



EP45:

Your Story in Numbers

With Glynis McCants,

Colette:

Hi there and welcome to INSIDE THE WOONIVERSE, a podcast brought to you from the corner of Fringe and Main. I'm your host, Colette Baron-Reid. Joining us today is actually one of my favorite people. She's a world-renowned master numerologist, Glynis McCants. For over 27 years Glynis has been studying and creating and teaching her own unique method based on the Pythagoras number system, which is more than 2,500 years old. Glynis is the author of two best-selling books, and by the way, they still continue to be bestsellers. Glynis Has Your Number and Love By The Numbers, which I swear by, and which by the way was inspired by Glynis's own experience in picking out her husband by the numbers, and we're going to touch on this later.

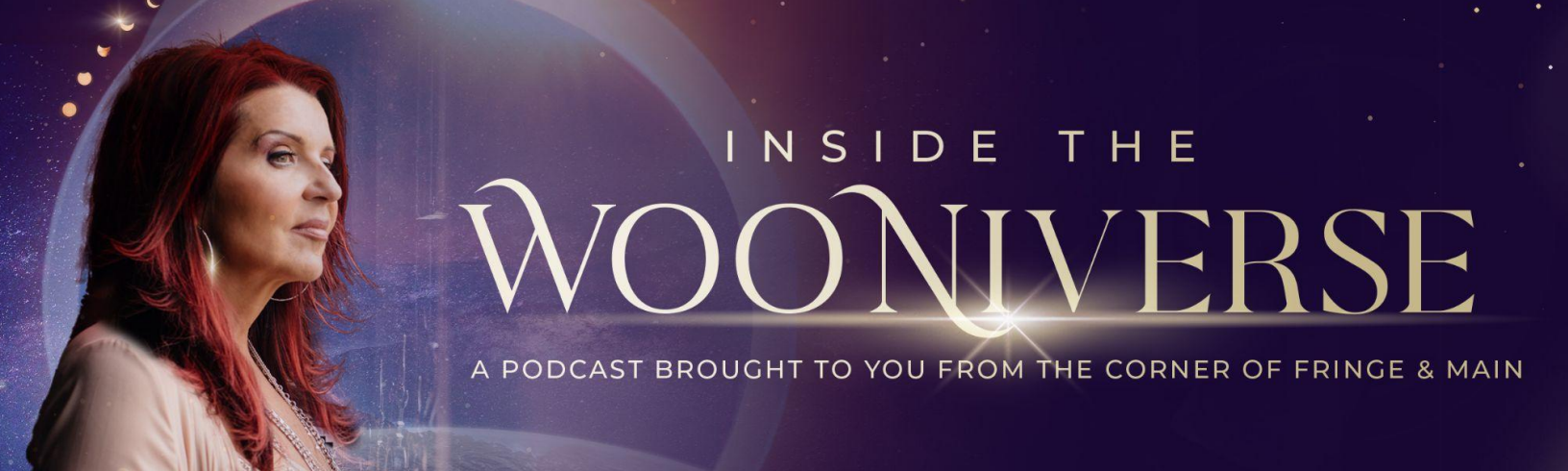
You may have seen her gorgeous face on TV as she is a regular on programs like the Today Show, The Talk, Nightline, The View and Entertainment Tonight, just to name a few. And it's because of Glynis that I actually got on a few television shows in the United States, so I owe her a big one. Anyway, according to Glynis, numbers are in everyone and everything. She's convinced that her mission is to simplify what numerology is while showing everyone how they can use the numbers to change their lives for the better. Welcome to THE WOONIVERSE, Glynis.

Glynis:

Hello, hello. Great to be here.

Colette:

Awesome, awesome. So we love a good backstory here in THE WOONIVERSE, so we are going to start at the beginning with wee little Glynnie. What was your childhood like and were you always interested in life's mysteries and the deeper meaning behind everything?



Glynis:

Well, I was raised in a family of 13. I've got five sisters, five brothers. It was a very big family but I was incredibly close to my mother, and my mother is very naturally psychic. I mean, she's the kind of person... Example, if you wanted to take her sailing, she doesn't want to go, the ocean goes flat, you can't sail. She's one of those people. I mean, it's just the truth. Now, she never used it for anything. This was just her truth. But what I remember being raised Catholic and loving our faith, but mom and I would also be in the closet doing the Ouija board. We'd do stuff like that. So in that way I was tapped into about astrology and stuff like that. But the other thing I thought about, Colette, because let's be honest, I am not just the numbers lady. I really see numbers 24/7.

It is not an option for me. It is just my truth. Well, when I was a little girl, around five-years-old maybe, five or six, and I was learning the ABCs, I remember being asleep and waking up and watching A, B, C come through my door like a ghost. It was white. And it really frightened me. I saw the ABCs, but then all of a sudden it also turned into 1, 2, 3. Well that is numerology. So I remember running up the stairs to my parents screaming and crying, going, "What? The ABCs are chasing me. The ABCs are chasing me." My parents are like, "What are you talking about?" But I honestly believe now that was a foreshadowing because that's what I do. In numerology we deal in the science of numbers. Of course it's 2,500 years old, but each letter has a number. So A is one, B is two, C is three.

And I wouldn't have known that as a child, but since it's so completely my life since I was in my 20s when I first picked up a book on numerology, I actually met a psychic. She was a psychic, that's what they said, but she was actually a numerologist. And that was my turning point because my heart was broken, Colette, by my first love. And when I met this woman, she explained, "No, no, no, he's toxic to you. He's not right for you." And I'm like, "What?" I didn't know anything. She's like, "No, no. His mother and sister are naturally matched to you. That's why you walk in the home, you give him all that credit. But it's not him. It's them." And to this day, Colette, I'm friends with them. I'm friends with the mom and sister, and I could care less about him, as you can imagine. But it's energy. It's all vibration.

Colette:

Isn't that interesting?



Glynis:

Yeah.

Colette:

Because I know you and I also know that... Sometimes I wonder if you're a reincarnation of Pythagoras.

Glynis:

Pythagoras is back in town. I'm not kidding.

