I started when I, and I actually had the same experience with somebody screaming and then I scream. And even until I met you, which was years, it took me 20 years before I would even say the word medium, because I was still like, I don't understand how this is working. Had I gone and gotten trained, had I gone like you do over to England, I would've had a different story to tell. But because I was like, "How is this possible?" Maybe I'm just really good at perceiving this information, and I just know. So I was always curious about that, because I know there's lots of different types of mediums that you went and trained. The mechanics became and therefore you could relax into it more.

John Holland:

Well, yeah. And I wanted to know, remember I'm a kid from the streets and I'm not going to read someone and say, "Oh your grandmother's here, and there's a butterfly on her head." I wanted evidence. I wanted to make sure, because I'm tough with that, right? And you said, you asked me, did I have a problem calling myself psychic? Not really, but I was careful of skeptics, because the jokes and, "Oh yeah, you're a psychic. What's my name?" Or people still give me their palm when they-

Colette Baron-Reid:

I know. They still ask me for lottery numbers.

John Holland:

Yeah. So I had no problem calling myself a psychic. But think about it, Colette, where was I? Los Angeles, California where the woo-woo was still happening even back then. So yeah, but I had no problem with it. So I had to let go of the story of my childhood of being called freaking weirdo and just did it. And maybe that's why I trained because I wanted to be good at what I do. I wanted to be good at it.



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Colette Baron-Reid:

What are some of the most outrageous stories from over the years when you've... Because I know you have tons, because I know a lot of them. But I'd love you to share some of them with the audience, because I think people would find it fascinating.

John Holland:

Well, a lot of people think that I do this 24/7, when you're trained to do this, you shut it off.

Colette Baron-Reid:

You have to turn off. Yeah.

John Holland:

You shut it off. There were incidences when I was living in England and there was a friend, Simon, the guy I was living with. He had a colleague and I just turned to her and I said, "Did your mother have a throat issue with polyps on her larynx?" And she was like, "Yes." So things like that would happen, but I don't do that. I teach my students, "Don't walk up to everybody and do that."

Colette Baron-Reid:

No. No. No. I agree.

John Holland:

Yeah.

Colette Baron-Reid:

Boundaries are crucial.

John Holland:

Right. Because, Colette, you shut down too. And if you are doing it 24/7, and for the people who say or the students, "I can't shut it off," or "They're coming to me," or "I'm getting stuff," you're untrained. You, you should be able to, and no disrespect, but you should be able to turn it on and turn it off. But there's a lot of touching stories, Colette, not so much where...

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Colette Baron-Reid:
Tell me.

John Holland:

The very first one that I wrote in *Born Knowing*, a woman came to see me. I was living in LA and I decided to move back East. My mom was getting sick with lung issues and I decided to move back, not really wanting to move back. And it was in the midst of moving, I get this call from a woman from San Francisco and I'm talking to her. This is when we picked up the phone, Colette, right?

Colette Baron-Reid:
Right. Right.

John Holland:

Okay. So I picked up the phone and she's talking to me and I said, "Look, I'm about to move in three days," and then it happened. I said, "You lost a child, didn't you?" And I said, "Listen, if you can get down here tomorrow, I have time." She flew from San Francisco to Los Angeles, and she sat with me. And I started reading for her, grandparents started coming in, and then as I'm talking to her, the grandparents, myself doing mediumship, I kept hearing a sound and it went like this. It was this tapping noise, but there was a rhythm to it. And I said, "Excuse me. What is the tapping I'm hearing?" And she goes, "Oh my God, keep going, keep going." And so I'm talking, I'm doing the reading and I kept hearing it again.

And I went, "Okay, excuse me. What is the tapping, please?" We started linking, I started linking with her daughter. Her daughter, Jennifer, when she was five years old, went in for a surgery and it went wrong and she passed away. But before she passed away, for the audience, remember clogs? Remember clogs?

Colette Baron-Reid:
Yes, the clogs. Yes.

John Holland:

Clogs. Not the rubber ones, but literally wooden clogs.



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Colette Baron-Reid:
Wooden clogs.

John Holland:
The girls used to wear. So she had a pair that were too big for her, and they were called her clacky clack shoes. So when Melinda, the mother, went to go visit her sister who worked at a hospital also, linoleum floors, Jennifer would wear those shoes. And what would she do?

Colette Baron-Reid:
Along the floor.

John Holland:
Skip along the floor. And they buried her in those shoes, Colette.

Colette Baron-Reid:
Oh my God.

John Holland:
They buried her in those click clack shoes, and then the reading ended, what they said, "Did you send up a balloon?" I said, "One balloon to her," and she says, "Oh my God." She says, "Every year on her anniversary, her pictures on the balloon," this is when you could send up balloons, right? Before it was dangerous because the ocean. They sent up a balloon and all her kids and friends and family would tie a little note on there to her, and then send them up to her. And I said, "Wow. That's special." So that was one of the most special ones, and then kind of a sad reading, but still the mother was comforted. So I lived there, Venice Beach. So I go to the beach, it's like 6:00 at night. The sun is going down and nobody's at the beach.

And I'm sitting there just thinking about leaving LA, kind of sad, the reading I just had. And what do I see washing ashore, one red balloon. And I said, "Oh my God," if I go pick up that balloon and I see that kid's face on that balloon, I am going to absolutely freak out. And it wasn't, but what are the chances?

Colette Baron-Reid:
Right, but still.



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John Holland:

It was almost alike. I looked at it I was like, a thank you from Jennifer. Because nobody's on the beach, I just did the reading, I ended with the balloon and one washes ashore where I was sitting. So things like that, and it happens over and over. And just one more quick one, this is very touching.

Colette Baron-Reid:

You don't have to be quick. You don't have to be quick.

John Holland:

Okay. Good. I love that. In the Wooniverse, it's in your own time, right?

Colette Baron-Reid:

That's right. And we like hearing these stories in the Wooniverse. That's why we're here.

John Holland:

Colette, you've done this, and as much as we love what we do, there have been times in life, where can I keep doing this?

Colette Baron-Reid:

Yeah.

