



EP46:

Spirit Jingle Jam

With Colette Baron-Reid

Colette:

Inside the Wooniverse, a podcast coming to you from the corner of Fringe and Maine. Hello and welcome to Inside the Wooniverse, a podcast brought to you from the corner of Fringe and Maine. I'm your host, Colette Baron-Reid. With season two coming to a close, we had to go big time with Spirit and give you something extra magical. And with that, welcome to Spirit Jingle Jam.

Today, I'm pulling the veil back on an experience that I normally only share with my sacred Oracle Circle Membership. It's something very special and it's called Spirit Jam. Spirit Jam is the only place I do one-on-one readings. It's a live Zoom setting where I connect with loved ones through mediumship, pull cards, and offer laser coaching for life, love and business. And today, you're going to experience exactly what it's like to be in the room with me and my members. Now, before we get started, I encourage you to grab a notebook and write down any messages that pop out to you, because even though this was previously recorded, I'm going to tell you that these readings are so potent and are so strongly connected to the collective that spirit might speak directly to you. So just because I'm reading a specific person doesn't mean it's just for that one person. You might find a hidden treasure in something that comes through because that's the power of spirit. Without further ado, I welcome you to Spirit Jingle Jam.

Trisha

Colette:

Hey Trisha.

Trisha:

Hello. Oh, thank you. Thank you. Thank you.



Colette:

Oh, you're welcome. You're welcome. Okay, let's look at your question.

Trisha:

I'm wondering if there's anyone on the other side, that would be first.

Colette:

Did you lose a husband?

Trisha:

Yes.

Colette:

Yes. Okay. So I kept connecting to somebody who wanted to hug you as soon as I saw your face. Yes, he was a hugger, and he used to go behind you and hug you. Right? He says he wants you to. He wants... I can't do it. He goes, "You could do it." I went, "No, I can't. She's on a Zoom." But anyway, it's that sense of being hugged.

He's actually kind of perplexed by what we're doing right now. He may not have been a big believer in this. Now, he thinks-

Trisha:

Absolutely.

Colette:

Right?

Trisha:

Absolutely.

Colette:

He's like, "What the hell is going on right now that I'm here?" He is actually, I swear to God, kind of in shock at the moment that we're talking.



Trisha:
Yes.

Colette:
He's sorry he made fun of you when you were into all of this.

Trisha:
He didn't appreciate my crystals.

Colette:
No, he did not. Now he does. Now he does. He wants to apologize for being mean. So he's saying that he was quite gruff, especially towards the end, and that you didn't deserve it and that what you really deserved was for him to be present to you. He was quite afraid in the last six months of his life. And I'm not really exactly sure, because he's coming in and when they're really shocked at being here, and when we call them in, and then they're like this and he's like, "Who the...(bleep) am I talking to you?" Sorry, because I hear him swearing in my head.

And then he is showing me a big truck. I don't know why I'm all of a sudden seeing a big truck. Was he a trucker? Did you have a big truck? Where was he going when... He couldn't go where he was supposed to go before he died. What was that all about?

Trisha:
He left and went back to the mainland. I'm in Hawaii. He left-

Colette:
That's it.

Trisha:
... back to the mainland. I think he regretted that.



Colette:

Oh, hugely. Hugely. That's what the whole thing is. He tractor-trailer'd everything and then couldn't get home. He goes, "I should have come home. I should have come home." Did you kick him out? He said you kicked him out in my head.

Trisha:

Mm...

Colette:

Yeah. He did not leave willingly, he says.

Trisha:

It was... Well...

Colette:

Yeah.

Trisha:

He was drinking and I gave him a choice.

Colette:

Good for you. Let me just say this. Good for you. Yeah, he's an interesting man because he wants to apologize for a number of things, but he's too self-contained. He never wanted to say he was wrong in life. So he said, "She won't believe me if I'm saying sorry." That's what he's saying to me, "She won't believe me."

Trisha:

Oh, we believe him.

Colette:

But you know what I mean? Yeah. He feels... Well, he couldn't make a choice. He couldn't choose. He did have cirrhosis, so there was a level of disease that ate away at him. It's really interesting because I can always pick up the alcoholics because I am a recovered alcoholic. He



understood that his choices were something he had no choice over, but he knows that's not an excuse.

He wants you to know that all your woo-woo is a 100% true-true. And you can call on him. He feels that he owes you. You can always call on him when you need extra spiritual energy. He definitely feels that he owes you. You were the love of his life. You were the only one that knew him and still loved him, and loved him enough to tell him, "Get out." Because he didn't leave you, though. He would've stayed and continued to hurt himself.

Trisha:
Thank you so much.

Colette:
You're so welcome. Thank you.

Trisha:
Thank you.

Colette:
For being here, and thank you so much. Thank you, thank you. He wants you to talk to him, and talk to him. And he said, "Use one of your effing crystals."

Trisha:
Which one? Which one?

Colette:
I don't know, but that's what he's saying. The effing crystals.

Trisha:
Thank you, Colette. Thank you.

Colette:
You're so welcome. You're so welcome.



Cindy

Colette:

Okay. Hello, Cindy.

Cindy:

Hello, Colette. Thank you so much. I'm so excited.

Colette:

Me too.

Cindy:

Can you help me with relationships?

Colette:

I can help you with anything, I hope.

Cindy:

I hope so too. A little bit of background. I've been single very, very many years. 23 years. And not to go way back, but-

Colette:

It's okay.

Cindy:

Say within the last year and a half, I've connected with a couple of guys online. We had long conversations and then I try to be real careful. Try, before you give too much information and all that, get to the point of they want to meet. I agree. They disappear.

Colette:

After you meet? They've disappeared after you've met?



Cindy:
No, no, no.

Colette:
Oh, before you've met before.

Cindy:
Before.

Colette:
That's okay.

Cindy:
So that was in the recent past, say within the last year and a half, a couple. Recently, I've been talking to someone new that I just want to try to get a feel for. I'm kind of nervous. I like him. Just not really sure if my... I don't trust my gut, I guess.

Colette:
Yeah, I get it.

Cindy:
Is where I'm coming from.

Colette:
I get it. Okay. So first of all, dating online is trying people in their shoes. Okay? So you cannot go with the long conversations online because anybody could write anything. It's hearing the voice, smelling them. Smell and hear and see, right?

Cindy:
Mm-hmm.



Colette:

I met my husband online, so there is hope. Online dating, there's nothing wrong with it, but the hardest thing is when you spend too much time getting to know somebody on texting, et cetera, where anybody can hide behind that. So I would like us to reframe your response to this. And instead of it being you don't trust your gut, you are learning that your desire overrides because you want something to work out. But you always know. I will tell you that right now, you're always going to get an indicator. And the cards will always tell you the truth. The cards will always tell you the truth, and then maybe you don't want to look at what the cards say.

But online dating is going shopping and you have to try them on. And if it's just staring at them... Do you know what I'm saying? If you don't take it off the hanger and try it on, you're never going to know if it fits you or not. So that means meeting them in person is absolutely imperative, and if somebody disappears before they meet you, forget it. Don't take it personally. The thing is that online dating you cannot take personally until you've actually met the right person. It's all just friendship until it becomes something else. So I'd rather you not second guess your gut instinct and more admit that you want something and that you're afraid of not getting it, or your expectation is that you're going to be disappointed.

Cindy:

And this new person-

Colette:

I did the cards on this person.

Cindy:

... is more complicated only that he is much farther away. The other two were pretty close. This person is quite far away.

Colette:

Are they across the country or in another country?

Cindy:

I'm in Iowa. He's in New Jersey.



Colette:

Okay. Well, nothing is impossible. If you're meant to meet, you're meant to meet. And I would get on a Zoom call or I would like to see-

Cindy:

We have.

Colette:

So you have already, right?

Cindy:

And talked through Skype.

Colette:

That is great.

Cindy:

So we've done video, we've done phone.

Colette:

Well, I'll be honest with you. You have the higher power card here. So something very meaningful is going on between the two of you. And he feels it too. Is this correct? As he said that to you?

