

EP39:

Becoming a Super Receiver & Powerhouse Creator

With Christine Michelle

Colette:

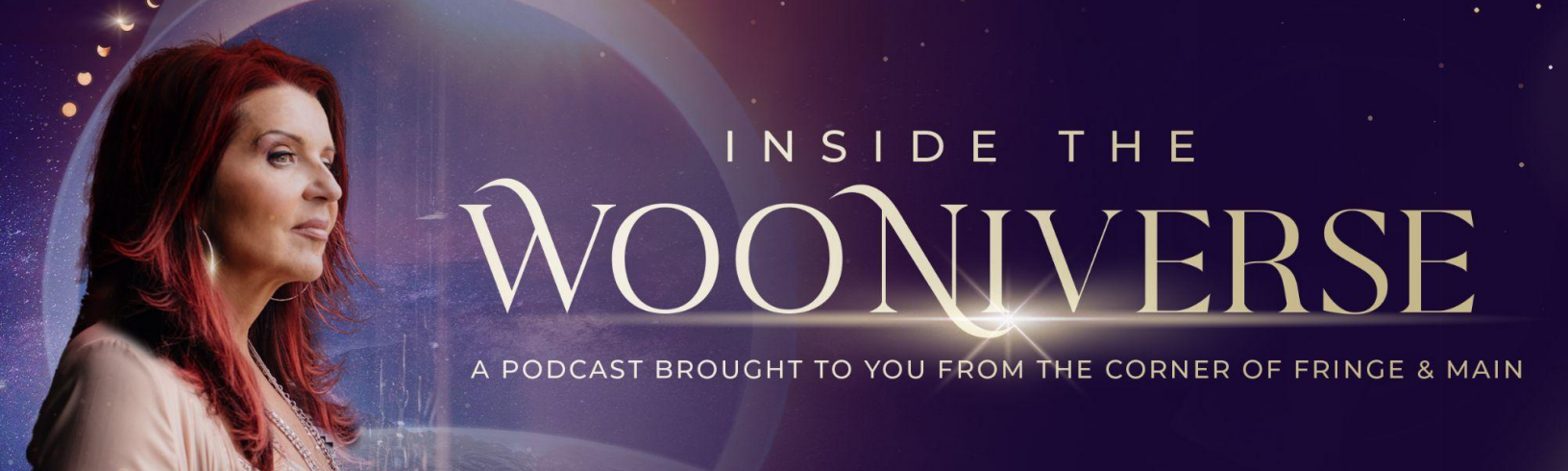
Hi there and welcome to INSIDE THE WOONIVERSE, a podcast brought to you from the corner of Fringe on Main. I'm your host, Colette Baron-Reid. Joining us today is vibration lifter and energy shifter, Christine Michelle. Now Christine is the founder and CEO of the Aligned Soul by ana-hob International Transformation Brand and the author of the amazing book, The Aligned Receiver. After working as a corporate executive for over 20 years with some of the world's most recognized brands like Coca-Cola and Victoria's Secret, Christine has emerged as a quantum manifesting expert who helps to optimize your frequency, your business, and your life. And I'm telling you she is amazing. So in her words, "by merging modern tools with ancient practices, Christine helps you remember who TF you truly are, and you know what that stands for, "obliterate old stories and embody who you came here to be now." So welcome to the Wooniverse, Christine.

Christine:

Thank you for having me. I am so excited. This conversation has been waiting to be had, and now is the time. I'm so excited.

Colette:

Oh yeah. Oh yeah. We're kindred souls. We've been discovering as we've been waiting to get on here. So we love to start off with origin stories in the Wooniverse. And I've heard you say that you were "woo woo" since you could walk. So tell me and tell us what was your childhood like? And why'd you say that?



Christine:

Yeah, definitely. So it's funny because I grew up, my parents, my mom and dad, hello, New Orleans. They grew up very Christian or we grew up very in a Christian household, but my parents were also ask, believe, receive. And so it was a different kind of Christianity than what we grew up in. And so, I mean, I read Abraham Hicks books. I was all about... I get to create my own reality, and this was way before the secret guys because I am a little bit older.

So this is, we were talking about in the seventies and eighties. And so my mom really, whatever we asked, we got to receive. And so that's just the way I grew up. My mom, she also has gifts. So when she was a young girl, she lived in New Orleans and hurricane Betsy was coming. And she looked at the wall, and she saw a wall of water rushing towards the home and she was like, "Okay, we need to go to the roof." And so she took all of her brothers and all of her sisters with six of them, my great-grandmother and they moved up to the roof and as they were going up the roof, my mom looked out at one of the windows and a wall of water was coming.

Colette:

That is the scariest thing ever. Oh my God.

Christine:

Yeah. It was really scary.

Colette:

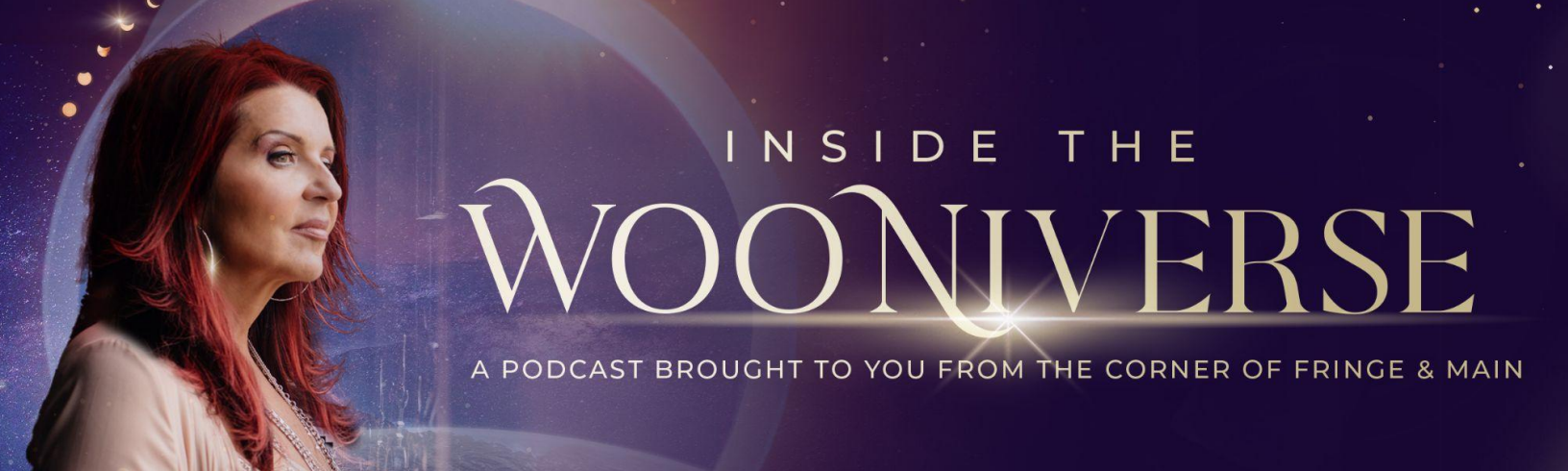
That's wild. So I want to just go back because you said something fascinating, all right. Were you around when Abraham Hicks was mailing? Because I used to get the Law of Attraction mailed to me. Remember Esther, Hicks. Yeah, you would get it to your house with the ask, believe, receive. That's what you were referencing.

Christine:

Yes. Yes. It was like you had the books. Remember? So they had all the books, and you can tell if you look at them.

Colette:

Yeah.



Christine:

The pictures and the covers of the books. You know those been around forever.

Colette:

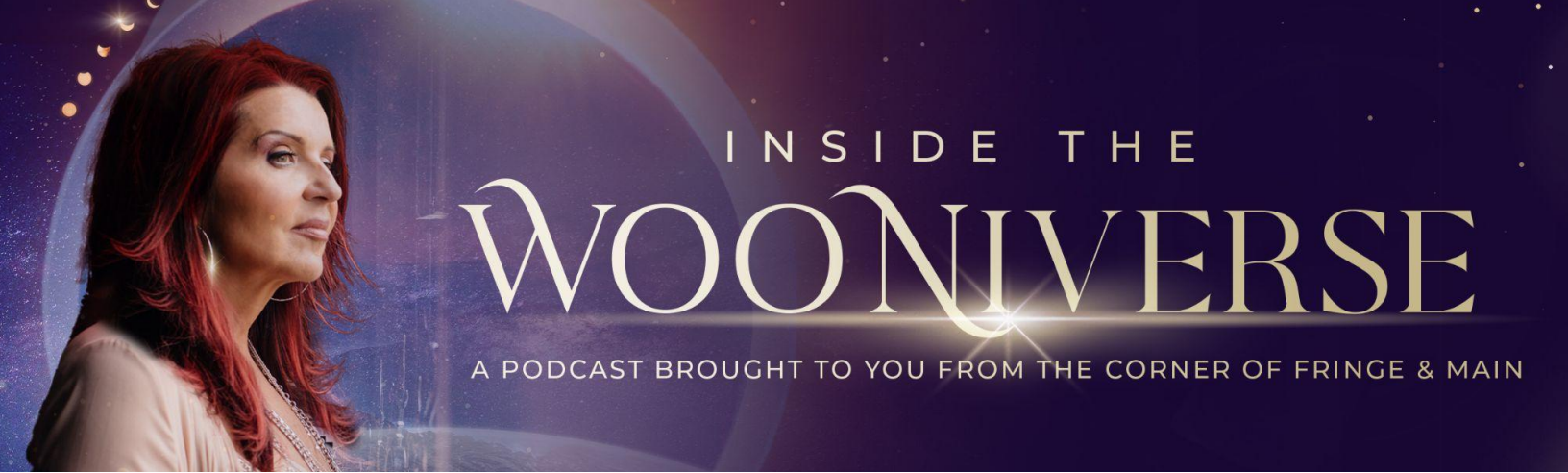
The old ones. Yes. So the concept of Christianity, which is the... I love that you brought that up because I went to Unity Church for a while, for a long time actually, and I loved it, and I was also raised Christian, although I had some mixed up background, but I think that when you trust that God, Spirit, Jesus, whatever the languaging around that, doesn't see you as flawed. I think that's the other piece. That's a big piece I think. And therefore, tell me if this is correct, when your mother received that information, that's a blessing. She got that blessing and then took all the family to the top of the roof. Would you say that it was because she was tuned in and already expecting to be? Is there expectation around this?

Christine:

Yeah, I think at that age she didn't know, but she just was so open to receive. She was an open receptor. And she always was the one in the family that was a lot more positive, a lot more open to receive messages and receive that. And didn't see it as something bad because if you go to traditional religion and traditional things, receiving things outside of a book is bad. And so she didn't see that as bad. And so she was an open receptor. She received and then she was able to save the lives of her entire family. And I received those gifts, similar gifts through my mom. And so when I was younger, I saw angels sitting on top of the house. And this was after we had been broken into. We had experienced a robbery, but none of us were home. So again, as a child, I was like, well God blessed us. We weren't home. I always looked at that as the thing. But there was a piece because your parents are wanting to protect you. So they get fearful. And so I was like, "Wow, I'm afraid." And we're now afraid to be in the house alone. And as we were walking, it was my mom, my sister and I, and I said, "Mom, I see a Michael and they're sitting on top of the house," and I was like, "We're protected. There's no need for us to be afraid." And that was the last time my mom or dad or any of us were ever afraid to live in that house.

Colette:

Wow. That's so amazing.



Christine:
And that's a child.

Colette:
How did you see the angel? What was your experience of the angels?

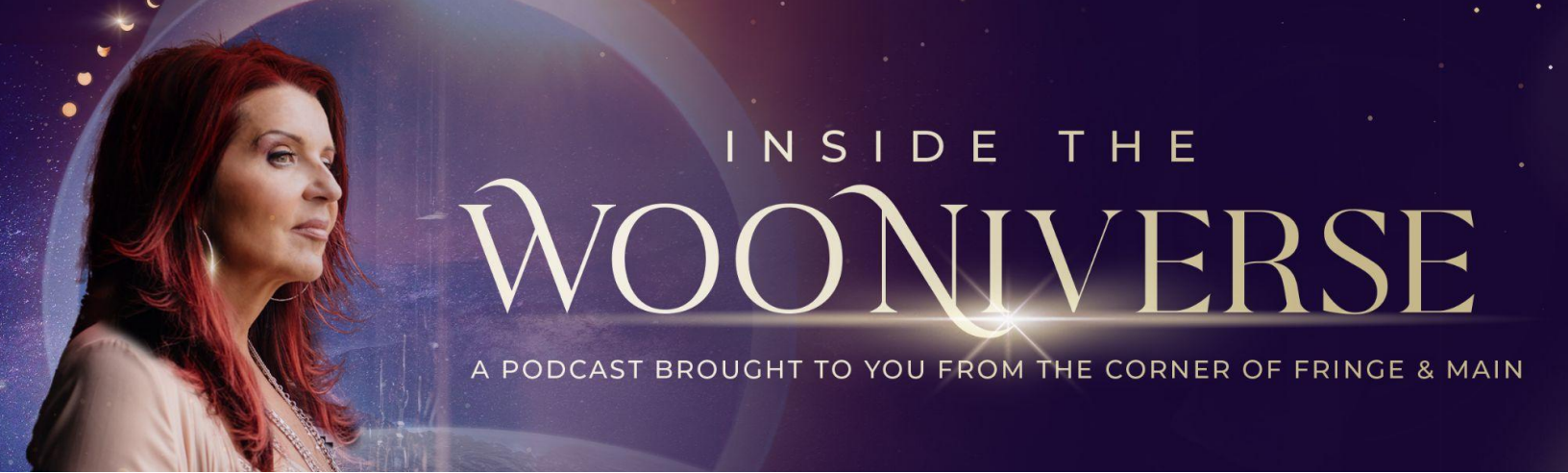
Christine:
And it wasn't fearful. We were walking down the street, and I look up and I saw this big being and it was just a being. I don't even think there were wings. It was more white.