John Holland:

Emotionally, physically, mentally, spiritually. It can be exhausting if you don't monitor and balance the physical and the spiritual. I was really tired. I was doing it a lot, working my day job, doing it when I can, letting clients dictate when I could see them, I didn't set a schedule. There was a woman who came to see me, and it's always the people that lost children, Colette, that bring me back to doing this work. So this woman comes to see me, and clairvoyantly in my mind's eye. Again, I see an empty wheelchair roll in front of me, and I'm looking at it and I said, "You lost a son." I said, he's telling me, "Look, ma, no more wheels," and she started crying.

Colette Baron-Reid:

Yeah.

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John Holland:

He said, "Please tell my mom, I am running the bases," B-A-S-E-S. And I went, "Okay," I said, "Would you understand that?" He was a handicapped child, physically challenged. He had spina bifida. He was in a wheelchair from the time he was born, right? So he's on a bus, and the bus driver hit the gas a little too fast, and the kid's body, I don't want to get too graphic, Colette.

Colette Baron-Reid:

Right, right, right. Yeah.

John Holland:

His neck was impacted by, his head going back, and he passed away because the bus driver just went a little too fast when he hit the brake or the gas. So when this kid, his whole life, this little boy he'd have to be about, I don't know, I think it was like 10 or 11. So remember, no more wheels. He's not in the wheelchair anymore. And he said, "Tell her I'm running the bases," outside his bedroom window, across the street was a baseball field. He would look out that window at the boys playing baseball, knowing he'll never be able to run the bases or get to play. Well, it's emotional, right?

Colette Baron-Reid:

Yeah. Yeah.

John Holland:

The wheelchair comes in and says, "No more wheels, ma. Let my mom know I'm running the bases." So is there baseball in heaven? I guess there is, because he was running the bases and the kid was free of that body. Very touching. We've done thousands of readings, Colette, but there's some that stay with our heart, and that's one and there's so many. So have I had freaky ones? Yes. It happens all the time.

Colette Baron-Reid:

Have you had a funny one? A really funny one.

John Holland:

Well, how much can I say here on the Wooniverse?

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Colette Baron-Reid:

You can say anything. You can swear on the Wooniverse.

John Holland:

Now, for the people who are thinking, yes, being a medium and intuitive, it's a spiritual aspect, all right? So I'm going to tell you something.

Colette Baron-Reid:

Yeah. And can be hilarious too.

John Holland:

I'm going to tell you something that I've really never said publicly or on air, all right? So here's one. So this woman comes to see me. Remember everyone, when they go to the other side, they don't turn into these exalted beings, they're the same people. But if they were a piece of work here, they see what they've done here. But I could tell, I was linking with their husband. He had the biggest sense of humor, and I said, "Would you want..." Marc will like this too. Now, I'm getting something in my mind's eye. I teach people, Colette, impression versus expression. How am I going to say this? So I said, "Why is he saying one hung low, one hung low? And she started laughing her ass off. And I said, "Would you understand why he said that?" Now, Colette, I don't know if you know what that expression is, but she said, "One hung low." And I said, "Why is he talking about one hung low?" She said, "Because that's all he had. He had testicle cancer."

So that was hysterical. I said, "Is he really coming?" She said, "He would say it all the time, John." So as much as you're saying to the wife, "You know he still exists. You know he continues."

Colette Baron-Reid:

Yeah, you were like, "[inaudible 00:21:55] he loves you." But don't you think though that people won't recognize the other person without the humor? That's what I found.

John Holland:

Exactly.



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Colette Baron-Reid:

They come through with, for me, I get the ex-alcoholics, a drug addict.

John Holland:

Exactly.

Colette Baron-Reid:

With the wild personalities that'll come through, and they'll say stuff that is so outrageous and I have to tell this to the person.

John Holland:

That's right.

Colette Baron-Reid:

But they were like, "That's for sure my dad. That is 100% he would say that," even though he also felt an evolved being. So it was like, "I'm going to show you who I was," and this is what I would say. But I also now want to say, "This is what I've learned. So here's what I want to impart to you." So yeah.

John Holland:

Yeah. So when we do mediumship, everyone, you have to realize, bringing through the personality of someone where you're twitching like them. Or the other day I did a demonstration, I kept moving my mouth to the side. He said, "He had a cigarette in the side of his mouth," she goes, "No, it was a stick match." When you bring through the personality, it's great evidence. But I want you to know, if somebody has someone that wasn't really nice to them, their personality was a difficult person. Say somebody had a mom that was difficult, that personality's going to come through for them. Because if I said to someone, "What a calm, peaceful, gentle soul your mother is," they'd be like, "That's not my mother."

Colette Baron-Reid:

That's right. That's right.



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John Holland:
Right?

Colette Baron-Reid:
Yes.

John Holland:
But I want you to know, everyone, they're not like that. It's just for identification purposes only.

Colette Baron-Reid:
Exactly. It's not like they went onto the other side and they're still nasty. Exactly. But they show you, that's how I've experienced it too. They show you who they are to get the attention of the person to show the evidence. This is who I was. This is my personality, and then you process. Exactly. So let me ask you a question, because I think it'd be interesting for a lot of people. So what are some of the common misconceptions that people have around mediumship, or the work that we do? What are some of the common misconceptions?

John Holland:
Well, first of all, too, we don't call the dead. It's not one 1-800 dial your dad, or Robert tell your dad. It doesn't work that way, and I've never had someone say, "Can you get my mother?" Now, remember, Colette, on the radio show we used to do it for speed, like, "Who do you want to connect with?" Sometimes they would get that person or sometimes they didn't. We can't call them. Another one is, it's not a cure for or to replace bereavement or grief counseling.

Colette Baron-Reid:
Right. Very important.

John Holland:
It can help, right? It can help a little with it. And another one is, I don't know about you, Colette. I see a lot of students here. I've never had an entity attach itself to me, and I've never seen a haunting.

Colette Baron-Reid:
No.



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John Holland:

In my book *Bridging Two Realms* I said, "In my experience," because I didn't want anyone coming at me, "In my experience, I've never seen anybody stuck." Now people will come at you and say, "They're a rescue medium," of course they're stuck and I've never experienced that, right?

Colette Baron-Reid:

Right. You personally, same. But I have had a physical mediumship experience that completely freaked me out on stage at a Hay House event, when Brian Weiss was in the audience, and he had to explain to me what just happened when somebody actually went into me.

John Holland:

Where you were choking?