Colette:

But you're also incredibly intuitive with it because I've worked with you and I've seen you, I've been with you on TV where you literally look into the air, and it's like you see all the threads of how the numbers come together. So there's a science to it, but there's consciousness to it, and you're able to tell the story, which is a really incredible, unique gift because I don't see a lot of other numerologists able to do that. So let's talk about, is numerology a scientific or spiritual, or is it both? Is it a spiritual and scientific science? Is it both? And tell us why.

Glynis:

Here's what I have decided about it. First of all, it is a science of numbers for sure, because when I picked up that book, I never finished reading a book on numerology. Not once. I ended up writing books without finishing reading them because I learned the basic numbers one through nine. So one in numerology is considered the beginning. Nine is the number of completion. When I read those basic definitions, Colette, I found I could read anybody from that within two weeks of just learning those basics.

But what my gift turned out to be and what makes me unique in what I do, I'm an interpreter of numbers, and that is my gift. Anyone can look at those numbers. I have people say, "Glynis, I bought your book and I read people at this party and I blew them away." Well, that proves that there's a science to this, right? They're looking at energy, they read it, they don't know anything about it yet they're accurate. But then mine goes to a whole new level, and it's because when I see numbers, my third eye is wide open.



Colette:
It sure is.

Glynis:
And as I always say, you can run but you can't hide. I really see who you are. So that is the difference. But, yes, I'd say science of numbers, but the gift of interpretation is key.

Colette:
You actually did a reading for me literally years ago. I think it was, gosh, it must have been 17 years ago.

Glynis:
Yeah.

Colette:
You probably don't remember this, but it was the first time I met you at a Hay House event, and there you were sitting and you actually did a reading around a relationship that I had with a girlfriend at the time. You were going on, "Well, that's a toxic match to you, blah, blah blah." And I'm like, "Oh, she can't be right." But after that, I was such a believer because literally every single thing that you said that I was unwilling to see, because that's the other thing, we can have attachments to toxic people, was a thousand percent accurate. You didn't even know this person.

Glynis:
No.

Colette:
I just gave you their birthdate and you were like "Boom, boom, boom, boom, boom, boom, boom. And here's why you, it's about you is, boom, boom, boom, boom, boom, boom." So what I found looking back on that is it's such an incredibly healing thing that you can do and also that you teach people to do. But also there's a freedom and a liberation that it gives people on a spiritual level as well because you realize, "I don't have a lesson to learn here."



Glynis:
That's right.

Colette:
That there's a "I have a choice." So I think a lot of what you do also is give people choices. So there are several types of numerology out there, and you've said that your system is based on Pythagoras. Do you know any of the main differences between the systems like Chaldean, or you just don't care?

Glynis:
Well, it's funny. Of course you can imagine that I checked everything out, right?

Colette:
Right.

Glynis:
I mean, it's just like astrology. Astrology was something I was loving at 17, 18-years-old. But what I would find, I'd be reading let's say a book and I'd read a page and like, "Oh, that's me," and I'd realize I was on the wrong page, or it was the wrong time. I'm like, "Oops." So here was my turning point. Yes, I looked at the other types of numerology. It is not as accurate for me. Again, interpretation. The reason my first book was called Glynis Has Your Number, it's because Glynis has your number. And it really was-

Colette:
Right.

Glynis:
... right? Because I remember-

Colette:
Great and it was my favorite title-



Glynis:
Right?

Colette:
... Glynis Has... Yeah, it's a great title.

Glynis:
I remember reading people and this one kid said to me, he's like, "Glynis, why is it when you read that book it's not as accurate as what you say?" Because I kept thinking I needed to train, right? It's natural for us to think that. "I need to study this," but for me it was actually, I was seeing numerology patterns that were not in the book and I got it.

Colette:
Right.

Glynis:
So when I would read someone, just verbally read them, it was accurate. If I grabbed a book, it'd be hit-and-miss. And that's, I'm telling you, that's what happens to me all the time, Colette. I will come across any numerology and it's just a little off. It's like, I'll read it-

Colette:
Interesting.

Glynis:
... going, "That's true, true, true," and then I go, "Not true at all." And that is what I mean about it being... I would say to you that my level is God-given because you know I have tremendous faith. I always have.

Colette:
Oh, yeah. Mm-hmm.



Glynis:

I never... When people are like, "Oh, my God, you're amazing." I say, "Well, thank you, but really, God-given," because I know the difference. I know that, just like you, when I watch you reading, and by the way, yes, I will toot your horn for a minute. Listen, when you and I do stuff together and you just light up with your cards and your interpretation is so accurate that I get chills, it's that same thing. So I say the truth, it's right there. And we all have different tools to get there. Mine is numbers, yours is that psychic thing. I mean, I get chills. When I go to your website...

Colette:

And we're definitely the dynamic duo.

Glynis:

I mean we're dangerous. But if I go and I'm like, "I just need an answer," and I flip your deck, it's always what I needed to hear. And I know that again is that spiritual thing within you, Colette. And that the other thing about it is, there's no ego there. The ego's gone, right? Because we say ego's edging God out. So to me, when I read, not only do I know it's accurate, it's coming through me. It's just a clear channel.

Colette:

It's interesting that you brought up the ego because it is. It's either, when your identity becomes wrapped up in the power of doing it then you edge God out. But we can ease God's order by being in service to it, by being in service to the highest good and the most benevolent outcome. Okay, I want to ask you a question because so many people see this. When I met my husband, it turned out both of us were constantly seeing 11:11. So what's your take on that, for a lot of listeners who don't know what that is.

Glynis:

Okay, so when you see 11:11 on the clock or wherever you might see it, it literally means the universe is wide open to whatever it is that's going on with you, like whatever it is you want. So when I see 11:11, I tell people, "Hey, spend that minute asking for what you want." If it's health stuff, say, "Hey, that my health gets better, that I start to feel good." Or if you're lonely, that I



meet a great relationship. This next one's the real deal. That this is a loving person. You spend that minute, and if you look at 11:11, if you really study it, it does look like doorways.

Colette:

Doesn't it?