Colette:
Like light.

Christine:
Yeah, like light. But it was a humanoid-ish being. And I saw two other beings, smaller, with them, but I've never heard of Archangel Michael before in my life. I think I was 10 or whatever. I don't know. And my mom's like, "Okay. We're safe." And that's all she needed to hear. And then the fear just really diminished in the house.

Colette:
I love that. So growing up, obviously, you were intuitive. How did you put intuition and manifestation together? When did it start to become obvious to you that you had this direct line to receiving and manifesting? And the relationship between the two.

Christine:
Yes. Okay. So my mom, she always told us to write down what we wanted and know that we would receive it, write down what we wanted. This is when scripting starts. So when I was younger, I always used to say, "Well, here's my list and God, go do it." And I always would receive it. It wasn't even that I gave it to my mom and dad. Everything would unfold. And then when I was six years old, I tapped in and I told my mom, I said, "Mom, this is what's going to happen in my life." I was like, "I'm going to live in New York. I'm going to work in the beauty industry." I was like, "I'm going to have my own business."



I just really told her all of these things. And my mom and I talk, and when we come back, all of those things that I said at six years old, all have come true. And so the way my mom taught us was that what we asked for got to come. And so when I felt something in my heart that that was something that I desired, I believed that when I wrote it down or when I spoke it aloud or when I said, "This is what I want," that it got to come.

Colette:

Oh, interesting. So do you think that there's a relationship between the believing? I mean, I know what the answer is, but what does it feel like to you, the believing and the receiving? Because I think that you have to believe then receive as opposed to receive then you believe after, right? Do it in advance.

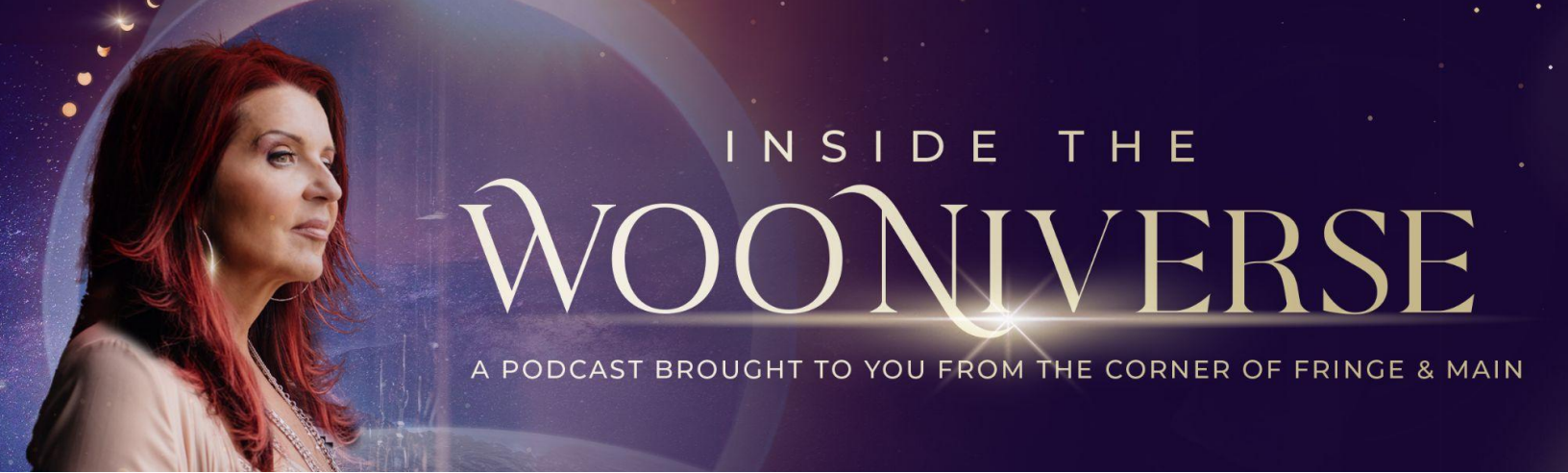
Christine:

Yes. And what I love especially now, I even tell my clients, I said, "You get to know that the desire inside your heart is inevitable." The desire wouldn't come from you from either God within you, sugar daddy, however you want to call it source, it wouldn't come from within you if it wasn't already yours and you just get to receive it. And I love to call manifestation intentional receiving. So you get to believe or know that because I have this desire, it is already done. Will doubts come up? Yes. But you get to give more credence to your beliefs and to what you desire more than your doubts. And so when your doubts come, you get to say, "Okay, that's one of a billion possibilities. Maybe it won't work." And don't make yourself wrong for that coming up. Say, "Ah, maybe it won't work." Is where you believe, well, this could happen. But there's 762 billion other possibilities where it does. So then start focusing on those could be possible. What else am I open to receiving right now?

So do you see how you can live with the doubt, but just having that little kernel, mustard seed of belief that it is possible is enough to allow yourself to receive what is inevitably yours.

Colette:

I love that you call it inevitable because I think that's where we say too, be careful what you pray for. So whatever you intend, whatever your attention goes to, it's what you're... You actually nurture whatever it is that you're focused on. As soon as you put your attention on it, there's an inevitability around that. Hence why I do think too that, and you and I talked about this before we



got on the call today was really about it's so important that we do the shadow work and not bypass when we were talking about cultural conditioning and things like that. But not to dwell in it. It's like, yes that, but where is our attention going to go?

What is the solution where the attention goes? And it's a lot simpler than we make it. What is source? If I put my attention on God, for me, and this is my language. So I have no problem with the word God. I don't think it's the white man in the sky. That's not what I think it is. It's this sense of this or this conscious intelligence or this conscious universe, source energy. That's my primary relationship. And if that comes first and divine love, how can I bring divine love to this, right?

Christine:
Yes. Yes.

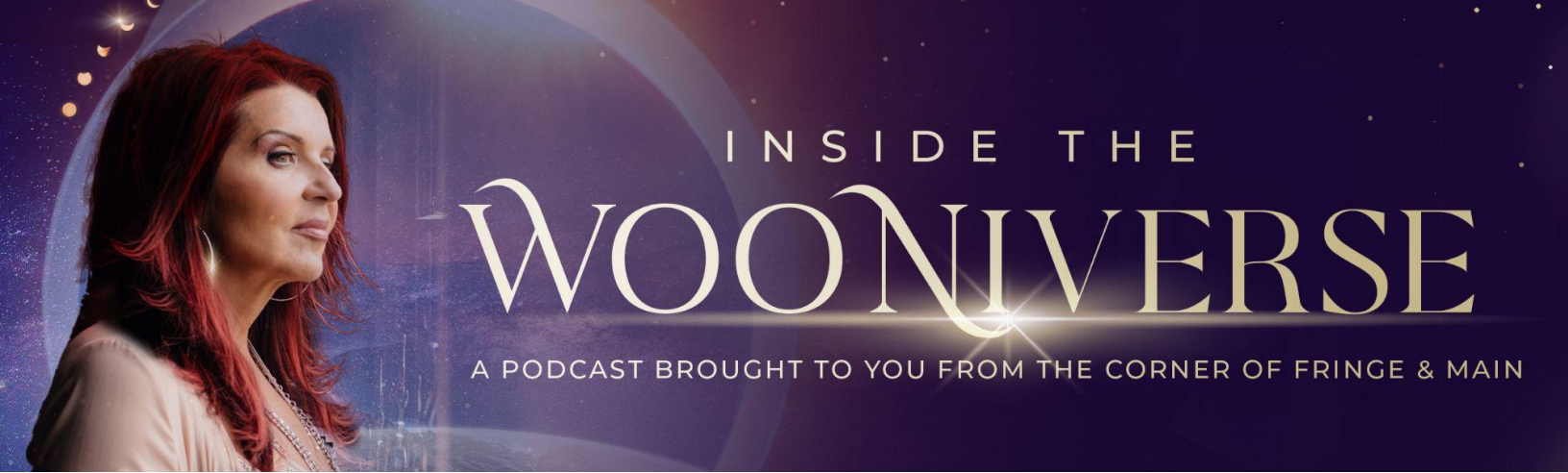
Colette:
So what was the catalyst when you left your corporate position, because you were in the corporate world for 20 years, obviously that was the beauty industry, right?

Christine:
Yes.

Colette:
Tell me about that.

Christine:
Yes. Actually it was consumer goods and then I was in the beauty industry. So consumer goods with the Coca-Cola company and then I was in the beauty industry with Victoria's Secret, and then I decided to retire and I came to Florida, but I didn't know what I really, really wanted to do. So guess where I ended back.

Colette:
Tell me.



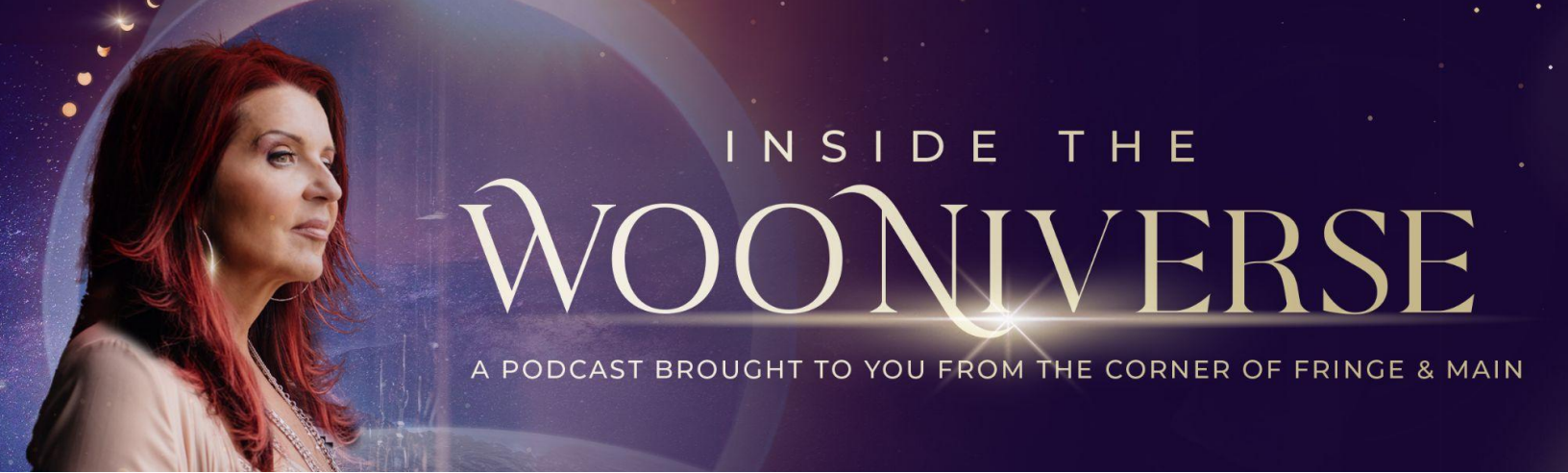
Christine:
Back into corporate.

Colette:
Yeah. Well it's safe.

Christine:
It was more on the consumer. Yeah, it was safe. It was safe. And so what the catalyst was to finally, actually do this full time was... Okay. I love leading and guiding and I love having a team. And even when I was in corporate, I always mixed the spiritual manifestation with the strategic and then creative. So I was always Uber creative, but Uber strategic. And then I would always bring my spirituality into it. And so I was with a company and they loved me and they were like, "Oh, what we want to do is we're going to take you away from the group of people that you're leading, and we want you to be able to use your strategic and you're creative here to help us do this." And I went home and I cried. I was crying.

And after having my tears and feeling the feels, I was like, you know what? I wouldn't be this upset if that piece was something that was super important to me," which was the guiding, the leading, having the community and the people. So when I felt that and I was like, "Okay, one, I don't want to be another place where other people can decide for me what I get to work on and what I get to do." And I know that it is important for me to create a community like a membership and create an audience where I get to help them tap into their fullness because that's what I was doing. And it didn't matter if it was under the guise of a corporate organization or whatever. It's still what I was doing the core. And when that core got taken away, it didn't sit right with my soul. And so that was the crux to be like, "Nope, no more." And I decided that this was something I was going to do full time.

Colette:
Oh, it's so amazing. And then inevitably, because the inevitability of that, once you claim it, then you don't even have to worry about the how because spirit will bring it to you, knock on your door and oh, I love it. So something I've heard you say is that you need to mix the woo with the do. Can you explain what that means to our listeners?



Christine:

Yes! Okay. I decided to embrace woo because people like to use woo as a negative word or "Oh she said, woo, woo."

Colette:

I know. That's why we call this the Wooniverse because I took it on just like you. And I'm like, I'm claiming this.

Christine:

Claiming it. I love it. And so what I love to do is I'm Uber spiritual. So I know that my one step gets to go 3000 steps because God is doing the things. The God within me and all around me is handling it. But I also know that as a human, I get to take action. I get to do movements. I get to move in alignment. And that's what I came here to do, to thrive, to move, to take action, to be, and to enjoy this life.

And so a lot of people you'll see, they'll be too far woo. So they'll do the woo, they'll do the meditation, they'll do the vision board, they do the things. And then from within them, they're like, "Oh, call this person or go create this or go share this." And then they still go back to meditating and looking at the vision board and not taking the action and not doing the practical steps. And so you have got to take that and mix it with this. And that is going to go so far. You've got to do the woo plus to do. One without the other, it just doesn't go as far as it can.