Cindy:

That's where I don't know.

Colette:

Okay.

Cindy:

I think so. I feel that, but that's where I don't trust it.



Colette:

You have to go in with open arms. You have between worlds. This guy is just out of a relationship, is that correct?

Cindy:

Not that I'm aware of. He said he hasn't for seven years, is what he told me.

Colette:

Oh, seven years? Okay. So I'm wondering if he... Well, okay, so I'm not seeing any big red flags with him. Let's just go there first. But I do feel that there's something in your past, I think could be you, that maybe it's you not trusting that you're not out of that disappointment phase, that you're still going in and looking for the red flag when it's really saying that the only red flag is the distance. You have the blessed card in protection, which means you think everybody else is going to be blessed but you. So I would not put any stock in this until you actually meet. You're enjoying your conversations with him. This is an enjoyable experience for both of you right now. This says it's great communication, that both of you are very intrigued by the other.

Cindy:

Yeah. I just want to feel like I know he is truly interested.

Colette:

Yeah, he's interested. But listen, you can't have certainty and guarantees ever, even if a person is madly in love with you, and you still don't know if that's going to work out. There's a genuine intrigue on both your parts, you are mature adults and I think the next step is for you to meet. And it doesn't matter. You're going to reach a point where you're going to decide whether you're going to meet or you're not going to meet. You're going to meet somebody in the next 12 to 18 months. It looks like you're in this relationship cycle anyway. Again, you're hanging on to, "Does he like me?"

Cindy:

Yeah.



Colette:

But you don't even know each other. And he could like you, but so what? You need to smell the guy. You need to see him.

Cindy:

Yeah. Oh-

Colette:

Who cares if he likes you? You know what I'm saying? It's like, who cares? Do you like each other? Okay. That's the start. That's only a starting point. The race hasn't even gotten off the ground yet. I think that's where we get into trouble when we give our power away, whether somebody chooses us. And this is, I think here, the biggest issue for you, and I'm talking about you here from the past, from the 23 years past where there was a deep, deep, deep disappointment and a betrayal and a terrible betrayal. And you're just like, "I'm close for repairs." Well, 23 years later, there you are the born again virgin.

Cindy:

Exactly. You're exactly right.

Colette:

And I'm like, "Okay, I'm going to open the gate a little bit, but you better commit to me before you step over the line because I'm not going to get hurt again." But you can't have that. You can't. So you literally have to go in. Do you like him enough to be hurt? I think that's it. It's like, "I like this person enough to get to know him." Don't hand your power over to anybody ever until you actually spend a little bit of time with them. And guess what? If it's really meant to be, the distance won't mean anything. You're both at an age, you're portable with what you do.

Cindy:

We are.

Colette:

You're both portable. You can be anywhere. I would pursue it without attachment to the outcome. Does that make sense to you at all?



Cindy:

It does. It's just hard to not have the attachment.

Colette:

Who cares? It's hard. Yes, it is hard. I'm not in any way denigrating your vulnerability. That's what this is all about. You should have seen me when I first met Mark, "He loves me. He loves me not. He loves me." Reading my cards compulsively like I tell everybody not to.

Cindy:

That'll be me.

Colette:

So I was just as goofy as anybody. It is hard because you don't want to get hurt and you want love. And you know what? You may or may not get it, but if you don't try and you don't pursue it, you're never going to find out. So looking for certainty on the other end is not going to allow you to really go through this process in a way that's legitimate. I think that this is kind of classic. "I like you, I like you, let's see where it goes." And then if it doesn't go, the next one's going to have something because you are in that kind of cycle right now to meet somebody. But where you need to work on is, and I'll be very frank with you, is go back in time and revisit what happened at the end and the expectations because you have a trauma that's in your body.

Cindy:

I do.

Colette:

It's in there and it's coming up. Not all relationships are meant to be disappointing. Not all people are meant to be liars. Not all partners are going to screw around on you. And 23 years is a long time to protect that wound. You have to kind of roll the dice, you've got to roll the dice right now. So I'm excited for you.

Cindy:

Thank you.



Colette:

You go out there and just give yourself a hug. And remember, if this is not the one, Spirit's going to give... Every relationship is meant to fail except the one that doesn't. How's that? So, why not try?

Cindy:

All right. Thank you very much.

Colette:

I believe in you. Okay.

Cindy:

Thank you.

Wendy

Colette:

How are you doing, Wendy?

Wendy:

Good morning, Colette. Thank you so much for being you and for just all the work that you do. As you can see, I'm excited to be here.

Colette:

Oh! And I'm excited that you're excited. Okay. I'm all yours. But I do want to ask you, do you have a Mary in your background that's...

Wendy:

Not that I -

Colette:

No, there's no Mary? And there's an M... No woman with an M name. Mary, Marie? No? Okay. So I must be-



Wendy:
Monica.

Colette:
Monica is an M name. Would that be your-

Wendy:
Is it a Monica?

Colette:
Would that be your mom? Your aunt? Your grandmother?

Wendy:
Yes, would be my aunt.

Colette:
Your aunt? Okay, good. So did she... I keep going with a rosary or beads. Maybe it's not a ro...
Does that make sense about her, beads?

Wendy:
She's Catholic.

Colette:
Oh good! That's her for sure. Okay. And she's crossed. Is that correct? Because I've... Or is...

Wendy:
Not yet.

Colette:
Okay.

Wendy:
I hope she hasn't.



Colette:

Well, she-

Wendy:

I'm care taking for her.

Colette:

Oh, that's who I'm picking up. Okay. So it's not that I'm picking up somebody crossed over. You're care taking for the Catholic Monica, M.

Wendy:

Yes.

Colette:

Who's praying to Mother Mary every day. Does she have dementia or does she have...

Wendy:

She had a stroke.

Colette:

That's it.

Wendy:

And that's why I've been taking care of her since she had the stroke.

Colette:

Thank you, because I'm getting the handful, the rosaries, so I thought I was connecting to somebody who's crossed over. But oftentimes when somebody's had a stroke, Alzheimer's, dementia, which I cannot tell, I connect to their consciousness not knowing that they're still alive thinking that they've crossed.

Wendy:

Understood.



Colette:

Yeah. She was really-

Wendy:

You hit the nail on the head.

Colette:

Right. She was really funny before this, so she's missing her humor.

Wendy:

Interesting.

Colette:

So I guess the frustration for her is her inability to communicate well. Is that make sense to you at all?

Wendy:

Perfect.

Colette:

Yeah.

Wendy:

On the nose.

Colette:

So she's, "Mother Mary, Mother Mary." That's the rosary that she's showing me here. She's healthy. That's interesting. So she doesn't feel like she's out. She's just kind of trapped. She likes music. So when you go over and play music, she's asking for a type of music that she grew up with. I don't know what that is. And you don't play it. Or when you play it, she loves it and you don't know that she knows that she loves it. I don't know what she's talking about, but is this making any sense?



Wendy:

Yeah, absolutely. She loves to sing and she used to sing in the choir.

Colette:

Thank you. So it could be gospel music. Yeah, whatever it was that growing up, she wants to hear more of that.

Now she's curious. This is fascinating. So you realize that when this is such an interesting way of showing consciousness. She's alive and yet I'm able to tune in to her consciousness and she's able to have a conversation with me as if I was talking to a dead person.

Wendy:

Interesting.

Colette:

How would I know any of this stuff?

Wendy:

You're right on every account.

Colette:

Isn't it trippy?