Glynis:

So the doorway of opportunity, right? So I say, "Well, what doorway are you going through? And is there more than one?" And I'm going to give you a great example. Jennifer Lawrence, the actress, she brought up 11:11. And I've been talking about 11:11 since the year 2000, 22 years ago on Coast to Coast Radio. Or she had said something about, "Hey, I heard on radio something about 11:11 and I decided to start using it." Well, what was cute about that, she was literally talking about what she wanted, and it was the year she won that Oscar. And I thought to myself-

Colette:

Oh, my God.

Glynis:

... was she asking for that? Right? Right? Did she say to the universe, "Hey, I welcome the Oscar," because she ended up winning it. So, yes, I see it as magic. If you feel like you're hurting, I have one great example. This guy's heart was broken, his girlfriend dumped him. I said, "Just spend 11:11 talking about repairing the relationship and have her to come back to you, but do not bother her. Do not call her. Do not text her. Leave her alone." He did it every day, and after six months she did call him back and said, "You know what? I love you. I miss you. I want to try again." So that's what I say about 11:11. It's magic.

Colette:

So let me ask you about this. This is interesting because I agree with this, but the way you are describing it is the prescription that you look at 11:11, because I was talking about it becoming randomly.



Glynis:
Yeah.

Colette:
So you look at the numbers 11:11 and meditate on those things and claim that. So it's like, "I'm stepping to the fore." That's very interesting because of course I wanted a great marriage and for 20 years I've got one and I'm an 11 and he's an 11.

Glynis:
That's right.

Colette:
So we're a constant 11:11.

Glynis:
You are, and look what you've done-

Colette:
My husband and I.

Glynis:
Look what you've done together.

Colette:
And we have, together.

Glynis:
Yes.

Colette:
Together it's been amazing.



Glynis:

You are a team, and as a team you are healing together. You see? That 11:11 means... I mean, you literally, Colette, I know you. You constantly are thinking, "Okay, how do I kick this up a notch? How do I help more people? How can I touch more lives?" And then you've got a wonderful partner who's helping you do it. That, you are exactly right to say-

Colette:

So true.

Glynis:

... 11:11. That's exactly right.

Colette:

11:11. Yep. So, let's talk about names. First let's talk about a numerology blueprint. Let's go there first and then let's talk about names and addresses and stuff. Because you helped me immensely on my numbers that we were looking for specific numbers because you told me to.

Glynis:

Yes. Yes.

Colette:

And they worked. So let's talk about, what's a numerology blueprint for example? And does everyone have one?

Glynis:

We all have a numerology blueprint. There are three numbers that we take from a name and in this case we use the Pythagorean number system. And then you have three numbers from your birth date. Now those birthdate numbers are sacred because you can't change them. You can always change your name. You cannot touch those birth numbers. So the day we're born is one of them. The full date of birth reduced to one digit is one of them. The month and day reduced to one digit is another. And then the name, it has the soul number. So it's saying, "Well, what fulfills your soul?"



It has the personality number, so how do people see a little bit of your personality? And then the power name number, what did you get from that name? That's the power name number. So it's called a blueprint, and what I do, especially in relationships and business, I do numerology chart comparisons to see, are you good together? And more importantly, let's say you're already married and the marriage is in trouble but you've got kids and you want to stay together. I can help you see the positives and negatives to heal it so that you don't fall into the same problem again and again. What I teach, Colette, is people are not trying to be one way. They really are that way.

Colette:

Right. They just are.

Glynis:

They really are. It's not personal, but if they're toxic or it challenges you, it's going to feel personal. You're going to feel maybe attacked by them and it's not their intention. So, that's the point of a numerology blueprint, is to study and go, "What's going to fulfill you in this lifetime?" And we all have it.

Colette:

And it's so accurate. It is absolutely accurate and quite astounding, and the fact that literally every single person has it. And I know that when I actually changed my name and I left my first husband and then did the whole numerology thing and realized adding Reid, which is my first husband's last name, would actually put me in a better position to help others and to grow a bigger life. Literally I got a record deal right after I changed my name to his name, and I called him up. It was so funny. I said, "Hey, do you mind? I know we got a divorce, but can I take your name? Is that okay?" So he's like, "You're a nut bar. Yeah, go ahead." Right? And I love my name and it changed everything. So you can change the resonance of what you are attracting-

Glynis:

That's right.



Colette:

... and magnetizing to you through the law of frequency with a name change or a choice of name. So that's why, when you go to numerology for a business name, for example, it can either make or break your business.

Glynis:

That's right.

Colette:

It could be like, "Oh, this name is toxic to you, or this name is in alignment with what you want to do." I mean, what you do is fascinating. So for any of our listeners who are taking notes, where would you suggest they start with this?

Glynis:

Well, there's this book called Glynis Has Your Number, and that's exactly how they should start with this. And I'm dead serious. Do you know? Even the people who have jumped in the field, because you and I both know, if I've done it 22 years on air, radio and TV, you can bet there's a ton of people who've used my book. It's funny, I'll look at someone whose calling card a numerologist and then I look through my database and there they are from 15 years ago. The reason I suggest Glynis Has Your Number is I designed it to keep it simple. Remember, that was my thing.

You can make numerology very complicated, but how's that going to help people? We got to find ways to simplify. So I teach you how to find that numerology blueprint. I teach you what is good for you in business, and I want to jump to business for a moment to say, if the name of your business is a challenge to you in numerology, you're going to struggle. So I help you find what's compatible, what's a natural match. And even a book title, Colette. If you pick a name that's going to be [inaudible 00:16:53] to you, it speeds up your success. Like that title, Glynis Has Your Number is obviously a natural match for me. That was intentional. Love By The Numbers was another one. So I recommend those books, and if you are looking for love, you want love by the numbers because...

Colette:



Love By The Numbers. Yeah.

Glynis:

Yeah. It just helps you know. Why would you want to waste your time? Like I say, if you're single, get it right from the start. If you're married and you're trying to fix it, I'll give you tools to fix it. But if you still can't, this is how it works. If you have one or two challenge numbers, you can agree to disagree, right? So one or two challenges out of six. If you have three challenge numbers, you're going to work hard on that. But if you have four or more, you have to be honest. You have to ask yourself, "Is it worth it?"

