



## EP51 Woo<sup>2</sup>

# When a Reading Doesn't Resonate

with Colette Baron-Reid

Colette:

Hey, everybody. Welcome to Woo<sup>2</sup>. It's a section of Inside the Wooniverse where we just talk, talk about stuff, talk about what people write in and ask us to talk about, and then just talk about the things we feel like talking about. So what are we talking about today, Connie?

Connie:

Today we're going to talk about an email we received from one of our listeners.

Colette:

Okay.

Connie:

Thought we'd bring this question into the ether because it might be quite a universal experience. The question is this. How do you navigate a reading that doesn't resonate with you?

Colette:

That's a great question. So I think this is a really interesting question because for people who get readings, they sit in front of somebody. I actually had a reading from somebody that I was referred to, and I felt they projected a ton of their stuff onto me and it didn't resonate with me at all. Their story was not my story, and it wasn't that I didn't like what they were saying. It didn't feel right, it didn't feel like it was about me. It was more about their projection of what they thought, as opposed to what they saw.

So one of the things that I tell people when you get readings is you're responsible for setting your own boundaries in a reading, as well, to say, okay, I can take some of this, some of it just doesn't fit for me, so I'm going to discard that.



You can discard it. Or you can ask more questions, say, "Tell me more about that. That doesn't resonate with me." So if it doesn't, and you're right in the middle of the reading, you can say to the person, "listen, this doesn't really resonate with me." I wonder... Because I also believe that for me, when I've seen certain things, I may be inaccurate in my description of it, in terms of how I'm trying to put the puzzle piece in the wrong hole, basically. So it's good to have a conversation with the person that's reading you if you're not resonating and say, I'm not really resonating with this. Can we explore what this could mean, then? What is it? Do you know what I mean?

Connie:

Yeah. And I've seen you also say, this is really... It is true, because I produce literally 26 episodes of this happening.

Colette:

My TV show, right?

Connie:

Where you're like, this is coming through as a channel, you're sharing what's coming through, and a person's looking you in the eye and saying that, I don't even... But then literally, it's like you say in the beginning, you may not even remember what your name is when I call on you or when the information's coming to you. And so many times, people will, while you're... And you say, okay, I'm just going to park that and we're going to keep talking, and then they will say, a light bulb goes off, "Oh, my gosh. Yes. That's so and so."

Colette:

That thing you said earlier. Right.

Connie:

Yeah, so maybe can you maybe explain a little bit of the difference, the nuance difference between, what is the experience of something that just doesn't resonate, versus, like you were saying, if somebody is really not understanding or it doesn't feel good, versus something where a person is trying to put a puzzle piece in, but maybe that puzzle piece is-

Colette: Right. There's a big difference.



Connie:

Yeah.

Colette:

There's a big difference, yeah. So in mediumship, for example, there have been times where the person I'm reading, have said, "Absolutely no way. I don't know who you're talking about." I remember this one girl, because she was friends with a friend of mine, she was like, "I don't know what you're talking about or who you're talking about," whatever. Went home and asked her mother about what I had seen. And the mom knew absolutely everything that I was talking about. She goes, "Oh, my God. That's your grandmother and this is what she saw. And this is 100% true." But in the reading, she goes, "That doesn't resonate with me at all." She actually said those words to me. "That does not resonate with me at all." I said, okay, just, you know what? I'm just going to leave it as it is.

I don't need to be right, either. Because sometimes you can be wrong, but you feel it in your body, too. Sometimes a reading with somebody that's not really skilled, can sometimes hit you in a way that's like, okay, this person doesn't really know how to describe what they're seeing, and fit it for me. So you might end up having to work a little bit to try to figure out what they're talking about. And other times you can just say that flat out doesn't feel right. But I encourage people, if you are going to get readings, to recognize that you are responsible for your boundaries, you can just take what you like and leave the rest. If you don't like something, it's very different than, I don't resonate with it. I don't know. It can be that you just don't know, and that you need to do some discovery, afterwards.