Colette Baron-Reid:

Yeah. Remember that one when I was choking?

John Holland:

How could I forget it? Of course, I was watching, Colette Baron-Reid demonstrate. Yes. You had to leave the stage.

Colette Baron-Reid:

I had to get off the stage, get a puffer. Somebody had to come and give me a puffer, and when I got up there, then she said, "My father was a medium too. He would totally want to upstage you, and that's exactly him." And I was like, "I will never have that happen again though." I'll be honest. That's a boundary that I have. I'm like never again will I ever do physical mediumship in my life. Thank you.

John Holland:

Yep.

Colette Baron-Reid:

So have you ever had that physical sensation that came from the other person?



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John Holland:

It does happen with coughing sometimes. You're just like me, we're very demonstrative with our hands and our body. So what happened was is that spirit, that soul got so close to you, right? That you felt it. And sometimes people get emotional or they're like, "I can feel their pain," ask them to step back. They can step back too also. But that was suddenly with you.

Colette Baron-Reid:

And I didn't have any way to know what to do. I was like, "Oh, get out of here. Get out. Out, out, out, out, out, out."

John Holland:

Right, exactly. I have an agreement with the other side, with the time that I'm with you, you can use me any way you want physically, mentally, spiritually. I have been known, one time I started doing an Irish jig, I'm dancing, I said, "Do you want to tell me why your father's making me do this?" "Because he taught Irish step dancing." So do you see what I mean? So I will act it out. I will start acting like that person.

Colette Baron-Reid:

But isn't it more that way, what you're talking about more demonstrative like, "I'm doing this. Does that make sense?" That as opposed to they're inside you doing that. Very different.

John Holland:

Right. Are they inside or they just got so close to you, Colette?

Colette Baron-Reid:

Yeah.

John Holland:

So you think about that. Did they get really that close when you took on their physical? And it's not like a possession, everyone. Here I'm using my hand like they can see this. This, Colette, imagine just another spirit blending with Colette. So close that she is-



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Colette Baron-Reid:

Too close.

John Holland:

Yes, exactly. Too close. But now you're aware of it and it won't happen again.

Colette Baron-Reid:

No. I learned the hard way. I cut my teeth through experience, and then I just was like, "Finally," I'm just like, "Okay." And I know what I can turn on and turn off, and I know what my boundaries are. I am not interested in actually seeing anything physical, because I know some medium see, they see the person who's crossed over. I'm like, I'm not interested. I can listen.

John Holland:

Yeah, you can listen, a clairaudient. How about this? There have been times, everyone, you've got an audience of two, 3,000 people, like we had, Colette, with Hay House, right? Or more.

Colette Baron-Reid:

Right. Sometimes more.

John Holland:

Especially when you work with Sylvia, right? I mean, come on, thousands and thousands of people in that. And so we're taught, if you're not feeling that well, you shouldn't do it. But when you got 3,000 people and you can still walk and you can still talk and you can still have-

Colette Baron-Reid:

I hade pneumonia and did it.

John Holland:

Exactly. But the amazing thing is, when you're doing it, all your ailments go away.

Colette Baron-Reid:

Yes, that's right.



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John Holland:

And the minute you stop, it's back, you could have laryngitis, and then your voice is back. Now, is that spirit influence, the energy? Or is it endorphins? I think it's a little bit of both.

Colette Baron-Reid:

Of both.

John Holland:

I had diverticulitis attack in Houston with Sylvia in front of an audience, and I had to go out there, but it went away and then it came back. So I find the work fascinating at the same time how this all happens.

Colette Baron-Reid:

Yeah. Because it really is interesting, because we are asking to be a clear channel. So what we are experiencing is not, like I lose me and I actually pray that way too. I say, "God, grant me the serenity to accept the things I cannot change. Encourage me to change the things I can, and the wisdom to know the difference. That I will be done through me. Relieve me of the bondage of self so that I may do that I will. Show me how to be a clear channel for divine clairvoyance or divine mediumship," so either/or. And it would be like, "Oh yeah, I'm not important here." So yeah, it feels like, "Oh, you feel completely different." That's why I feel like somebody shoots me up with B12, because I do this twice a month in my membership site. I do 90 minutes of readings two times a month. And I'm like, "Oh my God, that's medicine for me," just going out there and doing it.

John Holland:

Well, they teach us in England, when I was in England. Less of me, more of spirit.

Colette Baron-Reid:

Yeah. Less of me.

John Holland:

Less of me, more of spirit. Yep. It's just exactly what you said. Yep.

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Colette Baron-Reid:

Yeah.

John Holland:

It's getting our own way. We have to put everything aside, everyone, our emotions, who we are. If we just had not a great experience with someone because it's a life of service still.

Colette Baron-Reid:

Right. It really is. Now, do you have any specific rituals that you do pre or post your work?

John Holland:

Yep. Before I get on stage or before I see a reading?

Colette Baron-Reid:

Both.

John Holland:

Well, I was raised Catholic, and you have been doing the Serenity Prayer. I think that's brilliant. I literally get on my knee, do the crucifix over me. Okay. I bless myself, And then I say the Our Father. I call it in my mediumship training, the turn on switch, meaning by you saying Serenity, and less of you, more of spirit in the Serenity Prayer that you do. I look at it this way, we are letting them know, I'm ready for you. Okay? I am open. The door is open, you can step forward now. So that is my ritual where I'll try to get calm. I don't have to light an incense or candle or start chanting Om. We've been doing it long enough to say, "I just get on my knee, do the Our Father, and then I get up." And it's weird, when I don't do it, it seems like, it might still work. It is such a ritual, a spiritual practice that it's something that I'll always do, Colette, no matter what.

Colette Baron-Reid:

It's interesting that you get on one knee. So I find the supplicant prayer, the contemplative supplicant prayer on my knees, like just saying, "I surrender." That for me is important too before I go out and do, even when I show up for spirit jam. Whenever we do an event, I'm always on my knees that day. In the morning, I'm on my knees saying, "Use me," right? So it's use me, use through me, what's the highest good, and then I just trust that it's the highest good. Even if I'm like, I could be wrong, but it's my interpretation as opposed to the actual. Usually I say and I



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believe, and you tell me if you feel that way too, that the information is always 100% correct. It's just sometimes our interpretation of it that's not right.