Colette:

Right.

Glynis:

Because there's nothing worse than being in a toxic relationship where you lose your life. You're only focused on that. "Oh, he said this to me. Oh, my gosh, he got mad last night." That's not living. You need a partner who basically cheerleads you. There's no such thing as perfect, but you need someone who cheers you on and wants you to succeed and you want the same for them. And that's all in the numbers. So, yeah, those are my recommendations for learning numerology. What is it? How does it work?

Colette:

One of the things that you do, which you use numerology to explain certain things in the media-

Glynis:

Yes. Yes.

Colette:

... which I found always very fascinating. So you're saying, "Well, this is why these two people are at each other and here are their numbers." And I'm not really a big gossip person, but that said, quite frankly, it was quite fascinating because you could actually take numerology and bring it over and show everybody why these things were happening because the numbers said



so. And so I came to find that very interesting because obviously people in the media are people that are now available to us, so we can actually learn by seeing that-

Glynis:
That's right.

Colette:
... and saying, "Okay, so this is why this happened. We don't want that to happen." So you have to avoid these things. Is there anybody out of the blue that you want to-

Glynis:
Yes, I'm going to tell you-

Colette:
... talk about?

Glynis:
I'm going to talk about Joe Biden and Kamala Harris because I said they were going to win the election when everyone else was not sure. Nobody knew what was going to happen. But in the numbers it was obvious, and I'm going to tell you why. Keeping it very simple.

Colette:
Sure.

Glynis:
It was 2020, right? That's the year. Joe Biden was born November 20th, so that means he's born on the 20th. Kamala was born October 20th. That means the day they were born is how they appear, so together they looked like 20:20, just like you and your husband looked like 11:11.

Colette:
Oh, my gosh.



Glynis:

And I thought to myself, "Wait a second. As a team they look like 20:20, and then the inauguration was January 20th." I said, "Oh, my gosh, they're going to win." It was so obvious to me. And so because the election before that, Hillary Clinton won the popular vote, Trump won the Electoral College. But I could see in the numbers, these two were going to go the distance and they took seven million more votes in that popular vote.

Colette:

Wow.

Glynis:

But I could see it. So that is my gift. That's what I meant about interpretation. You can look at numbers, but they come to life for me and I saw it and it happened. So here's another example. Jennifer Lopez and Ben, right? Here's what I would tell you. Years ago when they first... And now you realize it was 20 years ago, but when they first got together, I said, one week before they were going to walk down the aisle, I said, "They're not going to make it. It's not going to happen." Well it didn't.

And so here they came full circle. Why? Because they were soulmates. And what's a soulmate? How does that work? If you have three numbers out of six with somebody, it means good or bad, when it's over, it's never really over. Well, they share the numbers 2, 2, 6. Two is affection. I mean, these two definitely have chemistry. Six represents family. What I would tell you about Ben, the reason he's always someone I'm concerned about, he has a five attitude. The five is a challenge to his six. Right, Colette? So he's got [inaudible 00:20:46] bad attitude.

Colette:

Right. I knew that. Yeah.

Glynis:

He gambles. When he does drink, I guess, he's not drinking now, but when he does, it goes too far. And right now I know that he does smoke. He's a smoker, which is common. People who do 12-Step that were drinkers often take up smoking or whatever just to do something. But what I'm getting at, she's a health food freak, right? This woman is obsessed with her health. She does not drink. She doesn't do anything. So that's going to be a compromise right there in the



relationship. But I knew, this time around, it was all personal year cycle. The day they did it, completely different. And that's how come this time they said I do.

Colette:
It's going to work.

Glynis:
Well-

Colette:
Wow.

Glynis:
... is it going to work becomes the question still, because remember, if Ben can work on that part of him, the love is real. If someone says, "Glynis, are they good together?" I said, "Yeah, because they really do love each other and I'm happy for that." But I will say, and this is in both books, Colette, the minute you do drugs, alcohol, drugs, I don't care how good the numbers are on paper, it'll mess it up. It can hurt the relationship.

Colette:
Sure. Interesting that you said about the five at... Is he a two?

Glynis:
No, he's a 6 Life Path.

Colette:
He's a 6 Life Path. Okay.

Glynis:
His name numbers are 2, 9, 2. And she's got that also. She's a two.

Colette:
She's a two.



Glynis:
She's a two.

Colette:
Right. Jen, a two and a six is good, right?

Glynis:
Yeah.

Colette:
But that five... So, we're two. So when Mark and I are in a hotel room, and I always tell them, "Do not give us a floor that adds up to five, and I do not want the room to add up to five." And sometimes if that's all we have, I will take a one and tape it to the back of the door to make it a six-

Glynis:
Yes, it's true.

Colette:
... because I know, and then that makes the floor, the fifth floor and the... is like into an 11 and that, but I know, absolutely. And they look at me and I say, "I don't care. It's numerology. So give me a piece of paper and I'm tacking it to the door." So, is it so true because I'm a two and that doesn't work for me.

Glynis:
Every time I've compromised on a hotel room that was a challenge to me, it went wrong. Every time. Oh, my gosh.

Colette:
Every time?



Glynis:

Uh-huh. And I'm going to give you an example of a five hotel room. I literally walked in and I am not exaggerating. Next to the couch there was this little dried, perhaps they tried to get rid of it, but it was a stain of blood. It was a circle... I'm like, "You've just got to be kidding. You'd think I'm going to be in this hotel?" "Well, you know, I don't know if that's blood." It was completely blood, I am sure of it.

Colette:

Oh, my God.

Glynis:

So, that's what's funny, is like, you may try to fight the numbers sometimes, right? I'll give you another example. I tell people, technically, try not to fly on an eight day. Because if you fly on an eight day, there's always a little bit of drama, something unexpected. Just pay attention. Especially double eight, meaning if your flight number adds up to the number eight. I know, right? If the flight number adds up to eight-

Colette:

I'm going to have to look now because I'm going away.