Colette:

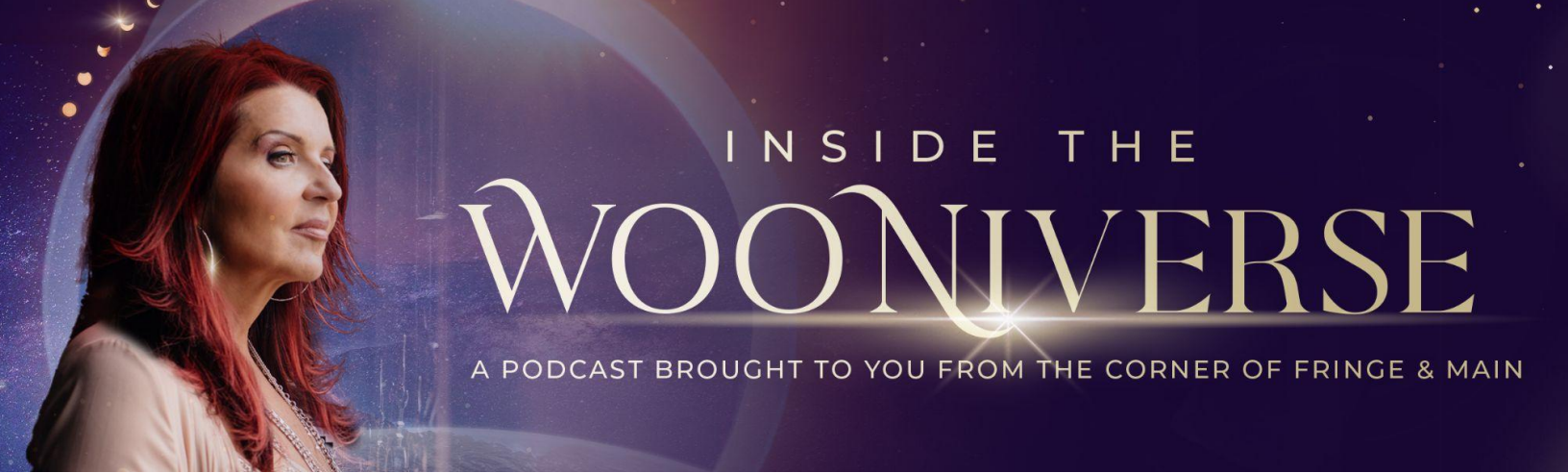
You end up to be an armchair astronaut too. You just sit there going, "I'm going to the stars," but you never leave chair.

Christine:

Never leave the chair.

Colette:

I think that's really telling, and what I know your work to offer people and everybody, you're going to get a chance to check out her book after, but is give the practical steps. And that is something that is needed. What do I do next? I've got the vision board. I'm doing the



meditations, but what are some of those practical steps? And I think when you have the map and Joseph Campbell said, "You take one step towards the gods, they will take 10 towards you." So you don't want to rush by them either because that's when the willfulness comes in, where you go, "Oh, I'm taking all the steps now! Bye!". And then it's like, "Wait a sec." But God just came here and gave you what you wanted. And you just kept running, thinking it's all about you. So there's that fine line between overdoing and overproducing and go, go, go, go. And being a human doing versus the kind of do to the woo that you share with people.

Christine:

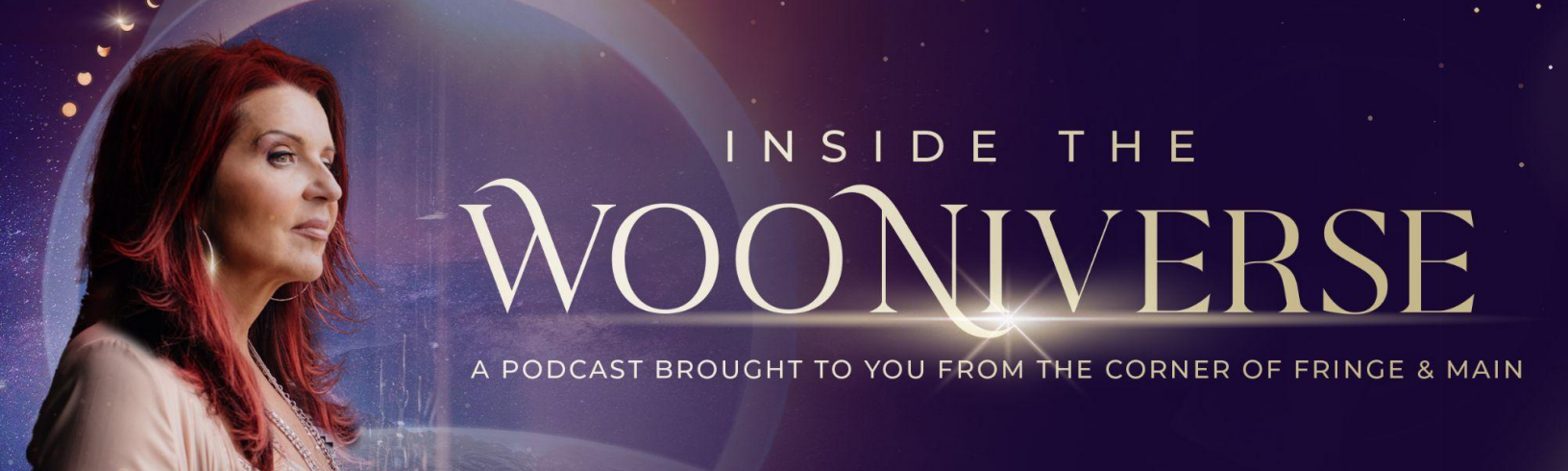
And it has a lot to do with too embodiment and being present in your body and listening to your body. So a lot of people, especially women, get scared when you're like, "Yes, you get to take action." And then they're like, "Well I might be exhausted." And I'm like, "You would never get exhausted if you're truly listening to your body," and if you're truly combining that woo and that spiritual.

I love to say there's three or four powers. So you have will power. That's us doing, doing, doing, doing, right? And then you have your personal power where you're stepping into your personal power and be like, "I know I can do this. I know I can do this." And then you have spiritual power that everyone forgets about. You have God, Universe, Source. You've got the angels, you've got so much unseen forces that are here to support you when you ask for that help.

And then you have circumstantial power. That's where you give your power away to other things, circumstances, society, ancestral stuff. You don't have to give your power away. What if your ancestral wounds were not just wounds, they were also power? What if you could use those things that you've experienced in your lifetimes or in your bloodline as your fuel, as the source, as what you get to do to help you move forward? And so you have those four powers. None's better than the other. But when it's imbalanced is when you're trying to use one way more.

Colette:

Yeah. And I do think that what you're teaching and what you offer people is about bringing those four into balance because two of them could be atrophied. We've been conditioned to give it up. I always think that we're being hypnotized sometimes with media, et cetera, but "oh no, you



have to be this way." But we're like, wait a minute. Now I actually can make a shift. I can be deliberate about my creations if I have these imbalance and also to be recognizing that you will sometimes fall asleep at the wheel and then you have to get back up again. So let's keep going. So you talk about vibration and mindset and how they matter together. So let's talk about your view on that. What does it mean when it comes to meditation?

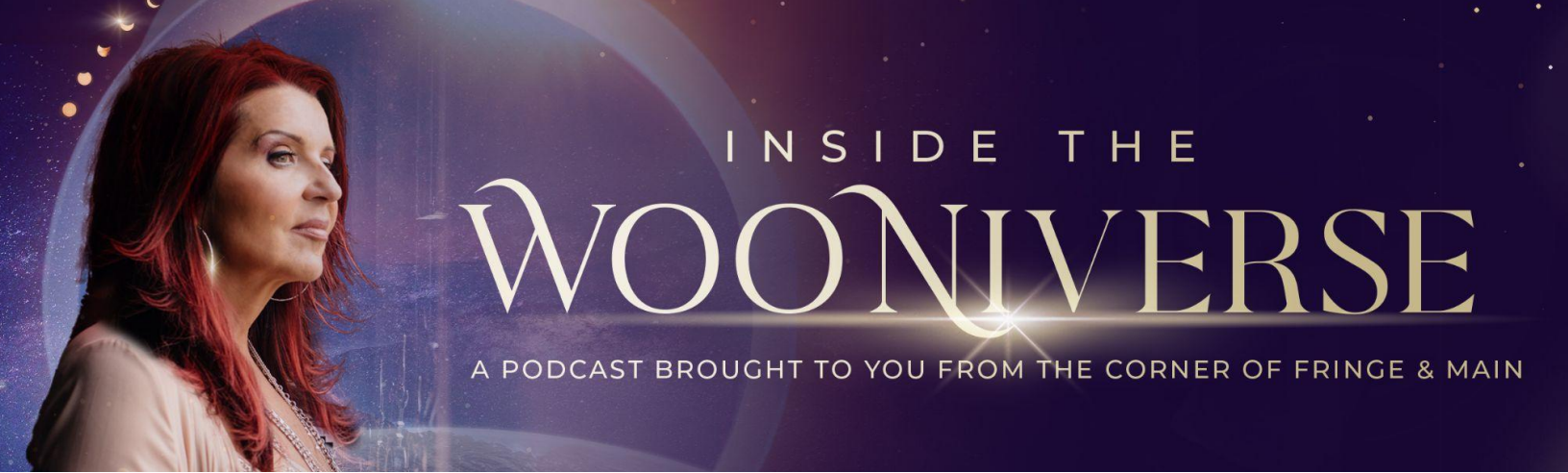
Christine:

Yes. Okay. So I call it PEV, so your personal energetic vibration, which is made up of what your thoughts, your beliefs, your feelings, your emotions, your intentions, your actions and decisions. And so that's just who you are as you're moving through. And your personal energetic vibration is what is attracting different things into your life. And so mindset is so important, yes, but you'll see that that's just a piece of your vibration. It's all about holistic when you are intentionally receiving the things you desire.

So you can have your mindset on point, but then your emotions are all scattered. You don't want to feel happy. You don't want to feel sad. I mean, you only want to feel happy. You don't want to feel sad. You don't want to be angry. You're doing all of this. So you're bypassing this or not allowing yourself to fully feel this. And then you are spending so much time in meditation that you're not even in your body. You're not even in your body. You don't even know what your body wants. You're not even moving. You're not even allowing the stuck energy that's there to flow. And so it really is about taking all three of those and bringing them into union with each other because your brain is just a marvelous thing. I'm not the person that's going to say kill your ego, your Eagle sucks. No, it's a marvelous thing, but it's about utilizing it for what it's best for imagination, for inspiration, for asking those questions. So you can allow God and spirit to answer those questions for you and bring those answers through you. Where our problem is where we use and only rely on the mind. And so then we say, we need to do meditation to quiet the mind, but forget, we need to move our bodies to really listen to that as well.

Colette:

We've been conditioned to disconnect from our bodies too, or to separate them somehow. And I've struggled with that myself. My husband would always laugh if I bump into something, because it's like, okay, you got to get grounded, get grounded. I have to be really present and be very conscious of my body because I've had in the past some resistance to that. And what



you are sharing with us is a real way to heal and to be fully empowered, to bring that in and not to be... It's not about controlling the body, it's listening to it.

Christine:

Yes!

Colette:

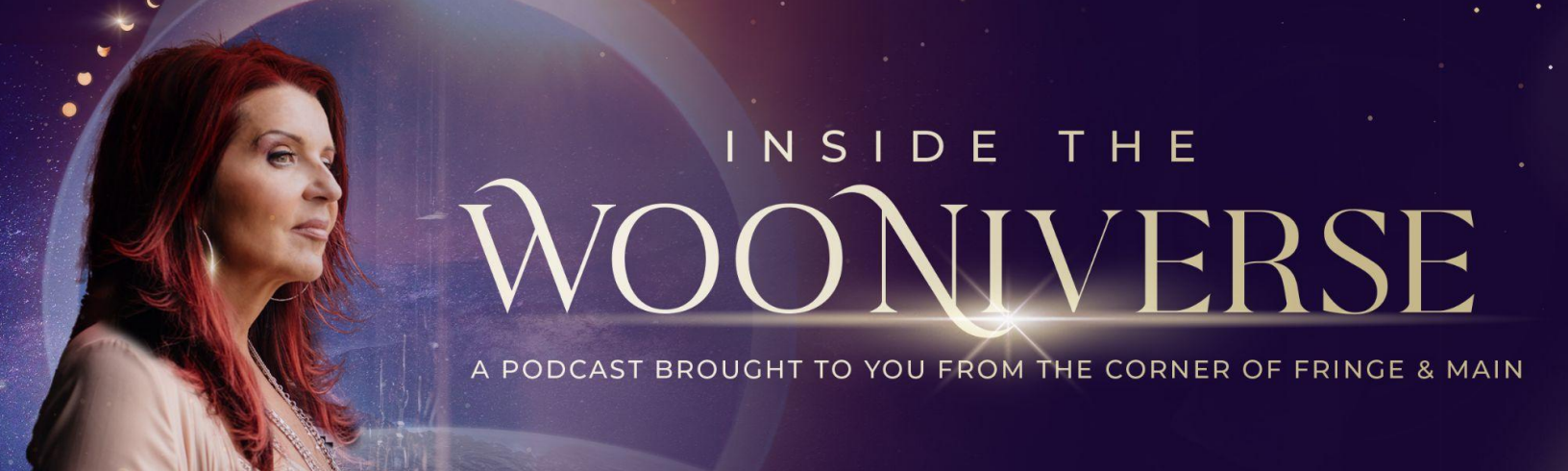
It's listening to it. It took me a little while to figure that one out too. And I know when I read it, I'm like, "Oh my God, my little bells, I got goosebumps." I'm going, "that's exactly what I personally had to get to, too." So it's not like we're going to get that just by hearing about it. We have to experience it and allowing it because it can be scary. For some people it's actually scary to listen to their body.