John Holland:

Exactamundo. Yes. Yeah. We could misinterpret what we're getting. And can I tell you another story that people...

Colette Baron-Reid:

Yeah.

John Holland:

Okay. So the end of *Bridging Two Realms*, I'm giving it away, but there was a time with Brian Weiss. Remember I'm always fascinated by this work, because I always look at it, if something comes through, I don't let say, "Look what I got. Look what I got." It's coming through me. It's coming from them. So I will give them the credit on the other side. There was a time when, you know Bob and Melissa, right?

Colette Baron-Reid:

Sure.

John Holland:

Okay. So I knew Bob's birthday was coming. This is a number of years ago. And I was about to do an event with Brian Weiss in Boston for 1,200 people. It was sold out, and it was a few days away. But I'm driving down the street and I saw the Hallmark store. And in my head I said, "Ah, I got to get Bob a birthday card." So as soon as I said that, I heard this in my head, "Buy a Snoopy."

Colette Baron-Reid:

Buy a Snoopy.

John Holland:

"Buy a Snoopy." And I went now, I didn't say, "Who are you? Why should I buy it?" I'm thinking, it's a kid in my mind, but I've trusted. If something comes to me out of the blue that has nothing to do with, Colette, anything that I'm doing.



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Colette Baron-Reid:
Right.

John Holland:
So I went into the Hallmark store and I said, "Do you have any Snoopy's?" And she showed me one that shakes, like it was having a seizure. I'm like, "No, not those." I said, "Don't you have a little plush Snoopy?" Every store has them, right?

Colette Baron-Reid:
Right.

John Holland:
So especially Hallmark store. So I took one of those and I put a big red bow on it. I didn't know if this was going to be given away to a child or from a child, but I knew Brian Weiss's thing was happening. So I trusted it. I gave it to my assistant and I said, "Look it, put this behind the podium."

Colette Baron-Reid:
Right.

John Holland:
If during the afternoon that it comes through in a message, then it'll happen. But I am not going to walk on stage.

Colette Baron-Reid:
And go, "Who's is this?"

John Holland:
Or say this, "Can you say it to 1,200 people, can anybody relate to the character or the cartoon Peanuts or Snoopy?"

Colette Baron-Reid:
Well, everyone does.

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John Holland:

Exactly. I have a Beagle. My mother's Lucy, my dad called me Peanuts. It had to come through the reading. So one of the very last readings that I'm doing, I went to the side, to the right side here and I said, "Someone will be here. I have a mother who's coming through saying you couldn't make the funeral," and I pointed right to the row, right? Because you can't do 1,200.

Colette Baron-Reid:

Right. Right, right, right, right.

John Holland:

So I went, and asked "You didn't make it to the mom's funeral then she passed away like this," and a woman raised her hand and she said, "He did," which is her husband. And so the message started coming through from the mother. And in my head I heard, "This is where the Snoopy goes." So now remember, 1,200 people, you've got to trust in your work and in spirit. I walked behind the podium. Now, my assistant put a big red bow on the collar of it. And I put it behind my back and I said, "Okay, sir, would you understand," then his dad came through, right?

Colette Baron-Reid:

Right.

John Holland:

And then I'm linking with the dad then, and I said, "Can you tell me why your dad made me buy a Snoopy?" And I held it out to the audience, and he was taken back, the wife was taken back, and I said, "Can you please explain this? Why?" I said, "I had to buy it. Your father gets it." Okay. And he told me that Charles Schulz, he loved hockey. Now, a lot of people don't know this, you can look it up. If you look where Charles Schulz office was, he had a hockey rink built outside his office outside. And all the retired hockey players, he would invite to stop their own league just to play as older men. His father was on team Snoopy and Charles Schulz would always say, "Come join my team. Come join my team." So it was team Snoopy. So what evidence is that, right? So the whole audience, just like, and so I was like, I have to play it cool like, "Yeah. This is nothing."



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Colette Baron-Reid:

I never play it cool. I'm always just as freaked out as everybody.

John Holland:

I was freaked out. Come on. I mean, if I ever doubted it, I mean, out of all the people I bring the Snoopy, his father played hockey with Charles Schulz in another state, and everyone could look it up. Charles Schulz hockey rink, right outside his office.

Colette Baron-Reid:

Oh my God.

John Holland:

Fascinating. Fascinating. And how do you doubt that? How does the skeptic say, "Well," come on. Yeah.

Colette Baron-Reid:

Right. John, that's awesome. We are going to take a little break now. So please stay with us. We'll be right back.

Colette Baron-Reid:

Welcome back. We're here with the world renowned psychic medium, John Holland. Okay. John, let's get back to our incredible conversation. Tell me a couple of stories, because you and I are going to be working on a book called *Ghost Whiskers*, because this is both of our experiences with animals and we're both big animal activists. So tell me about any amazing reading that you did, where the animal has come through.

John Holland:

Well, a lot of people don't know this, but let me share something that happened when I watch Colette do this when her mediumship started unfolding. That's the word, unfolding.

Colette Baron-Reid:

Unfolding.



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John Holland:

So she's on stage and I know it's about me, but I'm going to turn it around, because I have to tell about you because I was fascinated. I love watching people work on stage. It's not competition. There's enough dead people for everybody.

Colette Baron-Reid:

Everybody, there's enough dead people.

John Holland:

Get the training, right? So Colette is there and she says, "I have a mouse here with three legs," and it was in her hair. And she said, "I have a mouse here." Now Colette, the spirit would come through the animal, lead them to the person, and then Colette would do her reading, whether it was-

Colette Baron-Reid:

The person. Yeah.

John Holland:

Exactly. So I have a three-legged mouse here... Or was it a rat Coll? I think it was a mouse.

Colette Baron-Reid:

It was a rat. It was a rat.

John Holland:

You said it would sit on the shoulder and hide in your hair, and the girl raises here. Now, I don't know about you, but in my mind, if I was to get something like that, I'd be like this, "Please, somebody raise their hand on that one," Right, please. Who's going to raise their hand? Sure enough, a woman raises her hand. She had a pet rat that had three legs and would always wind itself in her hair to keep warm or that's where she had it.

Colette Baron-Reid:

Yeah.



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John Holland:
Right? So come on.

Colette Baron-Reid:
Yeah.