Glynis:

What day are you going?

Colette:

Hang on one sec. Oh, my gosh, you're scaring me. Hang on one second. Boom, boom, boom, boom, boom. Let's see. Okay, so I am going on Wednesday, on eight day. I'm flying on Wednesday the 26th.

Glynis:

Okay, but what's your flight number? That's the key. It's the double eight, do you know? Get a flight number. I'd be real surprised.



Colette:

No, I'll find out later.

Glynis:

So let me put it to you this one. I mean this, Colette. If it's an eight day, but your flight number also an eight, you might want to regroup and pick a different thing. And I'll tell you why.

Colette:

Okay.

Glynis:

Every time... I mean, I could go into the history of what's happened in the country. Like, if a plane blew up in the sky in New York City when they didn't know what it was and someone said it was just a missile, it was an accident, blah, blah, blah, it's flight eight and breaks down to the number eight, that day.

Colette:

It's a nine. My flight is a nine.

Glynis:

Yay, so you're good. See? And because, remember, as a two, the eight happens to be a natural match to you. But even if it's a natural match, you don't want to fly eight and an eight day. But I'm going to give you examples. One gal wrote me. She's like, "Glynis, you know, it was an eight day, it was a flight number eight, and I thought, 'I don't care, I got to get home.'" So she said, she gets on the plane and I'm not exaggerating, she looks and all of a sudden she sees that the plane, it's on fire.

Colette:

Oh, my God.



Glynis:

I'm not kidding. There was just a little bit of a fire, and of course they had to say, "Get off the plane." And she's like, "Glynis, you suck." I said, "I don't really [inaudible 00:25:03]." I said, "I'm just gently reminding you." And then my sister, Monica, Colette, she lives in New Zealand.

Colette:

Yeah.

Glynis:

She took an eight date. They lost her luggage. We never got it back. And I'm talking, she had money-

Colette:

Oh, boy.

Glynis:

... and the jewelry in there. It didn't matter. So that's all I'm saying. It's like, if there's things and patterns you do, why not proceed with caution, right? Keep it simple.

Colette:

Exactly.

Glynis:

Make it easier.

Colette:

My second flight is a six.

Glynis:

Yay. Yay.

Colette:

I just looked. My second flight is a six.



Glynis:

So you're good.

Colette:

So I'm good. I'm good. Oh, my God, I would've changed it, too. I absolutely would've. We have to take a little break now. More with numerologist Glynis McCants when we return.

Welcome back. Okay, Glynis, my next question is, so let's talk about some predictions because you're very, very good at this. I'll always write notes to see, what did Glynis say about this year upcoming? So let's talk about, we're at the end of 2022, ready for a new year. Tell us a little bit about 2023.

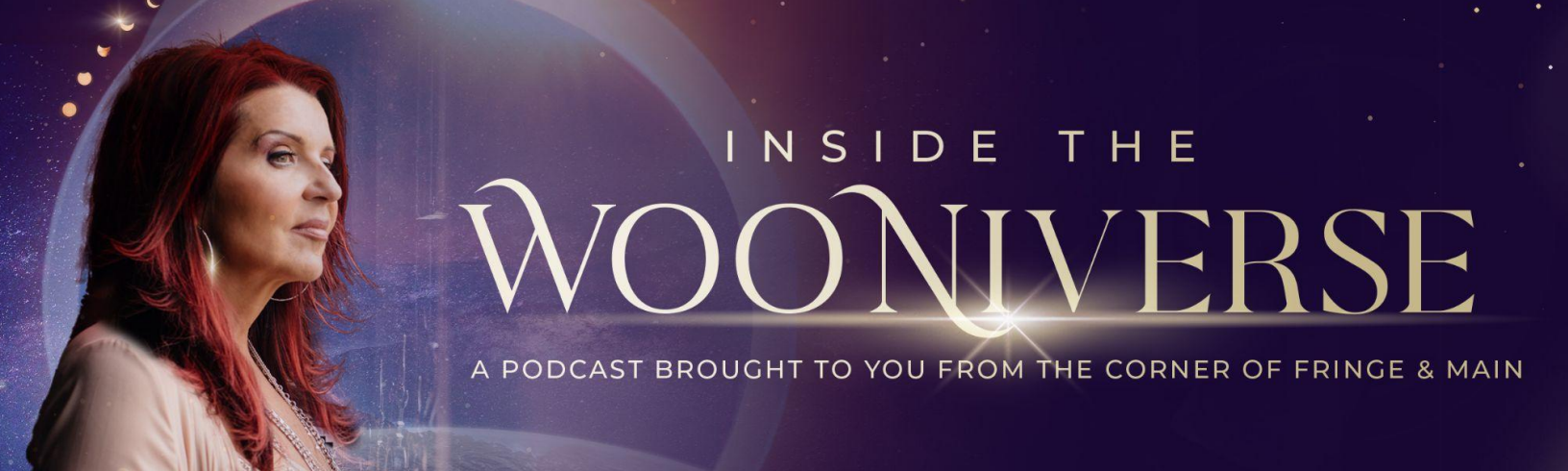
Glynis:

Let me tell you. First of all, you keep it simple. Break it down. Two plus zero plus two plus three, that's a seven. That means it's the year of the environment. Mother nature is going to speak so loud, you cannot ignore her. And I will say, what I'm grateful for right now is this administration did get some money, and I think it was actually bipartisan support in a particular bill, but I think it's \$396 billion for the climate. And guess what? Couldn't come any faster because we have a problem. So what you're going to see throughout the year of seven, environmental stuff. The weather will be extreme. If it's hot, it's super hot. If it's cold, it's ice cold.

And because that's true, we're going to have to focus on it. So I see us focusing more on this environment. How do we fix it? The clean water, the clean air, it's going to be a priority. And what I always suggest to people is, we're in this energy of seven. It gives you permission to step back. If you're a big communicator, you don't have to do that. You don't have to prove yourself. Don't join in. If someone wants to debate you, take a deep breath and walk away. You don't have to save the day. The seven gives us permission to work on the spiritual side of who we are. Who am I? What am I? Why am I here? You get answers like that in the cycle of seven. So, I love all that.