Wendy:

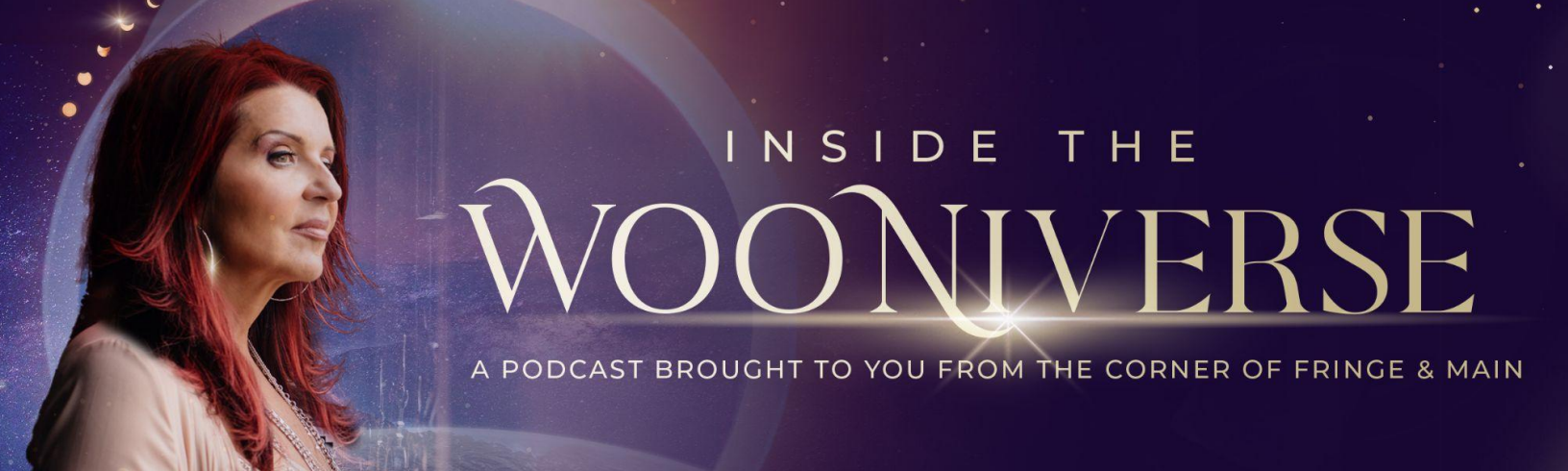
I love it.

Colette:

I find it fascinating. Okay, you get to ask me a question and she said, "Go ahead now." She just wants to say hi, and she loves that you play her music.

Wendy:

I thank you so much for that. So my question is really about my calling and my creativity.



Colette:

Great. Let's take a look. They are both entwined. Not everybody has those two words together. Do you understand this?

Wendy:

Yes.

Colette:

So what do you do at the moment?

Wendy:

I had a calling about six years ago to transition from my primary profession to doing my mission, which is stress management and success training from a holistic perspective, combining both my science background and my spiritual background to empower youth and people.

Colette:

Fantastic. Can I just say yay on that end of things, but that's not getting off the ground fast enough. Is that correct?

Wendy:

That is so correct.

Colette:

So it's really interesting because it's what I actually segued in doing, but not the way you do it. But I worked as a performance coach. I went into intuitive strategy for a while before I launched Oracle School because it was interesting to me. And again, looking at the holistic pieces, you are not behind. What's going on here, you have the orphaned card, you were like, "Oh, I'm disconnected. This is my calling. Did I make a mistake?" The building blocks, which is in the protection position and deep knowing and protection, please don't second guess yourself on this. It just hasn't quite gelled yet. It's not that it's not true. Because I definitely look at you feeling like, "Is this not true?" You're like, "How am I going to get it out there? I don't quite get it." Is this making any sense?



Wendy:

Absolutely. Absolutely so.

Colette:

Please do not give this up. Please do not give this up. It is taking a little bit of time. You've always been ahead of yourself, your whole life. You've seen things ahead and the frustration is that you know where you could be. I also see you standing on a stage, this looks like a school auditorium. So I'm speaking in a school auditorium for a graduating class or something like that where you're giving a speech or talking to people. So there's a curriculum that I'm seeing in here that you may... That's something that's an offering that is still in process. There's a lot of things I feel like we're still in process. Does this make any sense to you at all?

Wendy:

Nail on the head.

Colette:

Okay, good.

Wendy:

Nail on the head. I have a couple of curriculums in the works that I'm trying to get out there.

Colette:

Perfect, perfect, perfect. I think it's really interesting because I know that when we think about performance coaching, we want people to be at their highest expression of self. The issue is that we're doing it in a system that is disintegrating, which of course the push-push, consumerist, "I've got to be linear, very yang without a whole lot of space for the creative yin, the reception." And that's what you're bringing together and you're ahead of your time. This is only stuff people are beginning to talk about. Nobody in the performance coaching field are talking about that yet. They're still talking about the mindset, which doesn't take into account collective trauma. You know what I mean? It doesn't take into account any of those things, but you're actually managing that already. So you already understand all of this and how to bring this to people and that nobody's been ready yet.



Wendy:

Yes.

Colette:

Now they're getting

Wendy:

... has been my experience.

Colette:

Right. They're getting ready now. So you are just been two years too soon.

Wendy:

Yes, that's exactly it.

Colette:

Yeah, you're two years too soon. So next year it feels like the time to launch. I mean, listen, a lot of people launched their online businesses during COVID and did great. But for you, the sense of where you're heading with this, again, it starts next year. It's really January, February of next year and moving into 2024. And because you are both teaching and speaking, there's a TED talk out of this too that I'm seeing, so you've been sitting on that. Is that correct?

Wendy:

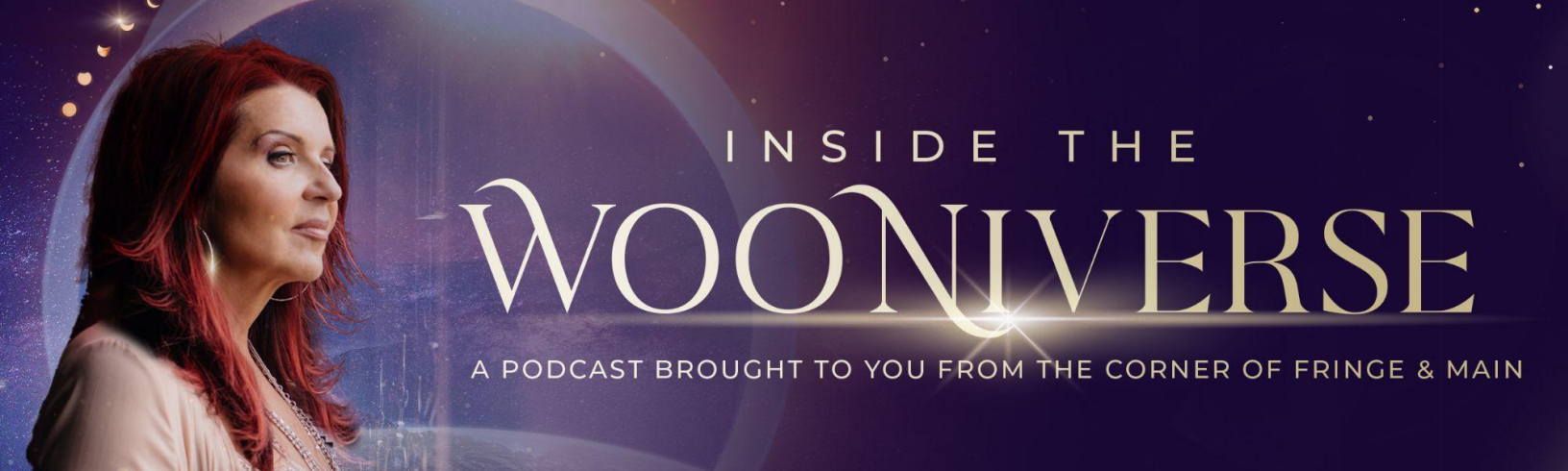
That is absolutely correct.

Colette:

There you go. Well, I'm nailing it today.

Wendy:

On all cylinders. Wow.



Colette:

One of the things I like about you is that you are not a dilettante who's just deciding to be this and running out the door calling yourself an expert. You have put the time and effort in.

Wendy:

Oh my goodness. Yes.