John Holland:
I mean, so that animal came through, but I've had three legged dogs come through. I think they do go to the other side now. I'm not an animal communicator.

Colette Baron-Reid:
No, neither am I.

John Holland:
I think we could, Colette, if we just train that.

Colette Baron-Reid:
Yeah.

John Holland:
And we're already connecting. But I know I'm doing it at the dog park now for people, or I'm connecting with the dog that's alive talking to them. It's really bizarre.

Colette Baron-Reid:
And they come in that the same. Do you not notice too sometimes that the living animal sounds exactly like the animal who's crossed? So for me, when I've tuned into animals that have crossed over, they give the litany of what elements they had, which stitches were, when they had to get this popped, and their hip displays.

John Holland:
Their personality.



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Colette Baron-Reid:

And the personality and how stupid their friend, the dog was or whatever. They would be like, "Oh my God, that one," like opinions and whatever. It was like a person.

John Holland:

Yeah.

Colette Baron-Reid:

But only limited, right? There was a limitation. But they always came through to point to their guardian to say, "I want to talk to my mom."

John Holland:

Yeah.

Colette Baron-Reid:

She needs to talk about what happened when I died or something, right? So it was always really interesting.

John Holland:

And there's more than just dogs and cats, everyone. There was one time, I looked out at the audience. Do you remember Britney Spears back in the day she had that boa constrictor around her?

Colette Baron-Reid:

Yes.

John Holland:

On the album cover. So I went to a woman, and oh no, it was a gentleman. And I said, "Now, boa constrictor now," all right? So I said, "Would you understand you had a boa constrictor?" Because in my mind, my symbol, because I didn't have a peripheral reference to a boa constrictor.

Colette Baron-Reid:

It was Britney.



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John Holland:

I saw Britney Spears and he goes, "Absolutely." That pet lived for a long, long time. And a funny time was is I'm in Massachusetts with Lauren Rainbow, Karen Paolino and another healer, and we're doing a show. And I'm on stage, and I felt this furry thing in my hand. I didn't see it. All I knew and I'm stroking this thing, I'm like, "Is this a cat? What is this?"

Colette Baron-Reid:

What is it?

John Holland:

I'm stroking something spirit, right? And it's this long thing. Is it a squirrel? What is this? And it was crawling up near my neck. It was a ferret, right?

Colette Baron-Reid:

Right.

John Holland:

And the woman said, "Oh my God." She said her mother had a pet ferret, and the ferret would always sleep with the mother in the bed with the husband. The husband couldn't stand that the ferret was in the bed with the wife and him. But what better to come through was the damn ferret, right?

Colette Baron-Reid:

Yeah.

John Holland:

But everyone who's listening, your animal does go over. They are waiting for you, whether it's a mouse, a ferret, a dog, an animal, a snake. They all go to the other side. Thank God, right? Because some people think that animals don't have souls. Look into those eyes, you know they do.



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Colette Baron-Reid:

Let's use that as a great segue to talk about why you moved into teaching about the soul, because that's really... You wrote a whole book called the *Power of the Soul*, and a lot of your work, although you train mediums and mediumship is a practical thing that you do. But I know that you moved into that study of consciousness in the soul. So let's chat a little bit about that next. Yeah.

John Holland:

Sure. Well, believe it or not, I wrote *Power of the Soul: Inside Wisdom for an Outside World* in 2007, right? Now, look how much... When I look at the *Power of the Soul* and you look at your writing, you've done this and you're like, "Who wrote this?"

Colette Baron-Reid:

I know. I totally did that.

John Holland:

And like, it's got to be, I don't want to use the word channel per se, but inspiration. So there's a lot of stuff now, Colette, with soul, right? It's popular now the word, right? So about three and a half years ago, as much as I love this work, same thing with you I believe, Colette, is I love doing mediumship, but something was missing. I needed something more. My soul was yearning. I'll always enjoy doing mediumship, but I needed something to fill my soul again. And so I didn't have, even though we're psychic everyone, we're intuitives, I didn't know where to go. I was a little lost to be honest with you. People say, Colette, too, "Where do you want to go with your mediumship?" Well, where do you go with it? More study?

Colette Baron-Reid:

Where do you go?

John Holland:

Like a plumber. He's a plumber.

Colette Baron-Reid:

Right.

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John Holland:

A plumber is a plumber. And I don't mean to compare the two of them, but you can only go so far.

Colette Baron-Reid:

Right.

John Holland:

And I'll always train. I mean, there's always new stuff, trance or inspiration, whatever. So sometimes you have to live into the answer. Someone might say, "Well, why don't you call Colette? She could give you some guidance." I needed to find this on my own. That was like an, not an emptiness, but for about a year and a half, I knew, just because something doesn't happen to everyone, they were working on things in the background. And that's when I started getting more into Power of the Soul, your soul purpose, your soul gifts, how your soul has a blueprint. And slowly, little by little, I went back to Power of the Soul and I guess it was time, Colette.

That's when I started my soul community. It's based on helping people to honor and to know that you are a soul that comes with the body, not a body that comes with the soul. Your soul's been trying to get your attention. Colette, You know your soul has been trying to get your attention, your whole life doing this work. But no, I don't want to do that. I don't want to do that.

Colette Baron-Reid:

No. I said, I didn't want to do that for ages.

John Holland:

But see how it keeps happening?

Colette Baron-Reid:

I don't really do this. I'm really a singer. I'll come back next year. Oh my God. I had so much resistance. I had such a huge chip on my shoulder about this.

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John Holland:

That's right. Because, Colette, a major singer with EMI Records and Reid Tracy, the president of Hay House said to me, I love saying these things. He says to me, "We have a singing medium coming in named Colette Baron-Reid," and I went, "A singing medium? So she sings the messages?" Not a medium who sings, but a singing medium. And I'm like, "What? I have your father coming through." I mean, but he should have told me, "She's a recording artist," all he had to say, but she's a singing medium. So I walked away like, "Okay. Well, we'll see what that's all about." And in comes you and Marc. So yeah.

Colette Baron-Reid:

That's hilarious. So let's talk about that soul's blueprint, because I think that everybody's going to want to really get that. Tell me if you agree with me.

John Holland:

Sure.

Colette Baron-Reid:

And I'd love to hear your take on this. I believe that you can actually see indicators if you look at a really good astrology chart, for example.