Christine:

And you think about why. Think about what you're told ever since you're younger, the flesh is sin, the body is bad. You came into a body, don't listen to it. There's so many things that we're told about this beautiful body that is a wisdom being that has all knowing. And we've been told so many things about the body that we don't trust it. Oh, I can't listen to myself or the body. And I can only listen to here because other people have put different messages here. So I must listen to other people, over-trusting this. And so it's important and it's challenging, but just to stop and listen and ask your body, "What would you like to eat?" Or "where would you like to go?" Or "what movement would you like to do," and really allow your body to speak to you. That puts you in a more grounded space to be the human that you're here to be and experience the life that you're meant to experience.

Colette:

And you agree that the body is the instrument of intuition? We're like a guitar with various strings or maybe a 12 string guitar. And it's getting plucked in a certain way. And you learn that your intuition expresses itself through your body. It's not a mental thing at all and it's not emotional either. It is physical.



Christine:

It's physical. I love to call your intuition, your God voice because I believe that God speaks through us. God is within us and all around us. And we are made of God. We are God, right? And so I love to call the intuition, your God voice, and it is speaking through your body. It is speaking through, you can feel when things are in your body, you can just feel when things are like, "Oh, you lean towards things that you really are desiring to do." And you know when it's time to rest. When you can tune into that instrument that is leading and guiding you through life, it's just so powerful. The body is the guide. And then the mind will listen to the body, but you've got to give the body that agency.

Colette:

So in your opinion then, what is one thing that people might overlook when it comes to manifesting with ease, or even making themselves more magnetic? What would be that kind of hurdle that everybody needs to know about today?

Christine:

I love this question. Oh, there's so much. Okay.

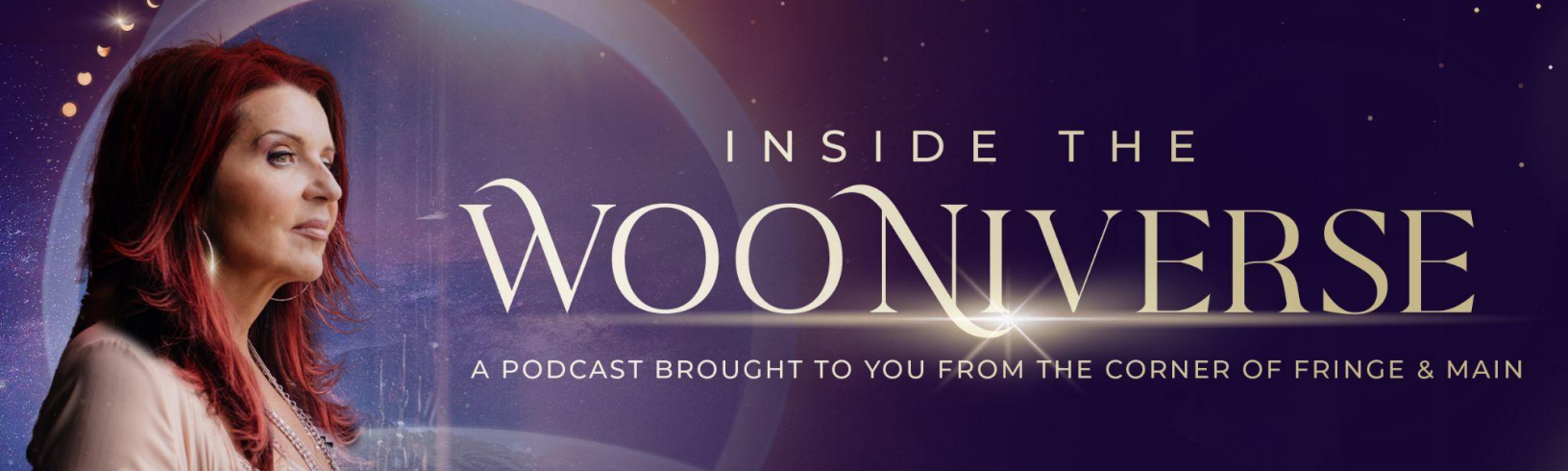
Colette:

I know we could talk for hours.

Christine:

I know. Well, I feel like the big thing is to demystify it is that manifestation, I call it intentional receiving. And this is where I'm talking about intentional manifestation. But the first thing I want everyone to remember is that you are always manifesting. Everything in front of you, everything we're using right now came from a thought and idea and energy. It was energy. This microphone before it was created, it was energy. It was a thought. And then it was brought into and actualized into this 3D matter.

And so if you know that everything you are, everything you do, everything you experience, you are manifesting. I coined this term and trademarked it, it's manifestation in motion, right? We are manifestation in motion. And when you can know that that's just naturally what you do, then you get to use this power intentionally. And instead of doing it by autopilot and things just happening



to you, you get to utilize your environment utilize your energy, to allow yourself to receive, intentional receiving, the things that you desire.

And let's remember that we are already manifestation-ing like powerhouses. It's just what we do. It is just our natural frequency. Now what do you choose to intentionally allow yourself to receive? And that's when you can tune your energy. That's when you can tune your focus to being the person who already has what you desire. And then you can wash the things just unfold so quickly.

Colette:

I just love that. And I love that you trademarked manifestation in motion. One of the things that I teach in Oracle school in pretty much all my courses is that we're stories in motion and that.

Christine:

Oh, I love that!

Colette:

Yeah. I know we were trying to figure out how we know each other. We're like, "We're twins. We don't know why." It is that alignment, and the Oracle cards can actually reflect the story in motion as you are a manifestation in motion. We'll talk again about that some other time. But anyway, this is all about you. This is fascinating to me. I love this conversation. We're going to take a little break. So please stay with us. We'll be right back.

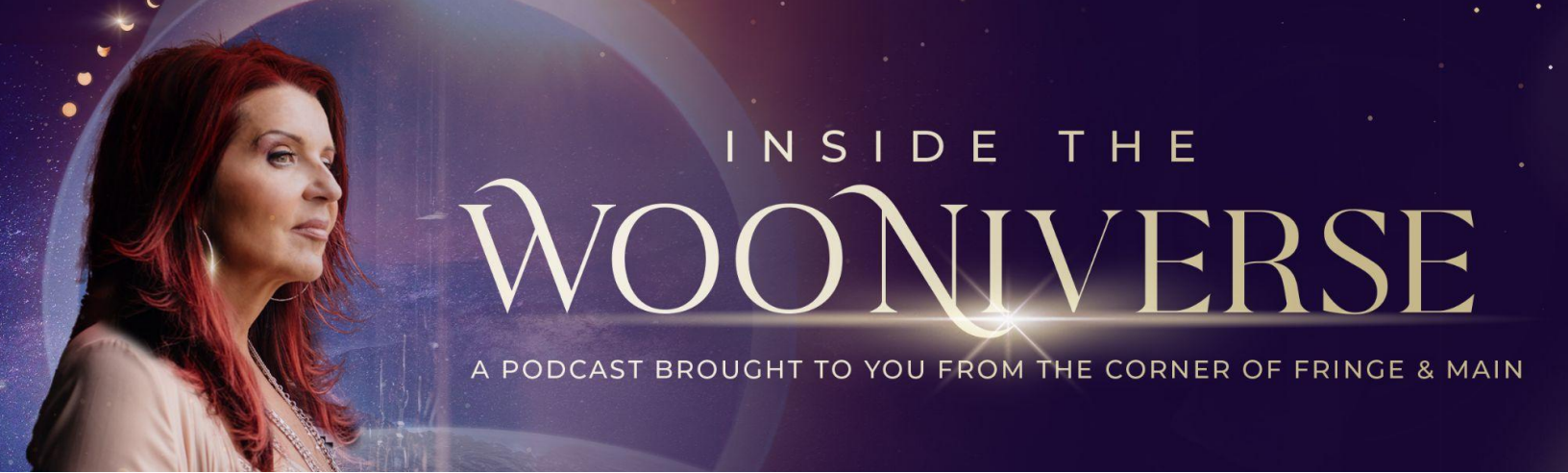
Okay. We are back and let's keep the conversation going. So let's talk about some more things in your toolkit that everyone needs to know about today. I'd love for you to describe what is quantum manifesting.

Christine:

Yay. Okay. Do you guys remember I could be aging myself, but you remember a quantum leap? That show?

Colette:

Yes, I'm 64. Okay. So 64 years old here. Okay. So 1958, 46.



Christine:

It's 46. I just aged myself here!

Colette:

And I'm old enough to be your mom. Okay. So yes, I remember that.

Christine:

You remember?

Colette:

So I'll remember everything that you say.

Christine:

Yay! I'm so glad. OK. So I loved quantum leap. That was the show and it was like he would be one place and then he would leap into another baby body, another situation, another state and time. What I like to do, let's simplify. I won't take you to quantum physics class even though I love to geek out on that stuff.

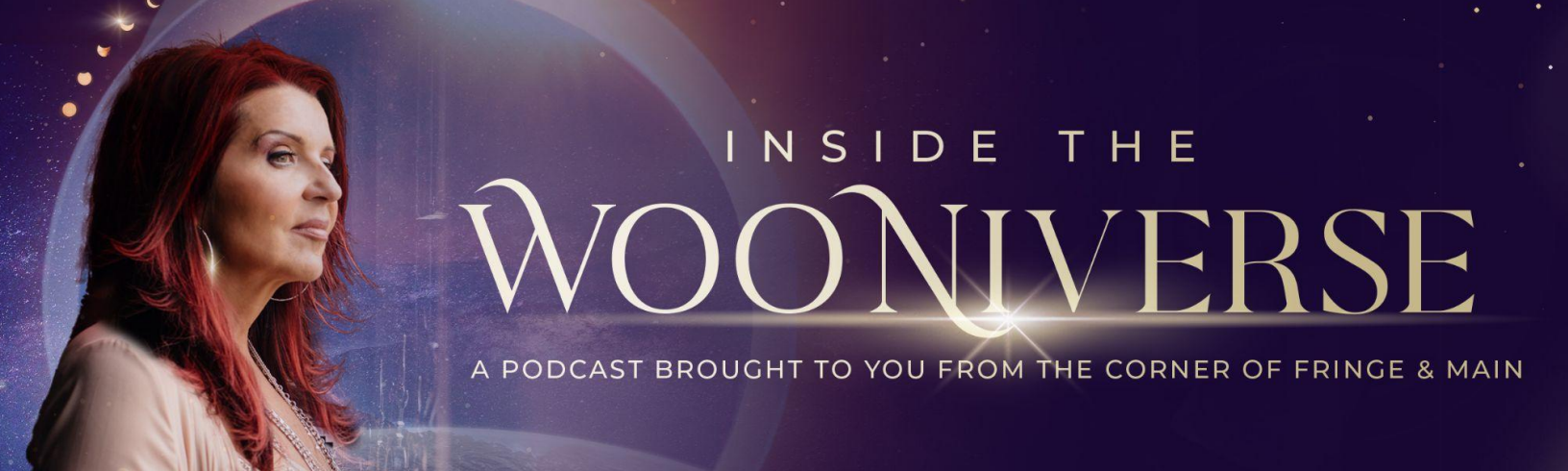
Colette:

Yeah, me too.

Christine:

But let's just keep it simple. What if you could see that everything, every situation, every circumstance is all available to you, all happening at once, and it's all at a frequency. So it's kind of like a radio dial. You have this radio that is capable of playing thousands and thousands of stations, but you get to turn your Sirius or radio dial, depending on who you are, to a specific channel to say, "Hey, I want to hear hip hop, or I want to hear pop, or I want to hear country. I want to hear this." And you get to turn the dial to specific themes.

So if you knew, in the quantum, if we knew that quantum is within us, what did I say? God is within us and all around us. Within the quantum is every single possibility, all of your desires. And really, all you are being asked to is to match the frequency of whatever you desire.



Colette:
Right.

Christine:
So where quantum manifestation comes in, people think quantum means a big leap. It doesn't. It's tiny, tiny, tiny. It's the tiniest thing that you do that has a huge, huge result. So it's not like I have effort and move. No. Quantum leap happens in the tiny, tiny steps, but it's all about the energy that you are being when you take those tiny steps. Does that make sense?