Colette:

That is why you will be successful. We need people who have expertise in the field that they say they do and you do. You have it. So the psychological background, neuroscience, all of the consciousness work that you've already studied, now it is time for you to get out there. Loyal heart, you build a community. So the issue that I'm having with you right now is that I have so many balls in the air I'd like to take some of them out of the air and put them into practice. So I definitely see the TED talk. It's TEDx, I believe in the South?

Wendy:

Yeah.

Colette:

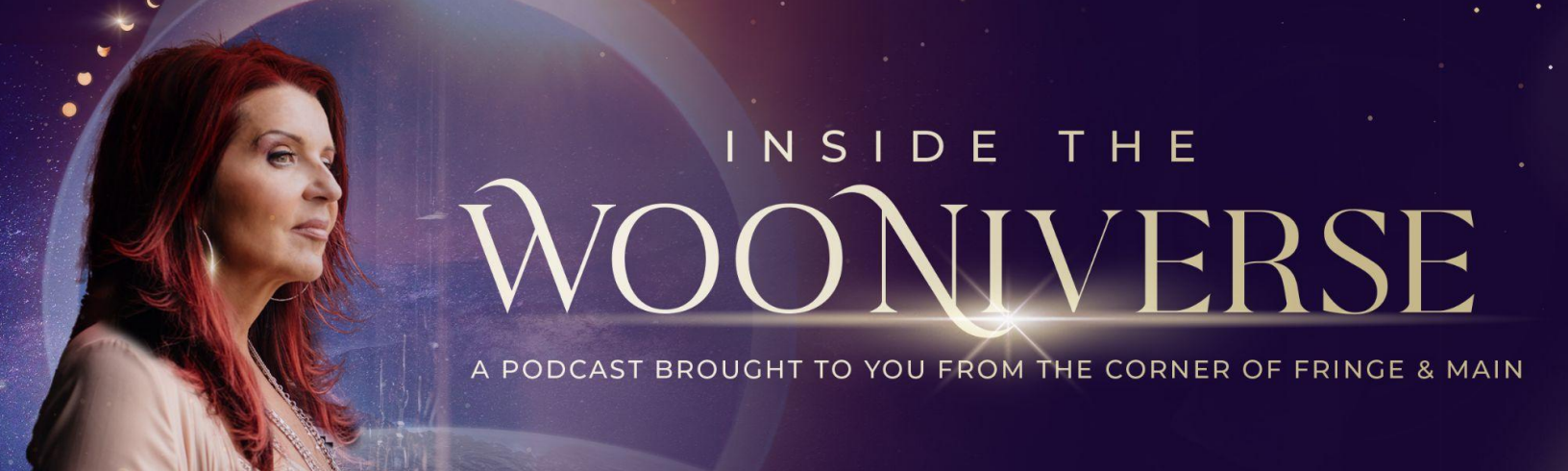
I think somewhere. Then I have... That's also going to build the following. That's going to go on your website. Then I'm seeing you doing a curriculum that is for businesses on one hand over here, but then on this side, it's more for... I'm wondering, it may not be high school, it could be college, I don't know. But I'm going to say that there are students.

Wendy:

Yes.

Colette:

And they're over there. And you don't know which one is going to be the bigger draw. You will know when you get there. Then I want to talk about painting. So what do you paint, create? Painting is a symbol for me. It's just an icon.



Wendy:
That's okay.

Colette:
What do you do in terms of your creativity?

Wendy:
I am a songwriter with a passion for music.

Colette:
That is a hobby right now from what I'm seeing. When I see painting, when I go up and down like this on a canvas, it means that it's incomplete. So that's completely separate from all of this. You've had two things published. Is that correct, two? Recorded, published?

Wendy:
No, not just yet. I'm working on it. I'm working on that right now. I have a song that's in the works that is published.

Colette:
Thank you, yes. And then the second one's coming. Okay. So we'll have two by the end of the year. You're going to end up being surprised because I believe somebody is going to grab this and it's going to end up on some type of a soundtrack or something. It's kind of odd. Everybody else does it for years and you've been doing it and then boom, out it goes. Anyway, that's a kind of a wild card.

Wendy:
Okay.

Colette:
But you have to do it, otherwise you'll never, ever, ever be happy. You have keep doing it. That's in your blood. No matter where it goes, it doesn't really matter. It's something that has to be part of your life. You will atrophy if it's not.



Wendy:
Yes.

Colette:
Make sense?

Wendy: Yes. Yes.

Colette: All right.

Wendy: Will it be successful? Can I look forward to some success with music?

Colette:
I would say that you're going to have an unusual success, which is you are not going to quit your other work. You're going to be...

Wendy:
Understood.

Colette:
Do you understand that?

Wendy:
Of course.

Colette:
So you'll end up combining it.

Wendy:
Yes, yes.



Colette:

I see you on stage, there it is. You've either sang a song and then talked, or else you're playing your music and talked. So there's an integration of-

Wendy:

That's my big project.

Colette:

... a one-woman show that is both. I don't know what I'm talking about now, but it's like a one-woman show. Is this making any sense? This is crazy.

Wendy:

Absolutely. That's the project I have. My big project for my calling. I want to integrate both.

Colette: Good. Okay. Well then-

Wendy:

Entertainment and training. That's how I do it now.

Colette:

Then I am going to go out on a limb and say, yes, the success seed has already been planted. But I see this filmed too. I see it filmed. So maybe that's the... Yeah.

Wendy:

Also, I'm a filmmaker too. I write programs and films and movies and things like that as well.

Colette:

Well, I'm going to end it there.

Wendy:

Thank you so much.



Colette:

That's fine. You are so interesting.

Wendy:

Thank you. you. I appreciate you. Thank you so very much.

Colette:

Yeah, that was cool. That was very cool. Oh, this so much fun. Before we move on to the next person, though, we're right going to take a little break. Don't go anywhere, we will be right back. And we are back. Let's continue the magic with more messages from Spirit. Who's up next? Hi there.

Nancy

Nancy:

Hi. I'm so excited to be here. I just love you.

Colette:

I'm excited. You're excited.

Nancy:

I love you.

Colette:

Okay.

Nancy:

Yes. So excited. Such a fan.

Colette:

So I want to ask you, I am tuning into an alcoholic.



Nancy:
Oh!

Colette:
Yeah.

Nancy:
My cousin, she passed in June.

Colette:
Okay. And did she leave a big mess with... I don't know what I want to say, but a big legal mess and a big mishmash of mess and it just feels like there was a big mess.

Nancy:
Yeah.

Colette:
Does this make any sense? Were you guys-

Nancy:
Oh yeah, yeah. Oh yeah.

Colette:
All right. Because she's actually... Wow. Just like a suicide is what I'm picking, but not.

Nancy:
A slow death, but by alcohol.

Colette:
By alcohol, yeah, that's what... Alcoholism is that. She said that you tried to help her when she was younger and wouldn't listen. But no, I mean, listen, it's not that she doesn't listen. It's that alcoholism is a disease that's going to kill you, so this makes a lot of sense. Anyway, she just



wants to apologize for all the mess that she left. But then she made a joke saying she was a mess her whole life, so you guys are used to her.

Nancy:
Yeah.

Colette:
But she's just going to-

Nancy:
And loved.

Colette:
Yeah.

Nancy:
I just loved her.

Colette:
She had a character and was fun. So she wasn't one of these alcoholics that were angry. She was a riot. She was like a complete train wreck, but fun. A fun train wreck, right?

Nancy:
Yeah. Until she wasn't.

Colette:
Right, until she wasn't.

Nancy:
Until she wasn't, and then it was really horrible.



Colette:

Yeah. She wants you to remember the good times and how much trouble she used to get everybody into. Okay.

Nancy:

Okay.

Colette:

What has she got to do with Massachusetts?

Nancy:

I'm not sure.

Colette:

Why am I looking at New England all of a sudden?

Nancy:

I'm not sure. She's from Georgia.

Colette:

No. So I'm looking at New England for a reason right now. Where do you live right now? So I'm just going to-

Nancy:

Washington State.