Colette:

Right.



Glynis:

In the world of leaders, anyone with the God complex, and that of course brings me to Putin, who's got double seven, they lose. You cannot play God on a planet where we all have to work together. We ultimately are going to get there. That's what I like about two energy, when I think of what we've been through. The two means, if we work together, we will succeed. But if we fight each other, we all lose. And I think that becomes incredibly clear throughout this year of seven.

Colette:

Right. So when you said the word two, is that because it's the two thousands or 23?

Glynis:

Well, millennium. Like when we went into the year 2000.

Colette:

Millennium. Yes, yes, yes. I get it. Yes. Soon as we hit those.

Glynis:

Right. So the year 2000 was a baby, it was born. And by the way, what it means, I love this part about it, because remember, the 1900s was a one. One was independence, it's about me, blah, blah, blah. And you could even say it was a masculine thing, but maybe toxic masculinity to say, "Do what I say. I'll tell you how it is." The two is not like that. The two says, "We're peacemaker, mediator. We don't want conflict." And the man who wins in the cycle of two is the gentle man. The gentle man. So, think of 2023 as being a 23-year-old, right? This energy is continuing to grow. And as we continue to grow, it gets better.

Colette:

Let's actually look backwards a little bit and then let's move up to 2024, because I love people to understand that every year has a very specific-

Glynis:

Energy.



Colette:

... energy that impacts the collective.

Glynis:

Yeah, yeah.

Colette:

So let's go back to the beginning of the pandemic.

Glynis:

Yeah. 2020. Okay. So let me tell you, this is the absolute truth. 2020 means seeing things as they are, not as you want them to be. So it was an eye-opener. When that pandemic hit you could deny it. You could say, "Oh, it doesn't matter. Oh, it's no big deal." Well, it was and it was in our face, and over a million people died. I mean, that's just a fact. But what it was is paying attention. Example, when you have a crisis in your life, if you try to ignore the crisis, it gets worse. And we saw that.

Colette:

Right.

Glynis:

In 2020 we saw, at least in the United States, we saw our president say, "Yeah, I'm not going to wear a mask. I don't want to." Well, great. But by doing that, millions of people got sick. And interesting, in my life, we lost my mother-in-law.

Colette:

Sure.

Glynis:

I mean, Charlie's mother was one of my very best friends. I can't tell you how much I love that woman. But she got hurt. She hurt her hip. It wasn't broken, but it was hurt. In the hospital a staff person infected her and she died. And that was in 2020.



Colette:

So that's the four energy? Would you say that's a four energy, two oh-

Glynis:

Well, it's four means the lessons attached, right? The four means-

Colette:

Yes, the lessons attached to the four.

Glynis:

... paying attention. What are you learning from this? What can you do differently? But it also promotes the fight. The dukes are up. "This is what I think, and what I say goes." Again, that's exhausting, right?

Colette:

Right.

Glynis:

But, the bigger message was, what can you do about it? Each one of us, we're all so different. But there was a shutdown. There was a shutdown and I believe, when we talk about, it's global, when we talk about inflation and then they talk about a possible recession, it doesn't matter. You can't shut all of us down and not pay a price. We were going to pay a price-

Colette:

Sure.

Glynis:

... and that was going to be a part of it. But again, when people ask me, because they get so frightened, there's so much fear out there. I tell people, "Stop it. Focus on you. What can you do to be happy? What can you do with your own family? Is there a book you want to write? Is there a company you want to start? Get back to your life. Stop. Don't let the universe, and what we hear, the chatter." I will say, Colette, this to me is one of the worst thing that happened. I know we talk about social media, a blessing and a curse. The curse is when you go on, it wants to



know who you are. Those algorithms want to follow you and put you down a rabbit hole. But the minute you go there, then you have an issue with someone who's not in the same rabbit hole. So I invite people to stop doing it, right?

Colette:

Yeah. Stop doing it. That's right.

Glynis:

Yeah, if I go check my email and all of a sudden there's a headline and it's something they know I want to read, I won't do it anymore. I look straight ahead. It's like, "Nope. This is my life. You're not going to take my life away."

Colette:

Look straight ahead.

Glynis:

Yes. And 2023, by the way, invites us to stop it, to realize that's not working.

Colette:

I love that.

Glynis:

The blessing is that we love each other, right? You can see people on Facebook, but I always call it Fakebook because, come on, it's Fakebook. People show their best life.

Colette:

I just phone people.

Glynis:

Yeah, they're going to tell you everything that's up. So I take it with a grain of salt. But I do want people to understand, especially your audience, I favor people drawn to you, Colette, or me, they're empaths, they're sensitive, they got these big hearts-



Colette:

Yeah, they're sensitive.

Glynis:

... they want to make a difference. They must be careful to not fall into rabbit holes. That's another one.

Colette:

And to be independent in a seven year, right?

Glynis:

Like your power back. It's work within, Colette. You got to do work on the inside. It is not outside you.

Colette:

Work within. Yeah.

Glynis:

The seven energy says no. Stop looking for answers outside you. It's within. So do the meditation, do the yoga, do anything, do affirmations, anything that gives you more of a center. Get in touch with your core. Live inside your body. Most of us just don't live in our body, and 2023 says, "No, you got to get back to you."

Colette:

Yeah, I love that. Let's talk about 2024. So we go through 2023, we know the environment's going to be a big conversation. We know that we have to be autonomous when it comes to what we allow to come in, et cetera. To say no, I'm not going to engage in these things-

Glynis:

That's right.



Colette:

... et cetera. So then let's look at the eight year. So what does the eight year bring us collectively in 2024?

Glynis:

Now, 2024, when you break that down, two plus zero plus two plus four is eight. Eight is about money. So I wonder to say, what is that? This is what I would tell you. It can be extreme. It means making lots of money or losing lots of money. But the good news about eight, because it is, got those two perfect circles, no matter how, if you're on the wrong track, you can flip it. Just remember, I got two circles here. I don't have to live in this one. Example, conflict. If you're fighting with somebody and you're dealing with double eight energy or the eight energy, you can say, "I don't have to do this. I can reverse course. I can change this. I can bring peace back."