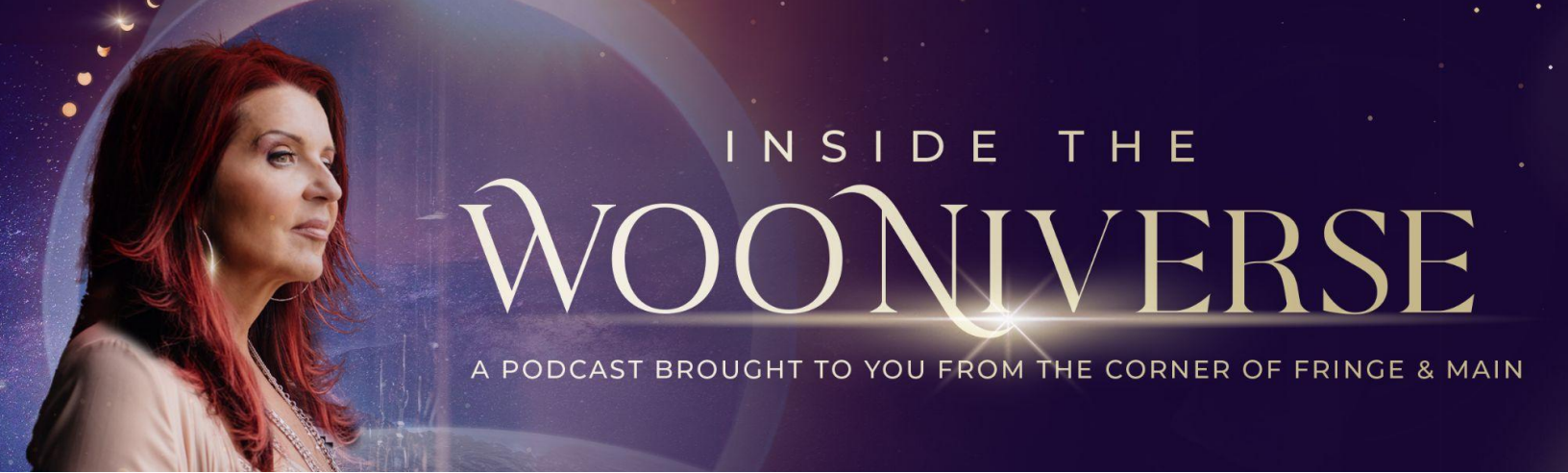
Colette:
Oh yeah. So let me ask, would it be a good example would be feeling enthusiastic about the outcome where we don't even need to wait for the evidence. The outcome is in the mind and the imagination is the divine mind, the divine love, divine inspiration. It comes from spirit, only we're enthusiastic about it. We bring that emotion to the table, too. Would that be a good example of that?

Christine:
Yes! I have a good story. I'm going to give you one example that everyone will get. Okay. So I have a client who's also a very, very good friend of mine. And a few years ago, she really wanted to be Vice President. That was her dream. She's like, "I want to be Vice President at this specific company."

Colette:
I was going to say, was that Kamala Harris? If so, you did a good job.

Christine:
No, not Kamala.

Colette:
Well, that was good.



Christine:

That would've been cool. No, it was of a company. So at the time, she was at a level she didn't have any direct report. She was at probably right above the lowest level you could be in that company. So logically, if you looked at it, it would take her 10, 15 years to become vice president of a lot of hard work and all the things. And we were like, "No. That's not the way it gets to be for you.

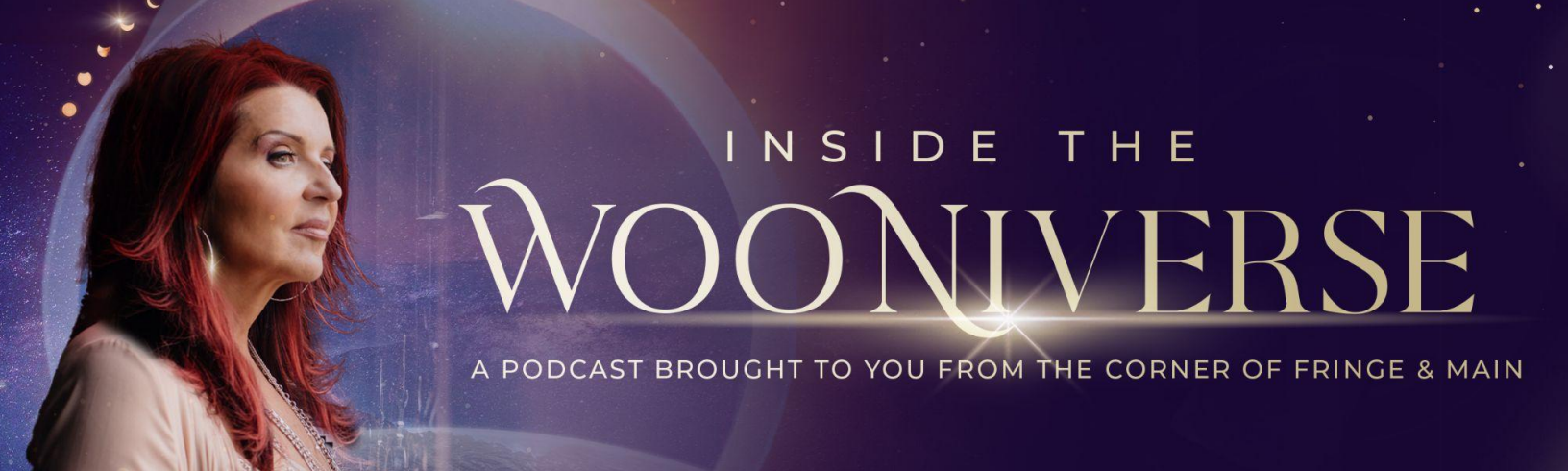
So I asked her. I said, "Okay, you desire to be Vice President. What are some of the things, the thoughts that a vice president would make? What are some of the actions that a Vice President would take? What is the feeling that you believe you're going to feel when you're vice president? And so she was like, "I Would feel empowered." She said, "I would feel successful. I would feel joyful." I said, "Okay, we're going to start feeling that right now," but in addition to that, embodying those feelings was also giving herself permission to take Vice President and made Vice President moves.

So we used to call them her DPM, Direct President Moves, Vice President moves. She was going to make those moves now as the person who she was. So that has to do with she would go to work, she had her playlist that she would put on so that she would get into the feeling, the frequency feeling. But she didn't stop there. She'd get to work, and they'd be in a meeting, and she said, "What would the Vice President say right now?"

So she would be like, "Oh, this is my opinion about something." She was give her opinion, not ask for permission first. She would recommend things, not ask, "What do you think I should do?" She became the vice president before she was making vice president money, before she was positioned as a vice president, and all of a sudden, it was a few months later, she was promoted to director, which was several rungs up. And then a few months after that, she was promoted to Vice President.

Colette:

I mean, come on. Isn't that great?



Christine:

Isn't that crazy nine months she did what should have taken 20 years. She collapsed time because she chose to be the vice president without needing the title. She chose to embody that feeling and bring that confidence, bring that energy to her job that she was doing now. She didn't make what she was less than. She just decided that I get to be more of the fullness. And so what I love to say quantum manifestation is that you're being more fullness. You're being even more [inaudible 00:31:52]. You're experiencing even more God in you and that's what you get to walk forward and do.

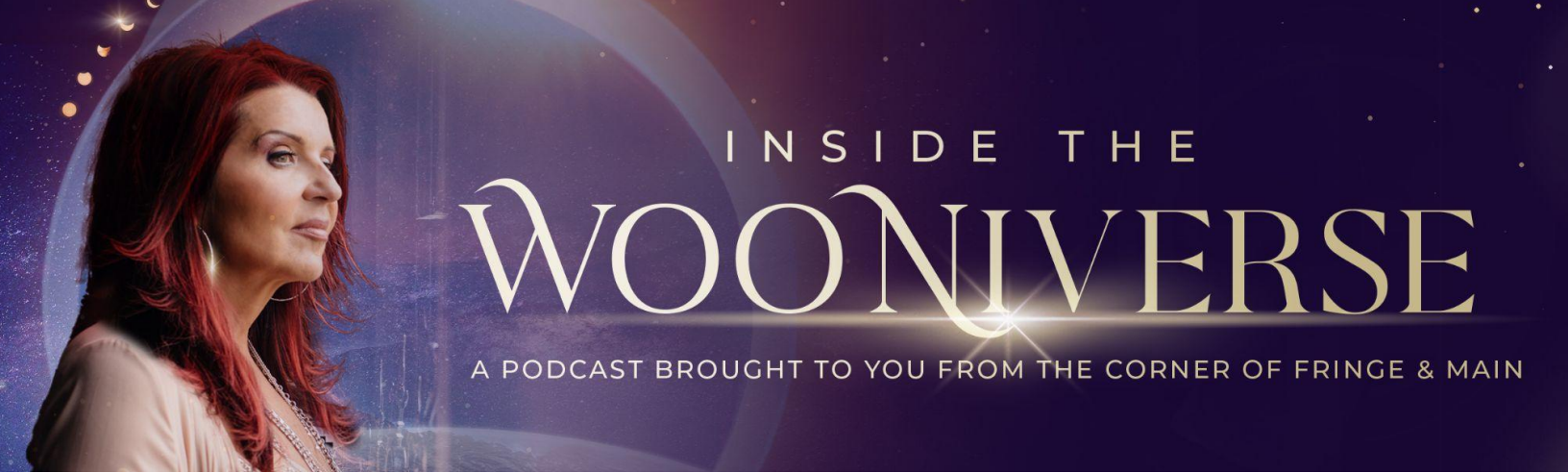
Colette:

Oh, I love this conversation. Oh, this is so exciting. Okay. Let's switch gears a little bit. And I want to talk about human design because you're an expert in human design. So what is possible when using human design as a tool? So let's first of all, break down what it is and then you can tell me how people can apply it because I do find this is totally fascinating. And I want to hear more about it myself anyway.

Christine:

Yes. Yes! So human design is a modality that was created in 1987. And what it did was take a lot of different modalities and put them together. So astrology, you had the Chinese I Ching, and when they looked at some things, based on your date of birth, based on your time of birth and your place of birth, then it would say that you have this certain look and your centers and your body and this certain way of making decisions or certain way of interacting with the environment.

So what I like to do, I have taken human design and I have broken out the boxes. Does that make sense? So I love to say... Because I've seen a lot of people use human design and "Oh, I'm a manifester. Oh, I'm a generator or I'm a manifesting generator or a projector," and use it to box themselves and limit what they can do. And so what I've done is just trash all of that and say, what is your body telling you? Because that was the purpose of human design was for you to get more into listening to your body and out of the mind.



Colette:

Oh, interesting. Because I actually have found too, I've always been curious about human design. And as I mentioned to you earlier, I had a chart done and everything based on two different birth times actually because I had not gotten clarity around my birth time. So then I had my chart rectified. And what was interesting. I understood about that boxing in because all of a sudden one looked very different than the other and I'm like, "Okay, but I'm actually a little bit of both." So I thought hm. So there has to be some fluidity around this and I wonder who does that, and of course then we found you because you can get very boxed in. You think that, "Oh this is just me and this is the only thing I look at." So tell me about the boxes about how you broke out the boxes.

Christine:

Yeah. So I love the way you say that. I want to build upon that for one second because you'll have a lot of people that'll say, "Oh I'm a projector. So projectors aren't supposed to have energy. So now I have no energy." And I'm like, forget get that! It's not about you not having energy. It's about more listening to your body and seeing okay, if I need to rest, I get to rest. I'm a generator, supposedly according to that, and I don't want to work all day. That's not what I'm made to do. So I find it interesting that a manifestor who created the system, all of a sudden 70% of the work, the people are supposed to do the work and then other people aren't. I was like, hmm, that's interesting.

So that's why I said really, the empowering way to use this system is to say, "Oh, that's interesting now what is my body telling me? What feels expansive?" Because when you can listen to your truth system, your heart, when you can listen to your body and say, "Oh, that resonates. I don't know how, or I don't know what to do next, but that resonates with me," then you can start to listen to yourself and start trusting yourself versus what the boxes are telling you.

And so for example, if you saw the chart and it said, oh, you're a manifesting generator. And then you heard someone say, "Oh, manifesting generators to do multiple things. And they love to do a lot of things at one time." And then you say, "Oh, wow. Yes! I love to do a lot of things at one time." That's enough. Now you get to give yourself permission and say, "See? I knew it. I knew I'd love to do a lot of things at one time. And I know that I have the full energy to really



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experience all of the different multidimensional things that I love to do." So that's a way to use a system that's going to support you and not put you in a box where you're like, "Well now I'm limited. Well, I'm not a manifested so I can't make decisions like that. Or I have to wait until somebody outside of me tells me something."

Hell no! That is something that felt so not right for me to say, "Oh, you're a generator. So you can't listen to your source. You can't listen to downloads." And I said, that does not sit right with me. In fact, the reason why I'm where I am is because of my downloads. It's because of God speaking through me, it's because of the God voice. And so I said, "Well, how could we use this system in a more empowering way instead of a boxing way?" And that's the way to use it. You look at it, you say, "Oh, this is interesting. Okay, let me play with this. Let me experiment. Let me see what my body is telling me," and just use it as more of a let me understand my body because we've been divorced from our body for so long. You can use this to bring you back to understanding your body more.