John Holland:

That's righty.

Colette Baron-Reid:

You get a blueprint, and the blueprint is saying, "In this lifetime, here are some of the evolutionary aspects that you'll be invited to experience." But there's no guarantee that the highest level of that is going to be, that's part of free will. So what I question, I like to impart to you is, given that we know we all come in with a blueprint. What is the relationship between free will, the ego and the soul?

John Holland:

Yeah. Think about it. I believe that you come in with a blueprint, going from point A to point B. Now, well, some people, they know people as a kid who are teenagers, they're like, "You know what, I want to be an electrical engineer at 13."



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Colette Baron-Reid:
Right.

John Holland:
And they go right there, right?

Colette Baron-Reid:
Right.

John Holland:
Most of us meander off the path, off the path. Now, psychic ability, magic spirit, it was there, there's the blueprint as a child, right? But I pushed it away, I pushed it away, but it kept coming back. Even growing up, your soul is trying to get your attention all the time. It really, really is. We ignore it. We push it away. Or we don't even know what's happening. I kept getting these signs about going back to intuitive work or studying more of this. But I was too busy in LA in the material ego world. About where I was living and then partying and going out here. Until I had that wake up call, which put me back on the track. And people will blame other people call, Colette, right?

Colette Baron-Reid:
Right.

John Holland:
By saying, "If it wasn't for them, I'd be doing this." No, everyone.

Colette Baron-Reid:
100%.

John Holland:
Exactly, Colette. You have the choice. Right now, my work is changing. I'm getting into energy. I want to do energy healing, more on animals. I'm studying the animal system of the body where their energy centers are. So I didn't see somebody do it and then go for it.

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Colette Baron-Reid:
Right.

John Holland:
It's coming to me, or actually, it's emerging from me, Colette. You know what I mean?

Colette Baron-Reid:
Yes. Yes!

John Holland:
It's emerging from me. So I'm following the blueprint of doing that. It's my choice. I could easily say, "I have to do readings. I've got to do this webinar. I've got the community. I got to do worksheets," That's me saying, "I'm too busy."

Colette Baron-Reid:
Yeah. Yeah. Yeah.

John Holland:
It's up to you. So try not to blame somebody else, everyone. It's your free will. It's your choice if you're going to go back on that path. Some people never get back to a Colette, and then they'll do it all over again when they come back. That's what I feel.

Colette Baron-Reid:
Okay. So this is really interesting. So let's now go into something broader. So we talk about the individual soul blueprint. Do you also believe that there is a cultural blueprint? Because everything is evolving and in motion, right? Say for example, my great, great grandmother, I think it's great, was from Mongolia. So that was like, she came from Western Mongolia to Serbia of all things. My family were horse traders, therefore I have that ancestry. But I don't think she would've had a free will choice about that. She was a teenager. She was kind of traded, I think.

John Holland:
Right.



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Colette Baron-Reid:

Then, I have my grandfather who was killed in the Holocaust. So it's like, that was not a free will choice, right? So do you think that we become subject to the greater blueprint and that's part of our destiny?

John Holland:

Yes, absolutely. And I think not just society, I think what's going on. I think other people's blueprints can interfere with yours, overlap yours.

Colette Baron-Reid:

Right.

John Holland:

You see what I mean?

Colette Baron-Reid:

Yeah.

John Holland:

So whether it's a person or a country. Yeah. So that gentleman who had, I mean, your grandfather in the Holocaust. I love how you said, you think there's a soul in a group or the country, and there is.

Colette Baron-Reid:

Yeah.

John Holland:

And I really think that, now, people will say, "But didn't the soul know that? Didn't a choice?"

Colette Baron-Reid:

Right.

John Holland:

We can only teach. Until you go over there yourself, we don't know all the answers, Colette.



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Colette Baron-Reid:

We don't know.

John Holland:

We don't. But it does make sense. And I really believe that other people can knock you off your blueprint, and it's up to you to get back on it. But I do believe that the war and the Holocaust interfere with many people, Colette. So it wasn't a free will. I mean, was he born and said, "You know what? I want to go be in the Holocaust."

Colette Baron-Reid:

I know. I mean, yeah, let's...

John Holland:

I don't know. And the same thing with 9/11, Colette. People say, "So that soul chose to be in that building at the time?" And another medium said, James said this one, he said, "You have to realize, those people that passed on 9/11 took a lot of pain out of the world with them. They made the sacrifice." And you got to go by what you feel in your heart and your soul feels right. And that resonated a little, Colette.

Colette Baron-Reid:

Yeah. Because right now I think with the world being in so much turmoil, I think the answers that we're seeking is like, well, I know somebody said, "Well, everything happens for a reason." I said, "Well, no. Everything happens for meaning." It's our job to discover the meaning. Everything happens for meaning. I don't believe that certain things were meant to be.

John Holland:

Exactly.

Colette Baron-Reid:

I think we were imposed upon.

John Holland:

That's right.



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Colette Baron-Reid:

And then we have to find our way back to healing. And I think that's more the conversation people are having right now.

John Holland:

Right. The saying, everything happens for a reason. I love that saying and I hate that saying.

Colette Baron-Reid:

Right.

John Holland:

Because how am I going to tell a mother that lost two kids at once in an accident, "That's supposed to happen. They made the choice." I don't know why something's happened. And sometimes too, Colette, a rock is a rock. Sometimes things suck. All right?

Colette Baron-Reid:

Right.

John Holland:

That happened to people. With the greatest respect to everyone. Sometimes a rock is a rock. A lot of people try to put a metaphysical reasoning for something that, stuff happens sometimes, Colette, right?

Colette Baron-Reid:

Yeah. And I think the concept of reason is when we... The soul, it doesn't operate the same way as the mind. It doesn't operate with the need for logic. I don't think spirit is interested in logic, like in general, the consciousness of spirit. It's not moral, right?

John Holland:

Right.

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Colette Baron-Reid:

And I think if somebody has more of a strength, which is negative or whatever, and that's the strongest energy, that's the energy. That's what manifests. Where you put your attention to, I think that's another concept too that, when people say, "Well, how do we control our reality?" And you can't control it. You can align, because everything is possible. You can align yourself with the experience that you want, but you can't erase what's in front of you. We've talked about this on another show. We talked about this Stockdale Paradox, the idea that you have to still feel deep faith and hope in the potential, the optimism that relates not to anything specific. It's just faith that things will change, as well as realistically looking at whatever the brutality is in front of you.