Colette:

You live where?

Nancy:

Washington State.



Colette:

You live on the other side of the country. I'll come back to this. But I am definitely picking up Massachusetts. It could be that I'm picking somebody else up right now so I'm going to turn that dial off for a second. So let's just see who... Oh, you know what? I have a message for somebody. I'm going to just put it out there before I'm going to come back to you.

Because I opened up the valve, this is another alcoholic. This is an alcoholic that keeps saying, "Wicked!" Which is definitely a Massachusetts statement. Also a cousin or aunt. And your name starts with a D, or their name started with a D. They're either Dorothy or Donna, or you're Dorothy or Donna. And literally she's just come through just waving and saying, "Oh, I just want to say something, and thanks." That's it. So anyway, I have no idea what that was all about. But now let's come back to you. I just needed to clear that out. But definitely, it wasn't your person, it's somebody else's. And if it's not a Dorothy or Donna, that's definitely somebody else's. Okay. So what question do you want to ask?

Nancy:

Honestly, I just want to hear what Spirit wants me to know.

Colette:

Excellent.

Nancy:

Willing to be here and whatever it is you want me to know, girl, I'm here to receive it.

Colette:

All right, so you've got chaos and conflict around you at the moment. Milk and Honey, and All that Glitters. So right now there's a lot of things that are up in the air around you at the moment. You feel conflicted about this. What am I speaking about? Do you want to give me a little bit more?

Nancy:

Well, it could be several things. I'm having a hard time changing some of my negative patterns.



Colette:

Thank you. That's all I need to know. Okay, because the next one is Milk and Honey. So that's good. This makes a lot of sense about sabotaging myself. And the other was Milk and Honey and Protection, which is about addiction. So I understand now while I picked her up, pointing at you. Totally get it. Could be food, could be something that you say you're going to do that you're not going to do. Sugar. There's a pre-diabetic condition. So it's definitely an eating disorder that I'm picking up here that comes and goes, and you're mad at yourself all the time. Correct?

Nancy: Yeah.

Colette: Okay. That's why your cousin came in pointing at you. I totally get it. Anyhow, don't be so hard on yourself. Don't. This is how you have given yourself comfort. I think we can psychologically label ourselves too often and then put ourselves in a corner by putting a label on it.

I think a lot of people have those psycho-diagnostic languages that people want to put themselves in categories, "My ADHD, my addiction, my this, my that, my trauma." And I think that while it's very beneficial to know that we have certain things, it's also an excuse for some of us. "Oh well, I've been traumatized, so therefore this." And the truth is we definitely need to love ourselves and be compassionate, but we do need to make better choices.

My feeling for you is if you could just stick to one day at a time and don't worry about what you did yesterday, because then you just go on a vicious cycle and then you say, "I have this thing and I'm doing it wrong." Blah, blah, blah. And then you create your own chaos. Is this making any sense?

Nancy:

Yes. Oh, yeah. Absolutely.

Colette:

Okay. I think that because we look for certainty right now, unfortunately a lot of us are misusing psychological language to give ourselves certainty. "Oh well, I'm doing this. So is this my this." I even said you have an eating disorder, but we know that you have it, and you've had it for a long



time, but let's relabel that. "I'm taking my comfort right now because this is the only way I've learned how."

Nancy:
True. Yeah.

Colette:
Right.

Nancy:
And that's true.

Colette:
So I think for you right now, the Milk and Honey, which makes total sense... Which, by the way, there's a theory in goddess culture, pre-patriarchy, whatever, pre-monotheism actually. In goddess culture, the way that they created a link between them and the goddess, if they had a ritual, was to pour honey, milk, and wheat, and grain into the ground. So think of it: sweet, milk, creamy and grains. So that was part of ritual to communicator and to give service to the goddess. So a lot of this is about you trying to reach your own divine feminine.

Nancy:
And I have been on a journey. Yes, with that.

Colette:
Bingo.

Nancy:
You've been a huge part of that, by the way of helping me-
... unfold. I mean, I've been... Yeah.

Colette:
Can you then be less rigid and a little bit more flexible on your unfolding and give your expectations a bit of a break? It's called "the road less traveled" and not "easy street" for a



reason. You're doing a lot of shadow work, and there's a lot of deep loneliness there, and there's a sense of you feel everybody's feelings, you feel... That loneliness, I think, comes from our deep spiritual disconnection. And I'm seeing that that's actually what you try to stuff sometimes using those very same things that we give to the goddess, right?

Nancy:
Mm-hmm.

Colette:
So be kinder to yourself when you do this. Sometimes it's what you need to do. I think it's really that you could be way worse. Right?

Nancy: Yeah. Oh, agreed. And I'm grateful for so much.

Colette:
Just remember that and remember that sometimes we need to give the grief space and step into it instead of try to escape and run away. But don't punish yourself when you do the escape route. Instead, just say, "Oh you know what? I must have needed to do that." Until you don't. Okay?

Nancy:
Hey, thank you.

Colette:
You're welcome.

Nancy:
I love you.

Colette:
Can we open up the chat, Laurie? Who owned the lady from Massachusetts?



Voiceover:

Oh, there's a Donna. She says, "It's me."

Colette:

Okay. Hey, Donna! All right. There you go. Wicked cool somebody on the other side wanted to just say... And they smelled like beer. That's the other... No, I actually smelled beer. I'd love to hear what Donna has to say about that. Woo, I'm going to a pub to rescue this person. Grab him off a chair.

Gregory

Colette:

Hey, Gregory.

Gregory:

Hello. Good morning.

Colette:

Good morning my darling. What is your-

Gregory:

How are you?

Colette:

I am great.

Gregory:

This is my first time ever getting to have coffee with Aunty Colette.

Colette:

I love that you-



Gregory:

I've never had a reading.

Colette:

I love that you're calling me Aunty Colette. I love it. Okay. Take advantage.

Gregory:

I think my question is rooted in my purpose, work, career.

Colette:

Let's take a look. And FYI, everybody in here, I am going to be putting on, I don't know exactly which month, but we are going to be doing a business, a woo-woo business intuitive entrepreneur class. So for those of you who are interested, there'll be business coaching for that.

You are on point already, but you just haven't put all the pieces together is what it says. You have all the parts, honey, all the puzzle pieces. You don't have to go find anymore and you just haven't put them together. Now part of what's going on here is your connection to music without it being writing. I'm trying to remember, do you do healing with music, or music, or art therapy, or something like that?

Gregory:

So I'm a therapist in the United States, so yes.

Colette:

Thank you.

Gregory:

A lot of it's not so much composing, but using music as a medium and tool to help enhance others' lives.



Colette:

Yeah. Well, you have not put this together with your spiritual piece yet. And I think it's because you're classically trained in the other. That's preventing you from getting that you have to emerge your spiritual work. The cards understand these two have to come together.

Gregory:

Oh, that's nice to hear.

Colette:

Right? Have you been thinking about that?

Gregory:

For a long time, yeah. I feel like recently...

Colette:

Yeah. Well, you're ready now.

Gregory:

Coming really bubbling to surface.

Colette:

Good. Can I just-

Gregory:

Yes, I'm so frustrated, but happy. Happily frustrated.

Colette:

You're happy and frustrated. Okay, so let's talk about happy and frustrated and it's one of the things that we're probably going to talk about in the business class coming up next year. This is very normal for any of us. If you can imagine what the frustration part is when you start to imagine what it is that you see, very similar to the woman that we had earlier with Monica, who she was looking after who had the music and had that stuff. And that, why isn't it getting off the ground? And it's like, if you look at what a tulip is like in the winter, because it's one of the first...



Or crocus is an even a better one, is the first flower to come out of the soil, at least in the northern hemisphere that I know of. So here it comes.

How do you think that little, that amazing, tiny, little fragile flower does pushing up against hard ground, winter ground? There has to be resistance, pushing through the resistance. That can feel frustrating. So don't mistake your frustration for, "I'm not getting it." Boy, oh boy. I was going to say, "I wish this was recorded." And it is! Especially for a solo entrepreneur like you, because that's what you are, you don't have a lot of people to have any feedback with. That's also an issue.