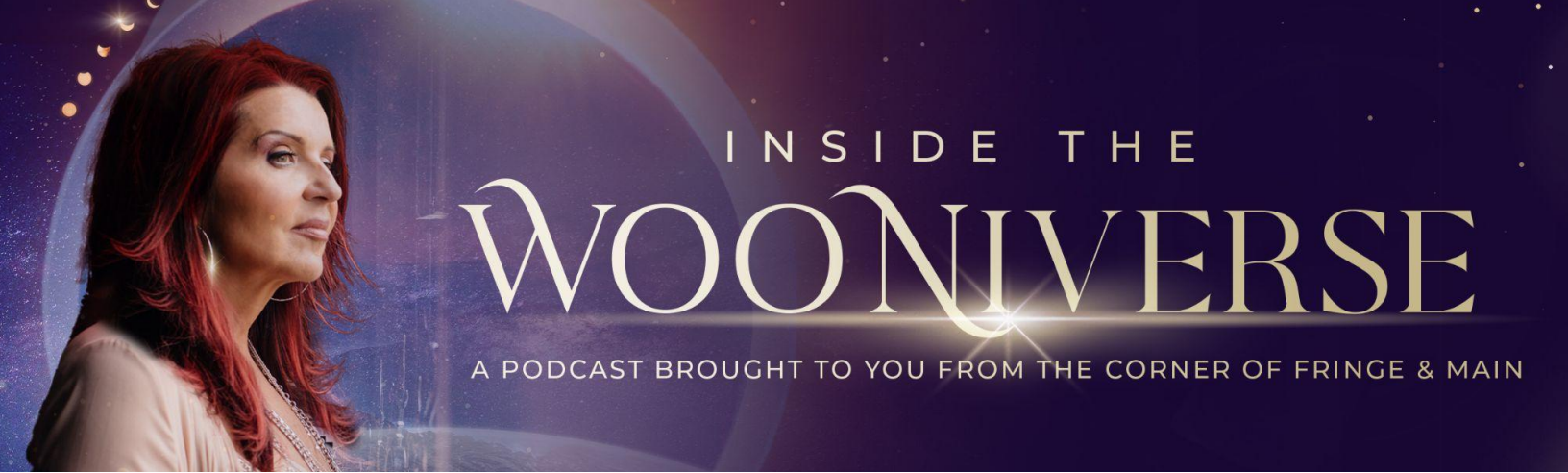
Colette:

I love the way you described this. As I'm listening to you, I'm thinking, because you're definitely an innovator. And I've done the same thing with Oracle cards. I took all those ancient divination systems and say, "Okay, well that doesn't fit to where we are now. But parts of it do, components of this do. How can we explore and experiment and innovate so that it's a better vibrational match to where we are now in our consciousness?"

Let's talk about a couple of other different things. So I want to know what are some of your favorite things to do to raise your vibration?

Christine:

Ooh. Oh my God! There's so many! Well, like you said in the intro, I'm the vibration lifter and the energy shifter. So sometimes I don't need to do anything, but... Okay. There are certain things that I love and what you get to do is say, "Okay, in order to allow myself to naturally raise to the frequency that you're naturally at," your natural vibration is a higher vibration. That's where you get to be. What are some of the things that you absolutely love? For me, I love to... I have this really cool CEO playlist and I love to listen to that. And when I'm driving, I'm like, yay! I recently got a Tesla. It's almost a year old now. Yes, I love my Tesla. I love her so much. Her name is Angel.



Colette:

I was going to ask what her name is.

Christine:

Yes. Her name is angel. She's all white on the outside. White is my favorite color and she's all white in the inside. She's so beautiful!

Colette:

Oh my God. She must be stunning.

Christine:

She's stunning. I love her. So I love to drive her. She's so quiet and she's amazing. So that raises my vibe, just really tapping in and reminding myself what I've co-created in this world. I am an entertainment net. So I love reality TV because I get most of my content from reality TV. So I'm like, "Ooh, look at this, look at this." I don't judge anything. I'm just like, "Oh, that's so interesting." What can I write about this? How can people learn more about this? So I love entertainment. I love movies. And I just love immersing myself in different worlds. And that helps me raise my vibration.

There's so many other ways. Of course, meditating of course definitely helps, moving my body whether it's to, like I said, a really fun song. That helps to ground me. And then I can really sit with and listen to my breath. I love breath work. That helps to release the emotions. And also just naturally raise you to that neutral point. And build from there. So there's so many tools and so many things I do.

Colette:

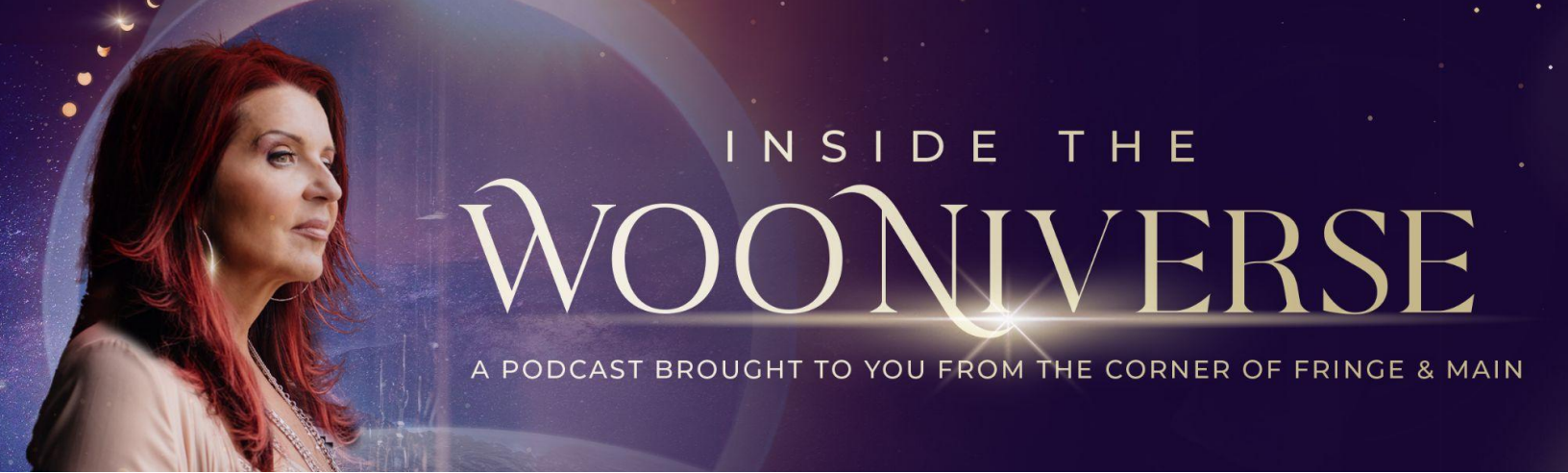
I love that. Okay. I've got to ask you this. Have you ever seen Love is Blind?

Christine:

Oh, my God. I love Love is Blind.

Colette:

Isn't that the best? Did you see Love is Blind Brazil or Love is Blind Japan?



Christine:

I haven't. I need to watch those two. My sister told me I have a whole thing written for the first two. What was the first two that got engaged on Love is Blind, the first one. Now I don't even remember.

Colette:

I can't remember their names, but I know. I love them too. That's the only reality shows I watch are those shows. That's my guilty pleasure. And the rest of it for me is British period dramas because everyone falls in love.

Christine:

I love period films!

Colette:

You do too? Oh my God.

Christine:

I watch anything that's period. Anything.

Colette:

Me too! Give me some costumes and some corsets. I don't know why, but I do. I know my husband raises his eyebrows, "Another Downton Abbey kind of thing?"

Christine:

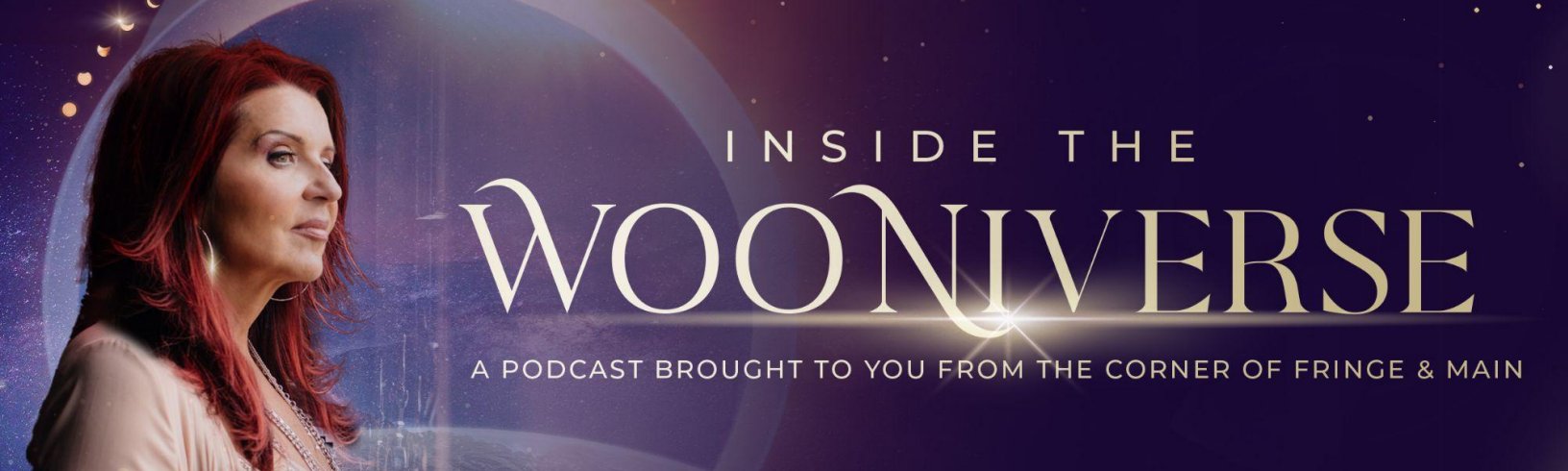
Downton Abbey, the new...

Colette:

Bridgerton.

Christine:

Bridgerton's awesome. Anything, I love it.



Colette:

Yeah. Me too. Oh my gosh. Okay. You see everybody? In the Wooniverse, we talk about reality shows.

Christine:

Yes!

Colette:

You are a pageant winner at the Miss Wooniverse contest and you're giving your acceptance speech. What do you feel is most important for our world right now?

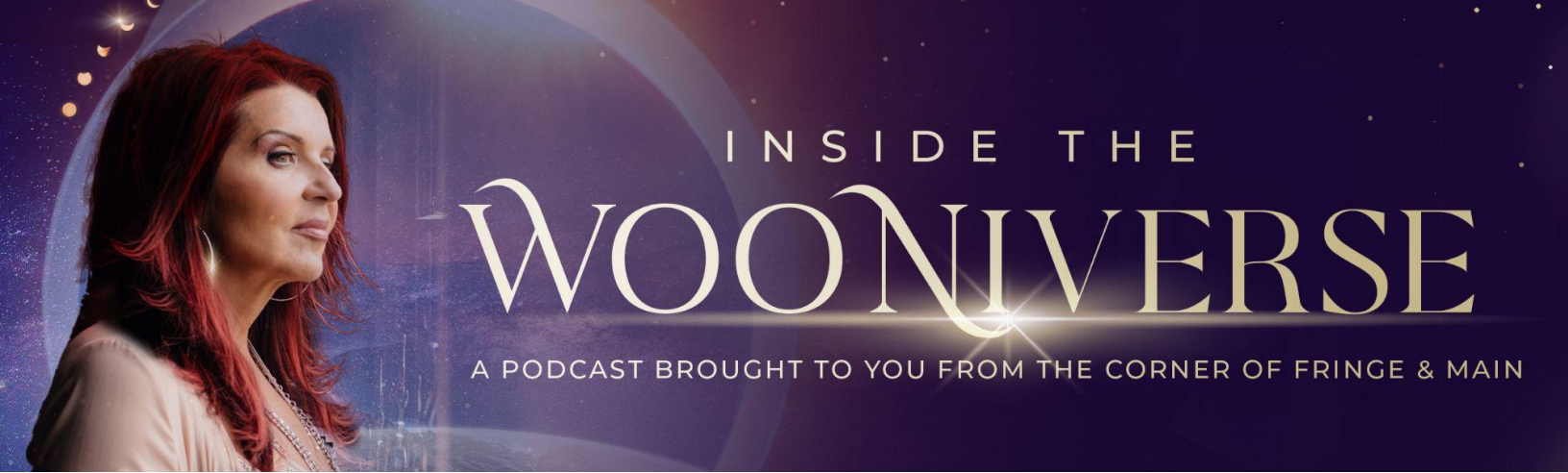
Christine:

A big part of why I'm here is to help people accept each other. It's about acceptance. And when we can fully accept others, their ability to show up as them and love each other, regardless of their opinion, I don't have to agree with you in order to love you. And I don't have to agree with you in order to accept you as that's an interesting point of view. Okay. And so the more we can accept others, accept everyone to have their own agency to make their own choices in life, is really going to help the world just expand, expand into our greatness because right now, when we're judging each other and you're wrong and this person's wrong and "you don't have the same opinion as I have so I'm not going to listen to you," we are cutting ourselves off from all of this beautiful expansion that we get to experience. And I'm not saying you have to champion someone who has a strong opinion that's totally opposite you. Just accept it that that's what it is. And then you get to move on forward with yours.

Colette:

It's like being in the middle of the bridge and being able to see and say, "meet me in the middle of the bridge. And I don't need to agree with you, but I can hear you and respect the differences that we have that make unity and diversity that we all need." I love that you said that it's true. You don't need to champion somebody whose opinions or ideas or concepts are different than yours. But like you said, accept, radical acceptance that everyone gets to be who they're supposed to be in this world.

So let's pull a card together and see if there's anything else that the Wooniverse wants us to talk about. So I'm going to use the Shaman's Dream Oracle. So what does spirit, God, source want



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us to talk about that we might not have spoken about? Whoa, fortunes wheel, which is about right timing and creating our own luck. Divine timing. So I want your take on that. Oh, let me just tell you mine first because I know my cards.

Christine:

Yes, please!

Colette:

So the card represents the need to surrender to divine timing, that we receive, not according to our timetable, but that luck, when synchronicity comes together and all the parts come together, we have a part in creating that. That's the action, the do of the woo that you talked about earlier, but ultimately that the form and the timing is none of our business. So what do you see about that?