Colette:

That's great.

Glynis:

Because it's a funny thing about when we get in an argument, the minute two people yell, you both lost. You have both lost. So you got to stop. So if they're going with the yell, you go to a calm place. And remember that the eight invites it. It is about political change. And again, I see that reflected throughout the world. 2024 is about people deciding what matters most. And again, if you talk to me about the energy we're dealing with now, this is a time to step back. When we jump into 2024, it's a time to speak up. But be clear on who you're talking to. It's about choosing your words, Colette. That's another one.

As a matter of fact, I believe healers will thrive in that cycle because people will be looking to feel better and they're not going to quite necessarily know how to do it themselves. Books will be great. I don't know if you plan on writing another book, but it would be a smart thing to do because that is the shift that's taking place. How do we get back to coming [inaudible 00:35:08]? Yeah.

Colette:

Actually, interestingly enough, in 2024, it's the first Oracle deck with all my own art.



Glynis:
Wow.

Colette:
So it is... Yeah.

Glynis:
Okay.
Colette:

So it's very, very much a different message and it's channeled. I get all these beings. They're portraits of these beings that I've been seeing and they're very like kind of star people that come through. So I've painted them all. So that's when it comes out as 2024 in the eight year.

Glynis:
And then consider this for you. If you are a two and we know that your natural match category is 2, 4, 8, look at that energy. 2, 2, 4 is in that year. It adds up to eight. So there's something about you coming into your own in a different way. That makes sense.

Colette:
That's so true.

Glynis:
But it's completely a match to you, you see? See, that's a blessing. And I will say, people ask, "Well what matters?" Personal year cycles. We all have cycles that we go through each year. It's important to learn what cycle are you in. But in your case, if I were a 2 Life Path, a master number 11 two and I knew 2024 had all that energy that invites me, it's like, shine. You get to shine in a way that's different but you actually... It's almost like you've come into your own. Like here you've had this big career, but something in you shifted enough to go, "Nope, this is really what I want you to have. And this really is me."



Colette:

Yep. It is, too. It's the first time it's completely me. Took two years to make. But anyway, it's been pretty amazing. We're going to pull a card now together to see if there's a subject that the WOONIVERSE wants us to talk about.

Glynis:

Okay.

Colette:

So I'm picking from the Oracle of the Seven Energies, the seven years, right?

Glynis:

Yes. Yeah.

Colette:

And we're going to see if there's anything that we can talk about here that relates to numerology and that could help our listeners. Ears Wide Open. And it's actually, the card is number 33.

Glynis:

Ooh, I love that.

Colette:

Right. So I'm just going to let you riff off of that.

Glynis:

Well, okay, double three. I mean, I'm going to jump to say, remember, energy is always talking to the people that are pulling cards. It could be a message for all of us, but it's always those people. I am literally a double three in numerology, right? That's a physical fact. I was born on a three day. I'm a 3 Life Path. So what is double three? It is considered a natural counselor, like giving advice is easy. It is a performer. Meryl Streep is double three. Look at her. She reinvents herself over and over. Can do any role. That's what it's saying.



Colette:

That's so great.

Glynis:

Double three means where's the laughter? Where's the fun? If it gets too heavy, you got to bring the laughter and the fun back in. That's what double three invites us to do. It's really good energy.

Colette:

I love that.

Glynis:

Did you say it was called Wide Open?

Colette:

The card is actually about listening.

Glynis:

Yeah. Tell me about that card.

Colette:

It's called Ears Wide Open.

Glynis:

I love that.

Colette:

So it's about listening to the message of the double three.

Glynis:

Yeah. And-



Colette:
It's so good.

Glynis:
... it's lighter. See, double three means be in the moment. The times that we get depressed, it's always when we're worried about yesterday or tomorrow. It's never today.

Colette:
Mm-hmm. True story.

Glynis:
So a double three says, "No, be in the moment." And if you're in the moment you will experience the magic. That's what that is.

Colette:
I love that. We're going to take a little break now and when we come back we are going to switch gears and enter another dimension of THE WOONIVERSE, the Teatime After Party. So please stay with us. We'll be right back.

And we're back. Glynis, we're going to switch gears now and travel into another dimension of THE WOONIVERSE called the Teatime After Party, a place where we kick up the fun and we're going to bring on the Executive Producer of INSIDE THE WOONIVERSE, Connie Diletti.

Connie:
Hello.

Colette:
Hey, Connie.

Connie:
Hello.



Colette:

I'm going to let you ask the first question.

Connie:

Ooh, okay. Okay.

Colette:

We're going to pick some fun questions for you, Glynis.

Connie:

Okay. So, I'm going to ask you this. As a teenager, did you have a teen actor or actress crush?

Glynis:

I have been in love with Tom Cruise as long as I can remember. His latest movie-

Connie:

Wasn't it great?

Glynis:

You have a Tom Cruise story?

Colette:

Yes, sure.

Glynis:

I love a Tom Cruise story.

Colette:

We can have a Tom Cruise story.

Glynis:

I know people who know him personally. My mother's dear friend was the teacher of his two adopted kids back in the day. He was the one who picked them up every day. Not Nicole. It was



always Tom. But my husband knows I have a mad crush. So Charlie is always getting me the major posters of every movie. If you walk in my office, you'd laugh and go, "Really, Glynis?" Like if I interview someone, I'd say, "What are your thoughts on Tom Cruise?" I'm telling you, my whole life, that's the one.

Colette:
Tom Cruise.

Connie:
What was the movie that really did it for you?

Colette:
Well, A Few Good Men knocked me out. But growing up and watching his work, my husband, there's some flavor to Charlie that reminds me of Tom, or why would I fall in love, right? I mean, let's be honest. When you have your first crush, you already know what you like. And I'll tell you a real compliment. My husband used to be obsessed with body building or being more fit. So I have a picture of him in the office from the back, and honey, Carla, Colette, who you know, walked in and laughed, and like, "What are you doing with that Tom Cruise picture?" I go, "That's Charlie."