Gregory:
Wow.

Colette:
That's the thing. You don't have a lot of-

Gregory:
Yeah, that's right.

Colette:
Who are you going to talk to about this stuff? So you kind of are doing everything inside like a bubble. Again, one of the reasons why we're launching this next year. So for you, this is the mistaken idea that there's something wrong because you feel this frustration, but you perfectly said it, "I feel happy and frustrated." So really you're feeling that growth push out of that packed ground. What I am doing is telling you that these are the components of it.

One of your biggest stumbling blocks is going to be that you keep going back to the classical training that you had and you kind of like, "How do I put this together?" And there is a flexibility that you need to ask those questions, which you've been in Oracle school more than once. I know you. So remember that we teach you to say, "That's interesting." So you have to start using your curiosity and try things, and go like, "Oh, I wonder how I could do it this way. And I wonder where intuition will come." You really should read a book called The War of Art by Stephen Pressfield. I don't know if you've read that book. It's so good.



Gregory:
The War of Art.

Colette:
The War of Art, yeah. Just don't mind his... He's very cisgendered, White male kind of rah-rah. He's a filmmaker, but his attitude is... You just have to get around that. But his body of work is excellent because he talks about how resistance, if you don't push past it, then it's like your enemy.

Also, to give yourself space, giving yourself space to feel into it. Feel into it. Know that intuitive space is missing when you're too structured. Does this make sense?

Gregory:
Yes. I always have wonderful ideas. Ideas always come. I'm always blessed to have ideas. I can have ideas all day, but trying... The implementation of... Like, "Oh God, I don't know how to do this." So I've been working through that.

Colette:
So here is my advice around this. Remember that one step towards the gods and they take 10 towards you. You need a journal. And what are some of my inspired ideas? Knowing that some of them could be caca. It's like throwing spaghetti against the wall and seeing what sticks. Not all ideas are going to work, but at least you have to try them. So you know how we talk about beta classes. You know how I did The Good Tarot Class as a beta? You beta things. I did Oracle School as a beta once in the very beginning. We're trying it out and seeing what works. It was an experiment in the very beginning. You need to experiment and you need to have somebody to experiment with.

Gregory: This makes sense.

Colette:
You need a partner and you need somebody to say, maybe one of your oldest clients say, "Hey, can you come? I want to try some things out." And it's because you're too much in a vacuum right now that you don't... Do you get it? You've got to be to beta this.



Gregory:

This makes a lot of sense. A lot of things have opened up. I have my music therapy. I've been doing it for almost 15 years. I feel like in the past year, a lot of health things, a lot of things have cleared up.

Colette:

Great.

Gregory:

I've taken a lot of things out of my life that aren't helpful. And I think my intuition has really...

Colette:

Great. Up a notch.

Gregory:

Up leveled.

Colette:

Perfect.

Gregory:

Doing some readings for people that want to know me, like a couple here and there, but they've been very intuitive and I've just been open to receiving and some great things have happened with that.

Colette:

Okay.

Gregory:

I figured -



Colette:

I'm going to stop you right here. You're going to have to start owning this. I can hear it in your voice that you're nervous still, like I'm not really owning it. And that's okay, you have to start somewhere, but owning it and don't apologize for, "Well, I have a few readings. I'm just going to let it come." No, no. You are an intuitive. You've taken Oracle School four times now. You are a certified Oracle guide. You already are that. Right? You are going to do this and I'm going to do it. And look what I've done. Isn't this amazing? I started with one reading. You think we start with a huge career? No, you start with one or two readings. Isn't that great? Let's celebrate it.

Gregory:

Yes. Okay.

Colette:

I want you to celebrate those two readings or whatever readings, like, "Whoa, I did it. I'm going to do it again now." You really have the skill. And you know what the skill is? You know when to move yourself out of the way. That's the skill. Is like, "Oh, it's not about me."

Gregory:

That's been the biggest lesson, yeah.

Colette:

That's right.

Gregory:

Heck out of the way.

Colette:

Get the heck out of the way. That's the practice. Get the heck out of the way. That's how we get our ideas that are inspired, they're of the Spirit. Intuition and our imagination are in service to that inspiration. They all come together and bam, there you have it. So bridging those two things and then creating some type of interesting curriculum that blends... I know you're thinking about that. The cards are saying you have new life, higher power, loyal heart and deep knowing. What the heck else are you going to get?



Gregory:

Wow. This is great because right before your call I said, "What do I need to know from Yoto before this call?" And I got No Place Like Home and Protection. So if I do what I do, I'm going to get what I get.

Colette:

Yes, do something different.

Gregory:

Get out of the way, do something different.

Colette:

And also understand this that you have your own home inside you as well. And it's okay. Whatever we did in the past worked, but now we want to do something different. If you do what you did, you're going to get what you got but you want something unique and different. You want to put these two together and you want to look for the bridge. So your next-

Gregory:

My soul needs it.

Colette:

That's what I did.

Gregory:

My soul needs it. Yeah.

Colette:

You can do it. And you're not doing alone. You're not in a vacuum. You have other people to talk to here.

Gregory:

Thank you.



Colette:
Hey, Laurie.

Laurie:
You can hear me now?

Colette:
I certainly can. How are you doing?

Laurie:
Oh God, thank you so much.

Colette:
You are so welcome.

Laurie

Colette: Hey Laurie!

Laurie:
I've been asking Spirit for inspiration and this morning I got... Put up your hand.
And I'm like, oh my gosh, she's not going to pick me. And then I was like, oh my God, she's
going to pick me. Thank you so much.

Colette:
This is so fun. It works. It works.

Laurie:
It works.

Colette:
And it always works when we surrender, right?



Laurie:
Yes.

Colette:
It's like "I'm going to put up my hand." Well, I don't know.

Laurie:
And I've been watching Spirit Jam for three years.

Colette:
Hey, that's right. This is your-

Laurie:
The last time I had a reading was on my birthday three years ago.

Colette:
Oh my gosh. Isn't this cool? All right, well anything goes. You can ask me anything you like. I'm all yours.

Laurie:
I feel like I have closed a whole book of my life and I'm starting a new book.

Colette:
Perfect.

Laurie:
It's exciting but it's scary. And I know I have to move. I know a move is coming up. I'm trying to buy a house with my roommate, but I'm not sure if I'm supposed to be going a different direction, doing it alone, but I'm not financially secure enough to do that yet. I still have... My business is new.

Colette:
What are you doing now, Laurie?



Laurie:
I'm an Astrologer.

Colette:
Great, okay. That's all I need to know. I like your roommate. You got great cards with it, supporting this move. So you've got, I'll just tell you what they are. From Woto: Flexible, Clean It Up, Milk and Honey and Poised. So what you need to clean up is the idea that this is the forever thing. It's not, it's a stepping stone. You guys are doing this as an investment. You'll live in it for a while, then you'll eventually go move on into your different directions. But there's nothing wrong with this roommate and this is a really good investment. This is a very neutral relationship. You've got good boundaries with this person. Is this correct?

Laurie:
Yes.

Colette:
Yeah. Very, very good. Very good. Very good. Good business partner. And again, keep your boundaries clean. But this is an investment. You will sell this property if this is a decision that you're making. Again, I'm only looking at the cards based on the decision.

Laurie:
So you see us actually buying the house?

Colette:
I see you buying a house. I don't know if it's the house.

Laurie:
We've had trouble getting a mortgage just because we're both self-employed.

Colette:
So what? You only need one mortgage from one person. So somebody's going to give it to you. At some point you just have to show bank statements over three years or four years. I've been



self-employed and have bought houses and whatever. This is before I was ever really that successful. I don't see this as being a big problem. You just need to get the correct paperwork, but somebody is going to take a risk. It may be a little higher, the mortgage rate, because you are self-employed, but it looks like a good investment is what I'm seeing. I don't see you going on your own anyway just yet. Even if the two of you decide just continue to rent and rent a bigger place or whatever, at some point it's just not now. It works for you to have somebody else and to split your fee.