Christine:

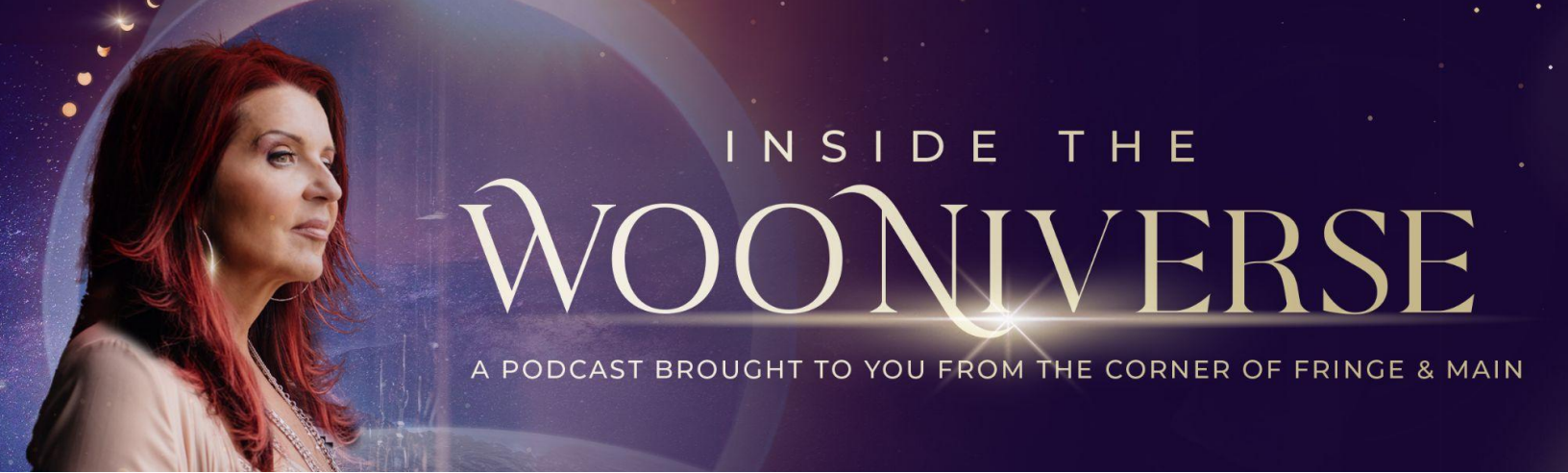
I love that. I love that you mentioned the surrender because remember, time is a construct. And so even when we say divine timing, we are limiting God because time is a construct, right? And so the more we just accept that it is inevitable, what we desire and then you're not looking for, when is it coming? You're just like, it's unfolding in every moment. And you're able to be present in the now because now is when it's all being created in the first place.

Colette:

Oh, I love that. That's one of the reasons why I moved from, because I made my living as a predictive reader for like 25 years. And then I moved into coaching and strategy because I thought, no, no, no, no, no. What if this person could create, co-create something greater than what we're seeing from this vantage point? This is just from the now right now. And I'm just seeing that this potentiality comes from this. What if we surrendered into that limitless possibility and find out what your body says, what does source say that's possible for you? And yeah, I really love this conversation.

Christine:

Oh my God. Can I say one more thing about that?



Colette:

Yes, of course. You could say a million things.

Christine:

I was like, yes! So when you were saying... I loved readings, I love getting readings. Not to say that maybe you are on my list of things that I'm like, "Ooh, Oracle card. What's going on today?" But what I always said about readings was their reading one of the possibilities, which could be where you're trending, and you get to shift where you're trending. And so that is so powerful. Because you get to use that card and say, oh, this is where my energy is kind of guiding me too. Where would I like to go? Is this in alignment with where I want to go or do I want to redirect and go in a different way? And then you can just that quickly shift and that's the power of what you do and oh my God, yes.

Colette:

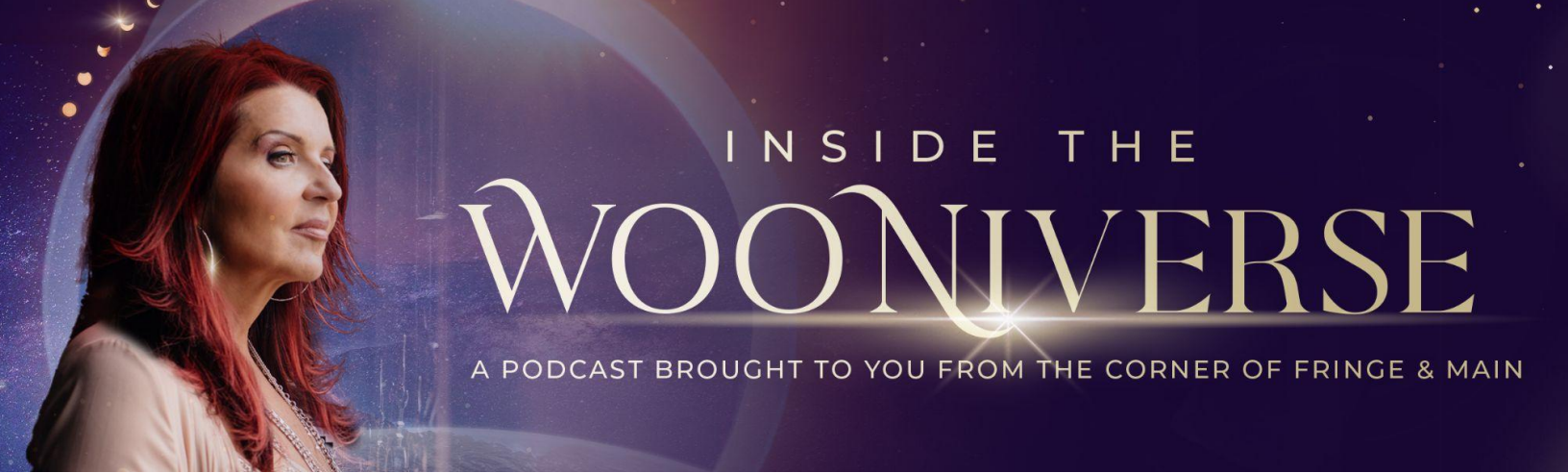
No. And I love this, but this is so key and important for people to hear this because when you said you are looking at what's trending, I've actually never heard that term, but I get it. And I'm like, "oh, that's such a better way of saying it." Yeah. This is the possible trend where your energy is going, "Do you really want to go do that?" And that actually happened to me when I was young, I was told by this very famous psychic that I would never have a faithful partner, in this lifetime, I was meant to live the life of an aesthetic, basically not be successful at anything. I was listening to this and I'm like, ah, no

Christine:

Interesting.

Colette:

But at the time, but at the time... I've been clean and sober now 36 and a half years. And at the time I was still drinking and drugging and that person, me, the me then would have exactly co-created that life had I not surrendered to God and turn my addictions over and find that spiritual path. And I completely redirected that. So I was trending in that direction. And that was a wake up call going, "Is that going to be my life? Hell no." Right. And I'm like, I must be doing something here and then you would get out of your denial.



So I love that you said that. Yes, it's just showing you what's trending. And is this still in alignment? Is this a confirmation? Great. This, not so much. So I'm going to pay attention to that so I can shift that energy. This is fabulous.

We're going to take a little break now. And when we come back, we're going to switch gears and enter another dimension of the Wooniverse, the tea time after party. So please stay with us. We'll be right back.

Okay. We're going to switch gears and travel into another dimension of the Wooniverse. And it's called the tea time after party place where we kick up the fun. And I am here with vibration lifter and energy shifter, Christine Michelle. Joining us now is my executive producer. Connie Diletti. Are you ready, Christine and Connie?

Connie:
Ready.

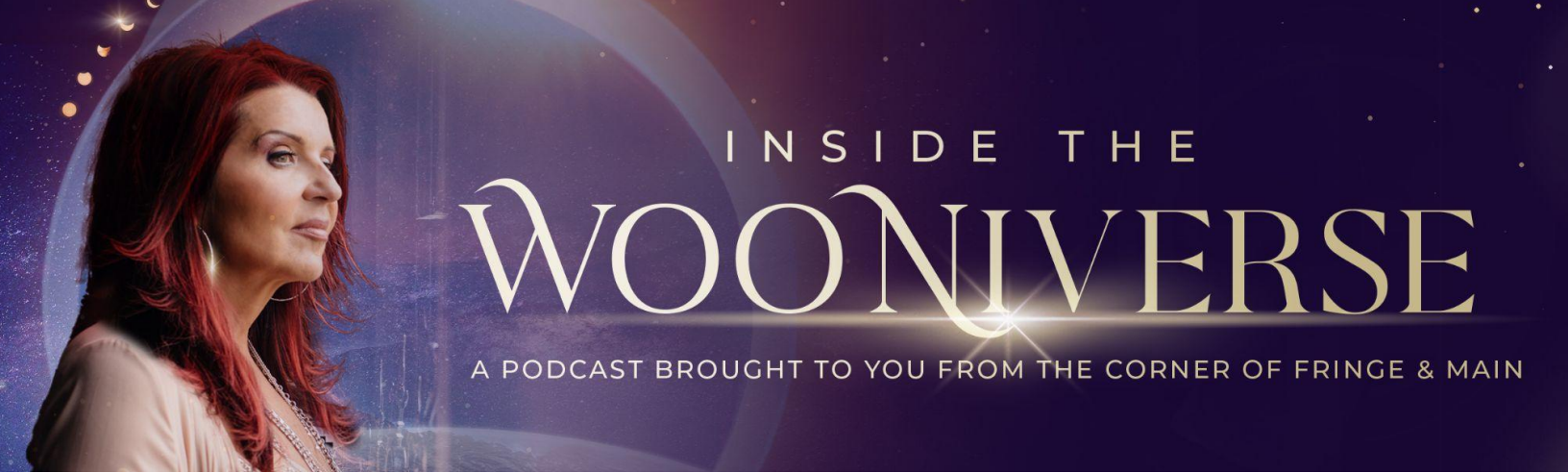
Christine:
Yes, yes, yes.

Connie:
Let's do it.

Colette:
Oh, here we go. Okay. I'm going to start. If you could have a magic power, what would it be? And what would you use it for?

Christine:
Ooh. Oh my God. Because I already think I'm magical. So I'm like, oh, more magic?

Colette:
Yeah, more. Extra, extra magic.



Connie:
Extra magic. Yeah.

Christine:
I would want to be able to, and I think I already do this, but I would always want to be able to walk into a room and expand the people's hearts, open their hearts up and make them love themselves even more, make them feel even more joyful. And it's funny because I already do that. I can sit in the car and someone's having a bad day and then they leave the car and they're having a great day, but I would really want to be able to turn it on and...

Colette:
Go like this. Go on the internet and do that.

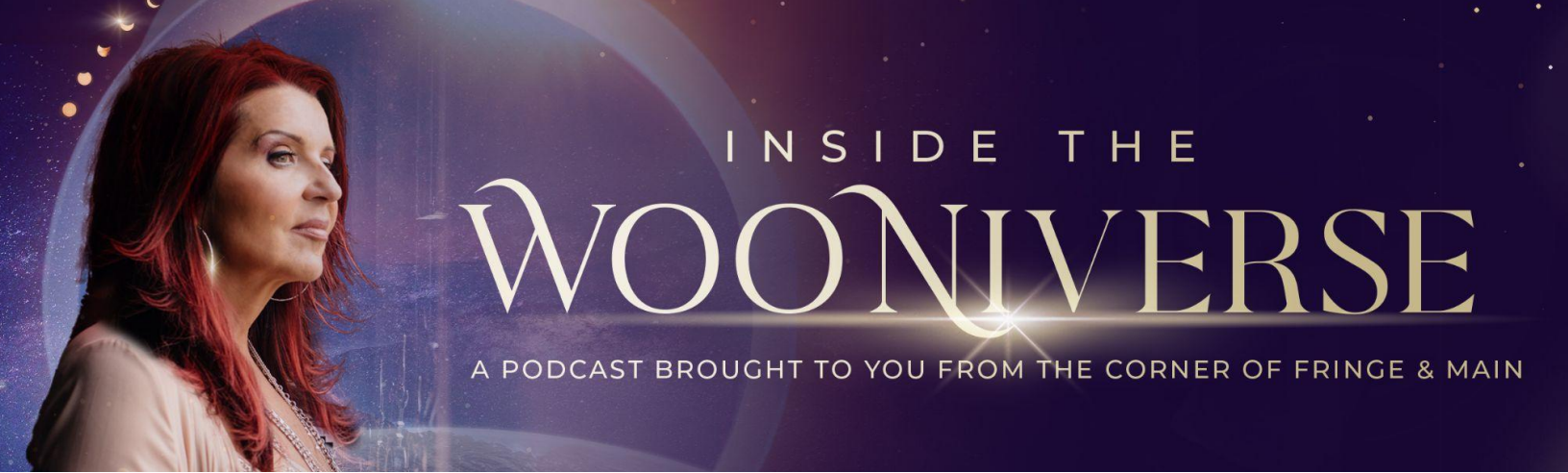
Christine:
I come on, everybody's like, "Joy!!!"

Colette:
Get those trolls singing joy, joy to the world! I'm happy today. Have nothing to say. I've changed my mind, goodbye.

Connie:
We love everything about you!

Colette:
Okay. Christine, you meet an extra terrestrial. They who are deciding to move here. What would you tell them about living on earth?

Christine:
Oh, living on earth is so fun. You really actually get to create your reality, for real. So when you come to earth, first, pick a really nice beach town because I love the beach. And then secondly, really it's your kindness and the way you interact with people really gets reflected back to you. And so I remind the extraterrestrial that it's really how you interact with people with what you



received back. And then don't take some people in some areas, like Florida, I love Florida, but don't take everyone so seriously. Sometimes they're Coo-coo crazy, and it's okay!

Connie:

Sometimes they're coo-coo crazy. Okay. You're here on earth and sometimes people are coo-coo crazy, but don't take it personally.

Christine:

Don't take it personally. It is what it is.

Colette:

Oh my God. That's funny.