So both can coexist. I believe in God. I believe in the best in humanity. I believe that we can overcome anything, but right now things suck, right? And there's no reason for certain things. We have to then discover our way out. So I think that's that kind of curve ball that we throw into the, there is no certainty, that's part of how we just have to show up and see what happens next.

John Holland:

Yeah. And with everything that's going on too, there's a lot of people, when the pandemic started some people, I mean, I freaked. A lot of people come into me, "Can you help us? Can you come online?" For three weeks, I couldn't until I heard somebody say on a newscast, a therapist said to the reporter. The reporter said, "Is there anything you can do right now? Any advice you can help? Because we're in unprecedented times." How many times did we hear that? She said, "We're experiencing something that we are not used to. All you can do is know what you can control and what you can't control."

Colette Baron-Reid:

Right.

John Holland:

When I say that, I control how I take care of myself, when I get up, the people that I allowed boundaries around me with the subject of this. And I can't control what's on the news right now, and there were some things you can control and some you can't. But a lot of people, it changed a lot of people, a lot of people stuff came up in their face and they had to work on it. Yeah.

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Colette Baron-Reid:

Working with the soul. What are some of the protocols that you might have or teachings that you feel would be really helpful for people right now? Given that we all have a soul and really the soul is our primary self, would you agree?

John Holland:

Exactly. You are soul that comes with the body, not a body that comes with the soul. And I tell my members too, "I am soul. I am soul." And if you say that when you're frustrated or you're going a little crazy. I always say, "I am soul," is to get centered. It really, really does help. And I really believe that, Colette, a lot of us right now... Remember when we were still working, Colette, during all this too, you felt guilty. If there was a guilt of working still or charging or having people come in, and some people right now, some people might be extremely happy, right? And you feel guilty because you got the stuff that's happening in Russia and Ukraine. It's okay to feel good. It's okay to feel happy.

Colette Baron-Reid:

Yeah. It's okay to feel happy.

John Holland:

It's the natural state of the soul, everyone. All right? Do what you can. This is like a lot of Gabby's work, do what you can to feel good right now. I don't care what it is. All right? Being with your animals, going out nature. And if you feel good, the person beside you is going to feel good. And then if they feel-

Colette Baron-Reid:

Yeah. Because it's contagious.

John Holland:

It's a ripple effect right now, also, right? So know that it's okay to feel good, and you have to remember that every one of us is born with, it's like a little seed in our soul, right? And it's going to keep growing, and if that's your gift, talent, and an ability. Do what turns you on, what makes you passionate. What are you doing when time flies? What books are you reading? And like Colette, she's one of the most, I say this all the time. She's one of the most well read of esoteric subjects. She reads three in a week or something. And she goes, "Did you read-



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Colette Baron-Reid:
Not anymore. I did. But yeah.

John Holland:
But no, you're so versed, Colette. You're not just an Oracle recite. You are a spiritual teacher with so much philosophy and you can just spit out. But if everyone's going through something right now too, though, you have to pull back every once in a while and know your boundaries or who's around you and be kind.

Colette Baron-Reid:
Kind and compassion, and I also want to go back because I think what you said is so important about not feeling guilty for doing well or feeling good, because it's transient anyway.

John Holland:
That's right.

Colette Baron-Reid:
And I know it's almost like survivor's guilt.

John Holland:
Yes.

Colette Baron-Reid:
Right? I know my mom had that after World War II.

John Holland:
Yeah.

Colette Baron-Reid:
Right? It's that idea of, I lived, they didn't. And so you will find that sense of confusion and conflicting feelings like, should I be doing well? But those of us, for example, are in spiritual service. We have to have our ability to serve is dependent on us. Having enough sleep, finding joy in things, being able to find compassion for self and others. It's not all about, oh, the world is



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gone to shit, and I better only look at the bad things and not talk about the good. But there's got to be something to hope for. We have to find our way to hope, right?

John Holland:
Absolutely.

Colette Baron-Reid:
And I think it's important.

John Holland:
Well, anytime too, a lot of sh%tty things have happened to people and they're like, "Well, this happened to me. And this happened to me."

Colette Baron-Reid:
Yep.

John Holland:
Are you a victim? The student or the master?

Colette Baron-Reid:
Yeah. Right.

John Holland:
Exactly. So right now with everything's happening, okay, what am I learning from this? What am I learning from different people? As opposed to, look what always happens to me? Some people wake up as a victim also. But if you're a student, I think even the worst breakup you had in your life or relationship can be the best spiritual catalyst for you. And the master is someone who knows, you could look at and say, "All right. This is happening again, I'm not going to fall back into that mode again." So yeah. So I think does a lot.

Colette Baron-Reid:
And even if you do, you get out faster.



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John Holland:
That's what I'm saying.

Colette Baron-Reid:
I think that's part of what you teach too. So listen, let's pull a card and see what spirit wants us to talk about. If there's anything that we haven't, that we might have missed. This has been a-

John Holland:
Which one of your 50 decks is that?

Colette Baron-Reid:
No, 15, 14, three more coming. And I'm very excited about my next one.

John Holland:
Speaking of that, wait, wait, wait. Wait, wait, wait.

Colette Baron-Reid:
What? What? What?

John Holland:
So we're in England. I just did the sacred tour with 30 people, which was amazing from Glastonbury to Cornwall to Tintagel to the Chalice Well. Everything St. Michael's Mount. And the people that took us as sacred tourist, they were great. The history, they knew the esoteric things, they were guides. They're talking about male and female, the feminine. We went to tombs. Every place we went, she pulled the card. And what was the deck she pulled it from?

Colette Baron-Reid:
I don't know.

John Holland:
Wisdom of Avalon.

Colette Baron-Reid:
Oh my God. That's so amazing.



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John Holland:

Yep. And I'm looking at the deck and I'm like, "Yep. I'm not surprised." We pulled the Colette Baron-Reid Wisdom of Avalon card. One of your first decks, Colette, right?

Colette Baron-Reid:

It was my first deck. Yeah. And it was the first deck that I had made years before. Yeah, it was the blueprint that began all my decks. Thank you for bringing that up.