Laurie:
I'm a Libra moon.

Colette:
Oh, you're a Libra moon?

Laurie:
I'm a Libra moon.

Colette:
I'm a Libra rising. I know what you mean. I'm partners, partners. Let's do it together. Let's do it together. It works out great. It works out great.

Here's what you need to clean up. There is some kind of inflexibility around... Again, you're more than an astrologer so you have another gift on top of that. Funny, it's interesting, just similar to what I said to Gregory about being kind of stuck in a "this is this" structured way of doing things, then I have this more fluid way of doing things over here and somehow I don't put them together. Is this making any sense?

Laurie:
Yes.

Colette:
Okay.



Laurie:

I've been getting... Spirit has been asking me to do something more to take the big leap. And I'm like, what is it?

Colette:

Yeah, it'll show up.

Laurie:

What is it? Obviously, I don't see it.

Colette:

Okay, that's interesting. So maybe it's blending the cards with your astrology, like Deborah Silverman and I are doing stars and cards for Hay House next year and we want to train astrologers on how to use the Oracle cards to help the client navigate their chart.

Laurie:

I've been through Deborah's school and your school.

Colette:

There you go. And you're-

Laurie:

I've been through both of your schools.

Colette:

Haven't you thought of doing that, putting the two together? It makes you speci-

Laurie:

I'm a bit shy about the Oracle cards.

Colette:

See? Look at you.



Laurie:
I'm so confident-

Colette:
Get over it.

Laurie:
... with astrology.

Colette:
Yes, because it's mathematics.

Laurie:
And I've been doing it for 25 years. I've been doing it a long time.

Colette:
Yeah, but... And it's math. For example, let's say somebody's got a Pluto transit. They've got a Pluto transit over the next two years or whatever, like I had. I'm out of mine, so how do I make Pluto my boyfriend? It's basically the question. And you take the cards to say, "Okay, here's my suggestions. Here's what the Oracle is saying for you specifically. Here's a way for you to navigate this difficult transit that I see coming up. Let's do the cards on that. What do you say?" "Oh, that's great. What could I expect from this? What do I have to watch out for?" Then you have a whole other skill set you are offering people that makes you unique and different.

Laurie:
Yeah, I told-

Colette:
See what I-

Laurie:
I'll tell you a secret. I actually do that with the readings before I do them.



Colette:

And then you don't tell the people?

Laurie:

No.

Colette:

Okay, well that's time to tell the people.

Laurie:

I ask Spirit, "What do they need to hear me say?"

Colette:

And then you do the cards and don't tell them.

Laurie:

What do they need for me to... Yeah.

Colette:

Okay, well how about this? Let's do that. Let's keep doing that and then when they're sitting in front of you, then you keep going because I do think that there is a level of confidence that then becomes even more intimate for somebody when you add the cards into an astrology reading. And that is actually, Deb and I were talking about that recently, just about maybe even creating some type of bridge between the two because it really does work.

Besides that, finances are stable according to what I'm seeing here. Milk and Honey, really love what you do. You're very good at what you do. You're very lucky at the moment. You don't have a whole lot of stress, here.

Laurie:

Yes, I feel lucky. Yes.



Colette:

Yeah, you feel very ready, Poised is the car that comes up. Clean It Up is actually potentially your clutter in the house. It could be just something that simple like, "We need to get an organizer in here," because it does look like you need to throw a whole bunch of stuff out. You're a little squirrel, kind of.

Laurie:

I'm a Taurus rising.

Colette:

Oh, so you don't want to give it away. I get it. I get it.

Laurie:

No, but I will detach. I need to.

Colette:

You need to.

Laurie:

You're right. Need to clean and clear.

Colette:

That's the only thing that I'm seeing in here to advise you is that you need to declutter. And it is environmental, and even not in your head. It's not even up here. It's literally over there in the corner. All those books, we have to get rid of them.

Laurie:

Yep. If I could show you this room, you'd go, "You need to clean it up."

Colette:

That's basically my only advice to you. See what happens. The roommate scenario, like I said, you're either going to buy something that's a good investment with that person and you will be paying a higher rate. That's the other thing that I am seeing that.



Laurie:
Such is life.

Colette:
Such is life, if you want to do that. And if not, it doesn't even matter. It looks like you've got a great situation here. If you end up renting again, it's still okay. All right.

Laurie:
Thank you so much, Colette.

Colette:
You're so welcome, Laurie. Finally. Finally, you got in!

Geraldine

Colette:
Hi Geraldine. I'm all yours.

Geraldine:
Okay, First of all, I'm not going to gab away because I'm so excited to see you.

Colette:
It's okay.

Geraldine:
Well in OraclePalooza, my father dragged me to you.

Colette:
Wow.

Geraldine:
And freaked me out. Freaked me out. But I never got an actual reading with you. So I am here for a reading.



Colette:
Here we are.

Geraldine:
I am ready for a reading.

Colette:
Let me ask you a question. Why am I smelling pickles with your dad?

Geraldine:
Because he was-

Colette:
German pickles.

Geraldine:
He was German, a German American. And one of his-

Colette:
Likes pickles.

Geraldine:
That's so hilarious. Because he would cut... He had the worst diet on the planet. Worst diet. He would come home after a long night of drinking-

Colette:
He had really bad breath, right? Bad breath.

Geraldine:
A long night of drinking and eat in the middle of the night liverwurst sandwiches with and pickles.



Colette:
Pickles. Right!

Geraldine:
And he was-

Colette:
Liverwurst and pickles.

Geraldine:
He also liked that stinky cheese. The real stinky one, Limburger.

Colette:
Yeah, Limburger cheese. Because you know what's so funny? I smell him right now and he smells like garlic and something rotten.

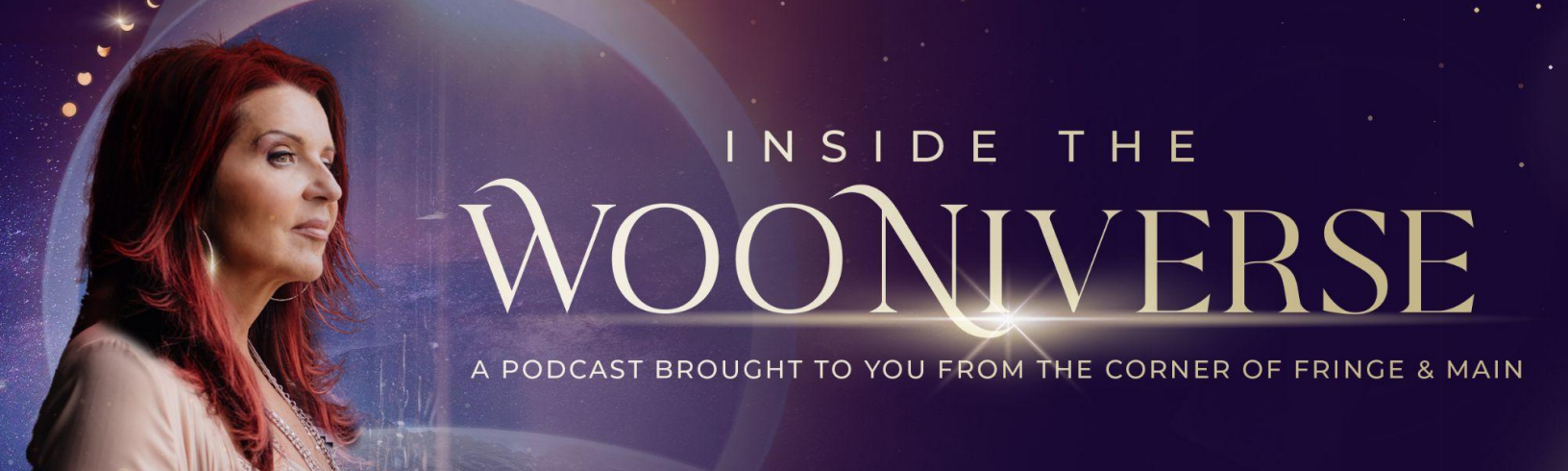
Geraldine:
I'm very sorry.