Connie:

Okay. So what is one of your favorite subjects to down the rabbit hole on?

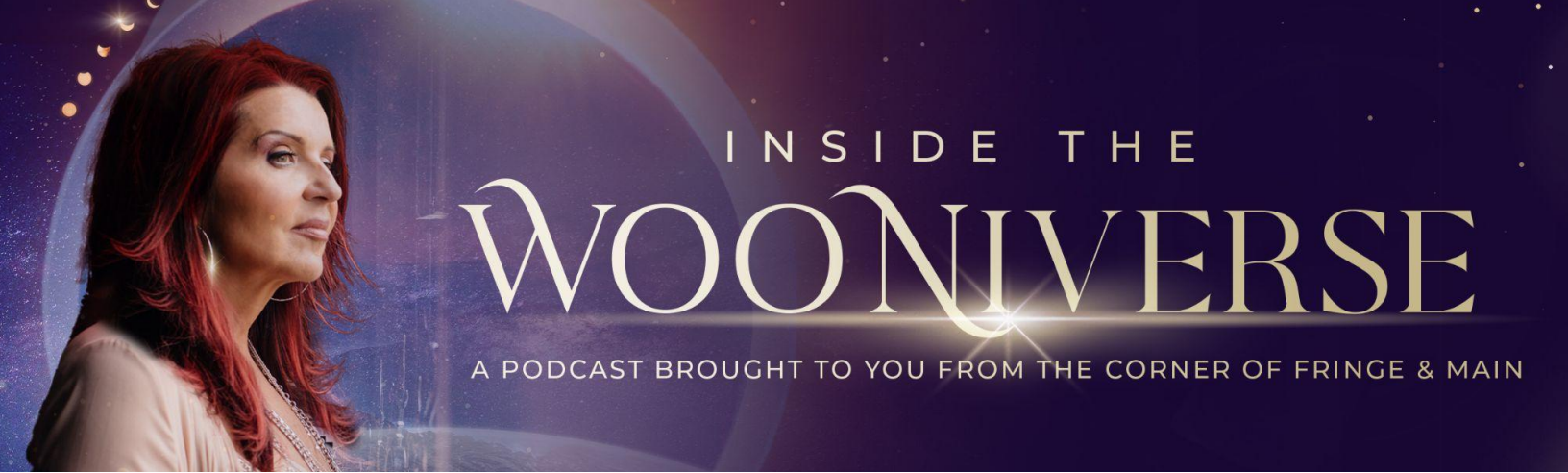
Christine:

Ooh. Oh my gosh. I love to go down the rabbit hole of manifestation and quantum. I know this is my work, but just listening and seeing some of the different ways of when you talk about quantum scientists and then they're saying "Yes, and we put this thing in the box and then when you look at the box it's alive and then you look at the other box. It's like, oh my God, really? Anything that's mystical magical. If there's a television show or something on Netflix and it's mystical, I'm like because I just have to see anything that's out of the ordinary because we are not ordinary.

And so anything that's a show about mediums, a show about magic, anything that's like mystical, I will be there and I will be watching and I will be Googling it to see what's going on and how much more can I learn about it because I just love to stretch my imagination about what is possible because the more I see, the more I can let into my own world.

Colette:

That's great. I love that. Okay. My turn, you have to wear a t-shirt with one word on it for a whole year. What word would you choose?



Christine:
Oh, aligned.

Colette:
Aligned. Aligned.

Connie:
You answered that so fast. That's great.

Colette:
You're good at marketing and PR.

Christine:
So many years! Just letting y'all know, that's the name of her book, too. Just in case anyone wondered.

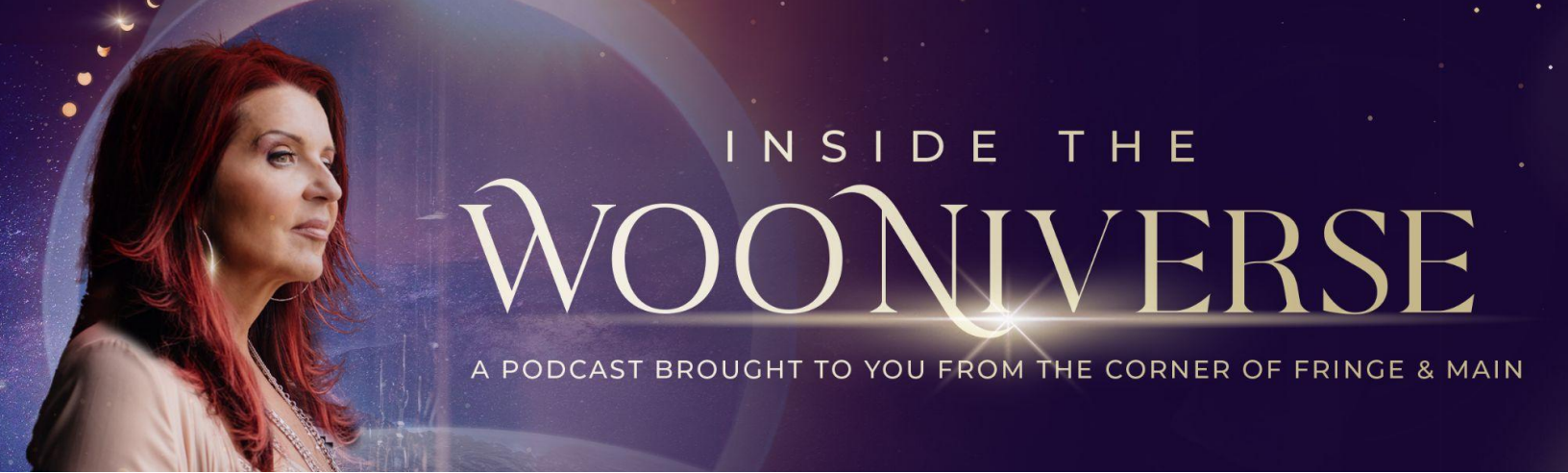
Connie:
Just in case, if you want to know what that's referencing.

Colette:
It's on the back of the t-shirt, on the back.

Christine:
But I really do feel like... And then it would always just remind me that I get to align with what I desire. I'm aligned. I am aligned.

Colette:
Oh, I love that.

Connie:
You have to spend \$10,000 in one hour. What would you spend it on?



Christine:

Ooh. I would spend it on a vacation. I would go and buy a really cool... I love St. John and I love the Virgin Islands, but I also love British Virgin Islands. And so I would take that 10,000 and I would get a home that's on one of the hills overlooking the water and I would fly my sister and my friends and we would live it up.

Connie:

I love that. I love that.

Christine:

It would be so nice.

Connie:

Now, we're new friends.

Christine:

You're invited. You're invited.

Colette:

Will this plane go to Canada?

Connie:

Just saying. I'm duking myself in that vacation.

Christine:

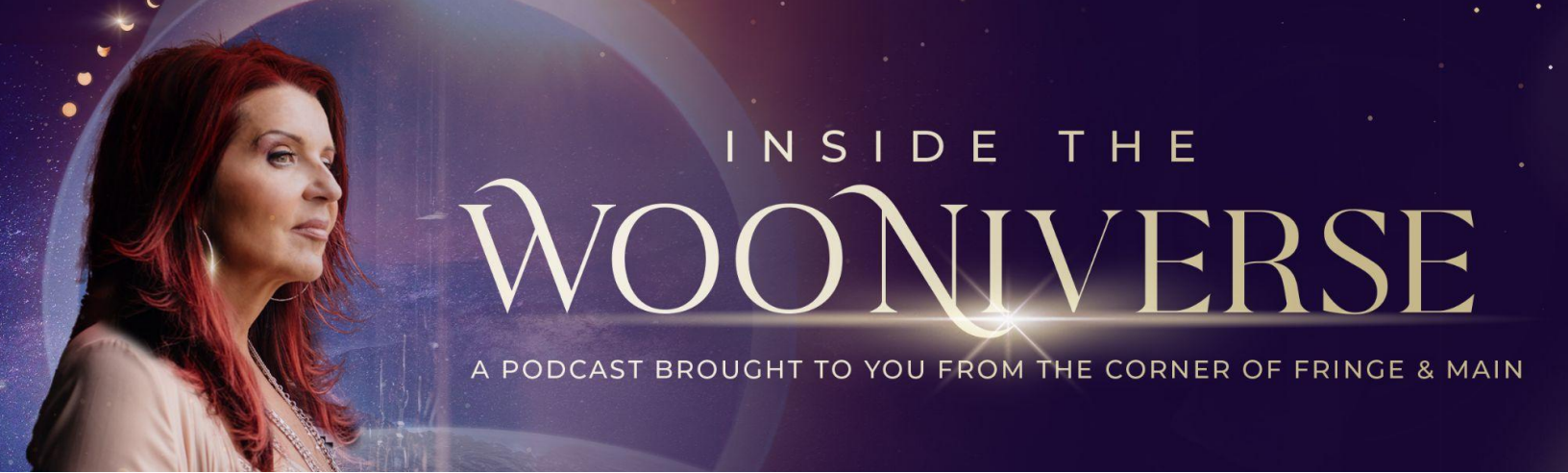
Yes. I would be like Vandyke. Come on, ladies.

Colette:

Nice. You are banned from the library. Why?

Connie:

I love this question.



Colette:

Me too.

Christine:

It's probably because I lost my temper and yelled at the woman who had her child... I wrote The Blind Receiver in the library because I needed to get out of the house. And I was like, where's some place that I could go that it would be quiet? So I thought, and I go to the library, and at two o'clock every day, this lady would come with her child and give them not headphones, but music and noisy sandwich and toys. I mean, noisy food. And I was like, "This is actually real."

Connie:

We knew you'd be making up a story.

Christine:

So yeah, I probably would've lost my temper and told her to take her and her child and go away.

Colette:

Oh my God.

Christine:

And they would've kicked me out.

Colette:

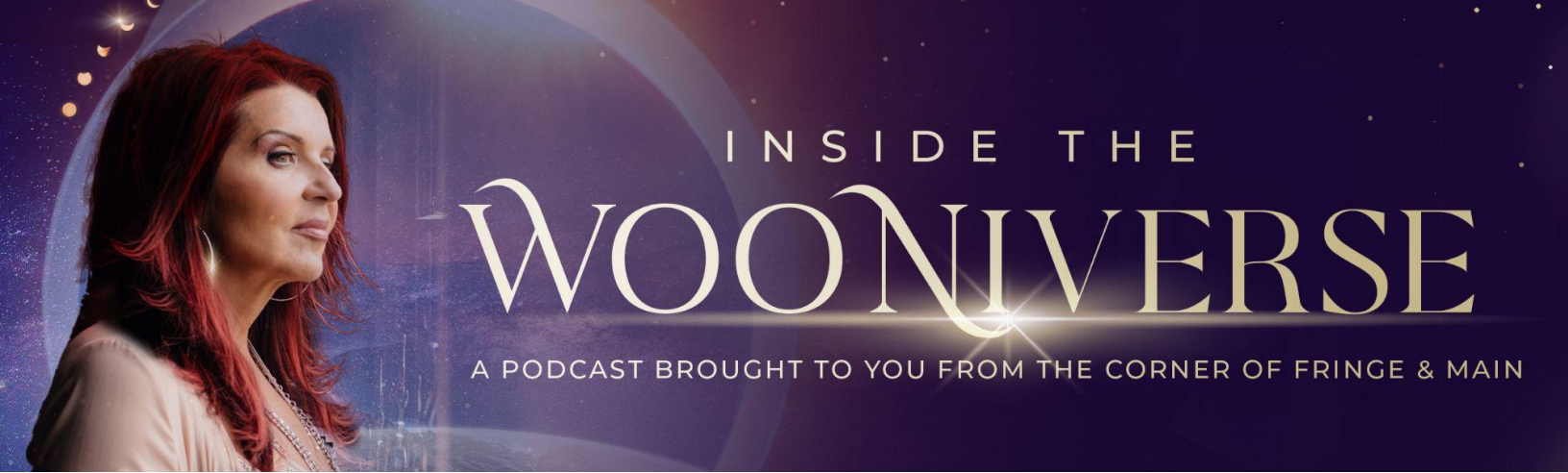
They would've, yes, but they didn't, but okay. I'm like, wait, wait, wait, did you say that?

Christine:

-I didn't. I just decided today was not the time to continue writing and I left.

Colette:

Oh my God. That's amazing. Oh, thank you so much for being here. To see all of Christine Michelle's offerings, including her quantum manifesting membership, you can find her online alignedsoul.com. I also want to mention that a link to her fabulous book, *Aligned Receiver* and to her matching journal are in our show notes. So if you love what you heard from Christine here



today and want to learn more, more, more, more, more, check those links in our show notes. Thank you so much, Christine. It was such a pleasure to speak with you today.

Christine:

Oh, thank you so much for having me. This was so fun. I had so much fun. I haven't laughed this much in a while. This is so fun.

Colette:

And you'll be back, for sure.

Christine:

Thank you.

Colette:

So what did we learn from this extraordinary and exciting conversation with Christine Michelle? For me, it was all about source, God, higher power. And of course I chose the higher power card from my Oracle Card deck, Wisdom of the Oracle. And I'm going to read a sentence from the guidebook because it's just so perfect. "You are more than a person trying to get ahead and make things happen for yourself and others. You have an immortal soul and are gifted with a human life through which a higher power can express itself."

So when you think about it, just as she said, if you desire it, if it is inspired, it is of the spirit. And if it is of the spirit, it is inevitable.

You've been listening to INSIDE THE WOONIVERSE. I'm your host, Colette Baron-Reid. Until next time, be well.