Connie:
Oh, my God, that's so good.

Glynis:
I manifested that, that guy energy. Yeah.

Connie:
Yes.

Colette:
I love it. And I manifested Viggo Mortensen. I was married to my first husband-



Glynis:
That gorgeous Viggo.

Colette:
Right? And I watched G.I. Jane, I was sitting beside my friend and I looked up at the screen and I said, "I'm going to marry that guy." She goes, "Are you insane? You're married to Steve." I went, "I don't know why I said that."

Glynis:
Wow.

Colette:
But that guy right there is my husband. I know that's my husband. And sure enough, my husband's a Viggo Mortensen look-alike.

Connie:
Yeah, he is.

Colette:
Too crazy, right?

Connie:
Wow.

Glynis:
Yep.

Colette:
I have a great question for you. If you could live inside of a sitcom or any TV series, which would it be?

Glynis:
Wow. Inside of a sitcom? Oh, gosh.



Colette:
Or a TV series.

Glynis:
Right. Friends. Honestly, Friends cracks me up. I love Friends. I love Friends.

Connie:
It's a great one. Yeah.

Glynis:
Because it'd be so easy for me to be a part of that, especially at the coffee shop, right? When they go to the coffee shop, they could have gone-

Connie:
I love that.

Glynis:
... to the Seinfeld for the same reason. I mean, what I loved about both shows is you really feel like you could jump right in with this group of people, because the chemistry. And then what would I do in the series? I'd run the numbers. I'd be like, "You guys are toxic. You shouldn't be together." But I could see me in a sitcom in that energy.

Connie:
That's so funny.

Glynis:
That's what I would do.

Connie:
If you could be wildly successful in any other profession, what would you choose?



Glynis:

Okay, now that's interesting. Honestly, the numbers lady through and through, and here's the why of it. What I originally wanted to be, I thought, "Okay, I'm going to be an actress because I'm a natural actress." I mean, I did Seinfeld by the way.

Connie:

Very charismatic.

Glynis:

Yeah, I did. It was called The Secretary. That's the episode I was in. People should look it up. I can't remember the season. It was called The Secretary and I played an angry New Yorker. What a stretch, right? But here's my point. I thought, "Oh, I'll be a performer, because then I'm going to teach people to realize whatever they want to achieve, it's possible." In other words, my message was identical to what I am. And then I remember thinking, "But I want to be a motivational speaker. I want to be a writer. I am all of that from this career."

Colette:

You are.

Glynis:

Honestly.

Connie:

Yes, you are.

Glynis:

I am the numbers lady created by me, right? Using every drop of my gift. Now, what would I like to do? Kick it up a notch. If I could reach millions of people, that's what I want to reach. But otherwise, super content in what I do.

Colette:

Yeah, I love that answer because it's so true. You have done all of those things and more. And what is something you can do better, not numbers, than anyone else you know?



Glynis:

Affirmations, honey. I was talking to... Affirmations-

Connie:

Affirmations.

Glynis:

... when I do them, I'm going to throw some at you right now that I was doing yesterday. Oh, and I'm going to tell you some powerful affirmations for us. But here we go. If I say-

Connie:

Okay, let's do it.

Glynis:

... "abundance is my divine right. I'm healthy, wealthy and loved. Abundance is my divine right. I'm healthy, wealthy, and loved." While I was chanting that sucker for... Not that I always could do it 15 minutes, no. I went 45 minutes, 45 minutes. And honestly I got a call and made like 3,000 bucks on something out of nowhere, and then I was chanting it some more. And shipping, because you have a small business, they had raised the shipping fees, which was so upsetting because the holidays, I deal with big holiday seasons and then boom, I'm chanting it. I get a letter saying, "You know what? We've changed the prices. We have fought. You're going to get them all reduced." And I'm not kidding.

Connie:

Oh, my God.

Colette:

Incredible. Wow.

Glynis:

So, yeah, affirmation. That is my passion as much as WOONIVERSE. Yes, it is.



Colette:

I love that. I love that. Connie.

Connie:

Okay, let's see. If you could be any supernatural creature, what would you be?

Glynis:

Oh, gosh. A supernatural creature. Hmm, it's funny, I went right to the dragon, which is a funny thing, right? I was talking to... You know, oh, wait, I'll tell you what I would love to be. I would want to be the one who rescues people. When we talk about a superhero, when I see injustice, if a man tries to hit a woman, if I could show up and punch his face and send him flying, I'd be the happiest person in the world. If someone was going to try to hurt a little kid and I stopped it, or an old person, little person being... You know, they grab a person, I got them. Oh, this would be my dream come true if I could save the day again and again. Yes.

Colette:

I love it.

Connie:

Okay, and the last one I'm going to ask, what song best describes your life, Glynis?

Glynis:

A song that describes my life. Oh, okay. Ready? (singing) Remember that? And then-

Connie:

Yes. Everything's on.

Glynis:

Everyone's going to hum, and you say, "The best is yet to come." That song.

Connie:

Right. That's beautiful.



Glynis:

And it is true. I always think when I wake up in the morning, I'm like, "Oh, thank you, Heavenly Father for a new day but also a chance to do it better and touch more lives." That's why I always think the best is yet to come. I never think it's behind me. I always think it's ahead of me, in front of me. Yeah.

Colette:

Oh, what a great song. And you are such an inspiration, Glynis. I just love you so much. To learn more about Glynis and all of her offerings, you can visit her at numberslady.com. And as always, you can find a transcript of this episode, quotes, all the links and so much more in our show notes page. Go to itwpodcast.com or click the link in this episode's description. Glynis, thank you so much for joining us today. This was such a treat.

Glynis:

Well, thank you for having me, and it was so much fun, Colette. Always so much fun with you.

Colette:

So what did we learn today? Well, we sure learned that numbers are real. They work as they're a system, and everybody listening needs to go get Glynis Has Your Number to learn more about numerology. It's pretty amazing. Anyway, thank you for listening. Until next time, I'm Colette Baron-Reid. Be well.