Colette:
No, that's okay. But we at least know it's him. We know it's him.

Geraldine:
That's wild that he's still around. He's making up for lost time.

Colette:
Yeah, he is. Let me bring him through. Let me see what's up here because then you can ask me a question because he's actually telling me that you're supposed to ask me a question about something else.

Geraldine:
Okay.



Colette:

So you think about that while... Oh, there is one thing. He wants to apologize for abandoning the family. Even though you might like to make excuses for him because you do, he says out of all of them, you're the one that makes excuses for him. He says there's no excuse for a lot of what he did to the family. But everybody kind of created a bubble around themselves to escape from the pain of his inconsistency. He knows that he was like that. And you also know he really loved you.

Geraldine:

Yeah.

Colette:

And he loved the family but he was not a present man at all.

Geraldine:

No, no, no.

Colette:

So he apologizes for that. He is asking you to get your blood sugar or your glucose tested. Or could be that you're either quitting sugar, or that... Something to do with sugar. Your sugar is off, or hypoglycemia or whatever.

Geraldine:

I know that my sugar is good because I just got that checked. But I think it's something-

Colette:

Oh, you did get it checked.

Geraldine:

... and this could be a stretch, but I am presently looking for my biological father.



Colette:

Right. That's what the thing is, then. That's why you have to get the test. I get it. I get it, not so... Thank you. And then he may have diabetes, the biological father.

Geraldine:

Possibly, if he's still alive.

Colette:

Can I just tell you this? Can I just tell you this? He is so... He's your dad. He's so upset right now. He's like, "I'm her father."

Geraldine:

Oh my God!

Colette:

"I am her father."

Geraldine:

He almost didn't tell me about my dad. He would never, even though my mother would. Before my mother passed away very early, she had to tell me I was adopted.

Colette:

Yeah, yeah, yeah.

Geraldine:

He refused to... When I would say to him, "But Dad, can you tell me something about my birth family?" "I'm your father!"

Colette:

Boy, he's saying that to me now.

Geraldine:

That's funny.



Colette:

"I'm her father!" So he's not helping me at all right now. He's yelling, "I'm her father," in my head. But the other thing is, though, too, is that there is a relationship between blood sugar. So maybe he's just saying that you went and got the test or whatever, but he's-

Geraldine:

Maybe, yeah.

Colette:

Yeah, whatever. But-

Geraldine:

That just happened, so I know it's okay.

Colette:

That may be that recently, then, you've just done the test or whatever. But I will say that he is pointing to the fact that your family of origin is very similar to this family, although they might be Italians. Because he's German, right? So, I don't know-

Geraldine:

Are you crazy? You are crazy.

Colette:

What?

Geraldine:

Oh my God, that's so amazing. So the man that I'm looking for, this is such a long story and I don't want to burden you with everything.

Colette:

It's okay.



Geraldine:

But it's such a fabulous story that I could do a TED talk on it because that's how cool it is. 65 years of me searching and two years ago my birth sister finds me. She's Irish. I knew. I mean, look at the face. Irish, right? And all the information up until two years ago, New York had no open records for adoptees. I couldn't find out anything. So all the thing-

Colette:

Where's the Italian from the Irish? Yeah.

Geraldine:

The Italian is my father.

Colette:

Right. Okay. So that's what-

Geraldine:

And my Irish aunts who I've never got to meet all used to talk about the Italian that took your mother out.

Colette:

The Italian. Yes.

Geraldine:

That's my father. But here's the thing. Here's the thing. The DNA, no Italian blood.

Colette:

Don't even worry about it.

Geraldine:

I'm half Jewish, half Irish.



Colette:

Can I tell you something? DNA is stupid because I went and got my DNA done with 23andMe and Ancestry.com. So the DNA tests are not conclusive. They cannot tell you 100%.

Geraldine:

Wow. I'm so-

Colette:

Yeah, but your dead dad here who's still claiming it, that guy was not your dad as far as he's concerned, but he was Italian. He let me see that. And he's not going to tell me if he's dead or alive because he is not going to help you one bit. This is very hilarious. You would assume that these people have learned something on the other side and they come back. They still retain a little bit of their personalities even though they want to apologize for things.

But anyway, bottom line is you will probably discover it yay or nay. It doesn't really matter. But it is very interesting that you're discovering these things now. But your dad in spirit is still maintaining he's the one who loved you.

Geraldine:

He did.

Colette:

He's the one who took care of you. Even though he said, "Sometimes I was a shitty dad."

Geraldine:

He was totally that.

Colette:

"But I..."

Geraldine:

But I loved him dearly too. I still loved him too. It didn't matter. I still loved him.



Colette:
It didn't matter.

Geraldine:
Yeah.

Colette:
Exactly, whether there was Schnapps or Schnapps. And wait a minute. This isn't right. Okay, nevermind.

Geraldine:
Can I ask you a question?

Colette:
No, we've done. I have to-

Geraldine:
Oh, for reading. Oh, I'm sorry. I really wanted to know-

Colette:
No, no, no. You know what? Ask me fast. Ask me fast.

Geraldine:
Okay.

Colette:
I feel your dad just said-

Geraldine:
For you to pull one card.

Colette:
Your dad just got so mad at me for saying no. Just right now. I'm like, "Okay, I'll pull her a card."



Geraldine:

I just want a card to tell me there's so much going on in my life, just for Spirit to give me something.

Colette:

Spirit is telling you, you are wandering between realms at the moment and are not there yet. So whatever it is, you are traveling through a series of circumstances, none of which will remain the same for any length of time. That means that you are no longer where you were and not yet where you want to go. And this in-between time is time where you should be resting. You should be using your curiosity. You should be taking excellent care of your health and you should not be stressing out on a lot of the stuff that is not yours.

Geraldine:

Right. Thank you.

Colette:

Right?

Geraldine:

Thank you. And thank you for everything.

Colette:

You're so welcome. This was fun.

Geraldine:

You give all of us so much. I just want to say thank you. I love your podcast. I love everything. I pulled the Deer card. I'm going to try to be gentle.

Colette:

Yeah, you should. Okay.

Geraldine:

Thank you. Love you.



Colette:

I love you too.

Thank you so much for joining us today and listening to our first ever Spirit Jingle Jam. I hope you took something away that creates more magic in your life and lit you up from the inside out. To join us for our next Live Spirit Jam and to learn more about my Sacred Community, the Oracle Circle Membership, please go to itwpodcast.com/bonus or click the bonus area in the episode's description.

OCM, or the Oracle Circle Membership, is where we partner with Spirit and connect to the divine. And it's so precious to me, because I get to be with you live twice a month. I give you access to my meditation library, share mini lessons, monthly spreads, and other tools to help you navigate this lesson life.

And in case you're wondering about what we have coming up with the podcast, listen to this. We are launching our second mini series, and it's called Spirit and Recovery. It's coming on February the seventh. This mini series focuses on conversations about healing modalities and philosophies we can all engage in to recover from both collective and personal trauma and addiction. I'm talking to some of the most amazing people on the planet. So please tune in to Spirit and Recovery this February.

We are also currently recording season three. Yes, number three. Can you even believe it? So look out for that launching this spring. So make sure you're subscribed to the podcast and our newsletter to keep up to date with episode releases, launch dates and prize giveaways. So head on over to itwpodcast.com if you haven't signed up yet.

Thank you so much for listening. I love you and I appreciate you for all your support. We'd also like to thank all the amazing guests who came on for season two of Inside the Wooniverse. I'm going to take a page out of Glynis McCants' book and just say, the best is yet to come. From everyone here at Inside the Wooniverse, we wish you a wonderful and peaceful holiday season. I'm Colette Barron-Reid. Until next time, be well.