John Holland:

Oh, perfect.

Colette Baron-Reid:

We're going to use the Shaman's Dream.

John Holland:

Oh, love it.

Colette Baron-Reid:

This is the deck that I did with-

John Holland: Alberto Villoldo.

Colette Baron-Reid:

The latest deck with Alberto Villoldo. And it's based on the shaman archetype. It's got nothing to do with cultural shamanism. It's the archetype of the shaman that Jung talked about, about us all being initiated into the underworld. And we are there to look in the shadows to bring back a gift to our communities.

John Holland:

Wow.

Colette Baron-Reid:

So let's ask spirit. What spirit wants us to cover as our last subject?



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John Holland: Sure.

Colette Baron-Reid:

Gathering around the power of community. All right. Let's talk about your community.

John Holland:

Yeah.

Colette Baron-Reid:

Let's talk about why you put that together. I know why I put the Oracle Circle Membership together. I want to hear about yours.

John Holland:

It gave me the opportunity to teach more of what I studied about the soul. And it was funny enough, Colette, when it was ready to go, it was in March of 2020, just when the pandemic hit.

Colette Baron-Reid:

So everybody came.

John Holland:

We just waited a little after that, but it was there. It came at the right time at the right place. And it started off with the Soul Series. It was 12 lessons recorded on the Soul, the Aspects of the Soul, the Gifts of the Soul, the Soul Purpose, and people would go through it month for month. I did it as a program not knowing, because the community and membership. It's a lot of work. But you have to love it.

Colette Baron-Reid:

I know you. Yeah.

John Holland:

You have to love it.

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Colette Baron-Reid:

You have to love it. I love it.

John Holland:

Because we're teaching the subject and it's not about... There's one lesson on mediumship, and every other month I will do like you, Colette, I will do. And you do it twice a month. I do it every other month, and I have special guests on. Or I do a coaching call. So it's all about the soul, bringing the soul awareness, your purpose, and sometimes, Colette, too, where you know what this is like, you talked about this too. You know sometimes when you're doing spiritual work, sometimes you're going to touch on some of those areas that you push away. Oh my God, I don't want to deal with that. It has to come up to be healed. So there is some dark night of the soul stuff. So in the community, we talk together, you can see all the faces. There's a sense of community in there. Not just the private Facebook page.

Colette Baron-Reid:

No, no. I get it.

John Holland:

But people have a place to go where like-minded people can come together, where it's okay to talk about this. And I get to teach them all about the soul and I find it fascinating. So it's evolving, Colette. It's telling me where I want to go.

Colette Baron-Reid:

Same. Yeah.

John Holland: Yeah.

Absolutely.

Colette Baron-Reid:

Yeah. It's interesting because when I first got clean and sober, which is 36 and a half years ago. I did not want to join anything. So I joined a 12-step program. It was the only thing that saved my life.

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John Holland:
Sure.

Colette Baron-Reid:
So I learned for me, that we need other people in order to heal. We need the sense of community, because we do this as a we not an I.

John Holland:
That's right.

Colette Baron-Reid:
So I've always believed in the power of community. And it was, like I said, it wasn't something I ever wanted to do but it saved my life. So I knew that, especially through the pandemic, a community is so, so important. But also what is the nature of that community? So one of the things that I learned in the 12-step program is that, half my friends didn't even know what I did for a living. We came with a common purpose, which that common purpose, like in my community, we're a spiritual recharging station. We come in there to heal, to love, to laugh, to play, to connect with spirit, to recalibrate, re-energize and find our map, find our navigation to our life's purpose, right?

John Holland:
Yeah.

Colette Baron-Reid:
So that I know very clearly. In the recovery programs, it was all about recovery. It didn't matter what we did. So we could have these incredibly diverse audiences. In our cases, both yours and mine, our communities are filled with diversity.

John Holland:
Thank God.

Colette Baron-Reid:
Because we're there for one thing, we're not there for everything, right?



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John Holland:
Right.

Colette Baron-Reid:
So that's what I love about yours.

John Holland:
Yeah. And it's not about me or Colette. It's about the community, the group. And you're starting to get to know the faces, Colette, too, and then you get a lot of people-

Colette Baron-Reid:
Yeah. The same ones. Oh yeah. Oh yeah.

John Holland:
It is amazing. And I know you must have gotten testimonies like this, "This came at the right time. This saved my life. You don't know what this means to me." So it is good feedback, but it's a chance where you can come together in a community of people.

Colette Baron-Reid:
Yeah. Would not normally mix.

John Holland:
Exactly.

Colette Baron-Reid:
They would not normally mix, right? These are not people who would necessarily want to go make friends with everybody, because you come from different walks of life, different everything. But the one thing you have in common is something that we bring them together with. John, this has been amazing. Thank you so much. You can all find information about John Holland. You can go to hohnholland.com of course, that's easy. For more information about John and all of his offerings, find him at johnholland.com. You can also click on the show notes, link in the description and be whisked to a page, just dedicated to this very episode, just for John, with links to John's website, his phenomenal books and all the things that he has created. The Psychic Tarot which is a fantastic, fantastic deck, still a huge classic, still sells all over the world.



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John Holland:

I mean, they just improved the app too, right?

Colette Baron-Reid:

Right. Oh my God. Yes. Right. We're back on the apps, again, you and I, which will be great. Anyway, thank you so much, John, for your time, for your love. We love you.

John Holland:

Thank you for your work, Colette, in the Wooniverse. I love you. Thank you so much.

Colette Baron-Reid:

So what a great conversation with John Holland, Psychic Medium John Holland. So what did we learn today about life in general? Well, when I think about the card we pulled, which was called Gathering Around from the Shaman's Dream Oracle, which talks about the power of community. What I didn't say when John and I were talking about that card was, welcoming in the community of those that have crossed over. That they are there trying to help us all the time, they want us to heal, they want us to forgive, they want the best for us. They have learned lessons and they have so much wisdom to impart to us. So we have to remember, it's not just the community of people that are alive, but we also have to remember to include the community of spirit that love us so much. Thank you for listening to our special mini series, I Talk to Dead People on INSIDE THE WOONIVERSE. Until next time, I'm Colette Baron-Reid. Be well.