Like, somebody told me something was going to happen with art and me, and I wasn't even doing any art. I had stopped doing art 30 years. 30 years ago, I made a living painting on people's clothes. I haven't picked up a paintbrush in forever. I took one little course and then all of a sudden, my art became something. But I had gotten a reading for somebody who mentioned that, and I'm like, "Well, I don't do that anymore. It's got to be singing, it's got to be that. That's got to be it." I made it like, "Oh, I don't resonate at all with what you're saying," but I do. I can squish it into this hole and I can take your little puzzle piece and I can put it over here, because that suits me. So it's a very nuanced kind of a thing. Do I resonate, means do I



recognize it. I don't recognize it. It might come later. Do I disagree with something? Usually is when you feel like there's an agenda from the reader towards you, or you're just not clicking. It just doesn't feel like it's clicking. And then you just say, this isn't clicking. And your responsibility to stop the reading.

That's the other thing. You can say, thanks a lot, I'm done. It's not working for me. And that's okay, too. But it's funny, there's not a lot of information out there about, how do you deal with the relationship that you would have from either between you and a medium, getting a reading, receiving one, not so much giving one, because that's what we're talking about. And same with a predictive reading from an intuitive or a psychic who uses the concept of time as another way to mark opportunities or storylines that they see.

And you're sitting there going, there's no way. Uh-uh. Mm-mm. No. And then meanwhile, it actually happens. A couple years later, you're going, I said no to all of that. My husband's a great example of that. Oh, my goodness. So he had a session with this woman who took him through this process, this psychic, and took him through this process. And she said, "Now you're going to see your wife, your future wife." And he had this glimpse, in this process, of this curvy girl with dark hair, dancing on a beach. And he was like, "There's no way."

Because he only dated tall, skinny blonde models. Because that's who he was, back then. And I laugh about that, because that's a perfect example of, that does not resonate with me at all. No, I'm leaving. Thank you. Meanwhile, we laugh because I'm the short, curvy girl on the beach, laughing and happy, and he's so happy and I'm happy. So we can reject information in a reading. Reject it. "No, that's not for me." "That doesn't resonate." Or, "I don't know what you're talking about." There's so many layers to this question. So, what do you do if you don't resonate? You can just say, I don't resonate. Park it and figure it out later. Or if you're not comfortable with the person that's reading you, get out. Especially if they ask you to buy candles and they tell you, you have a curse. Then you know that is so not for you.

Because there still is that little faction out there. This has now become part of the zeitgeist. Getting readings is so common now. Very excellent readers are out there now. There's high standards now, for people who do readings for other people. But then you have the wonder, you still have the odd one.



Connie:

Of course. And like you say, everyone is not for everyone.

Colette:

No. Uh-uh. But yeah, it's an interesting conversation. I had a reading from an astrologer and I was just not resonating with it at all. I'm like, no, that's not... Uh-uh. That's not me. But the reason I didn't resonate with it, because I used to say my Virgo was broken, because they'd be telling me stuff and I'm like, oh, I'm a Virgo Rising. Okay, this does not make any sense at all.

Well, of course it didn't. It didn't resonate with me because my birth time was wrong. And I'd always say, this doesn't resonate at all. I'm so grounded. No, I'm not! That is not me! Right? So you just, sometimes you know something's off. Which actually led me to telling somebody who actually did chart rectifications, and it was Sharon [inaudible 00:09:12] and she goes, "I can do a rectification chart for you." And I'm like, okay. And sure enough, when we landed on it, I was zero degrees Libra Rising. Made total sense. My whole chart went kerplunk. And it was like the angels came like.

Connie:

You're like, Dang, yes.

Colette:

Every single thing on the chart made sense to me now. It was incredible. So, resonance, that's astrology. So, really check in, though. If you don't resonate with something in a reading, ask yourself why. Is it that you're rejecting what they're saying? Is it that you just don't know what the heck they're talking about? Or is it that you're not comfortable with the person and there feels like there's something sticky there? Get out. There's enough beautiful, incredibly talented, gifted readers out there now, if you're not comfortable with one, just get out of it and then go find somebody else. And always get somebody with a good reputation. But even that, my gosh, that one guy that read me years ago, who was so... Oh my gosh, it was another guy that my friend was just raving about. Because I think I get a reading once a year. I have, for ever. And it was the worst experience. He started flirting with me and I'm like, Ew, that's not why I'm here. No, you are not the guy in the cards. No. No, no, no. No. Thank you. Thank you for sharing. No, no, no. This is



not happening. And I'm sure tons of people who are listening to the show, have gotten a reading or have received information from somebody, that is puzzling or perplexing.

I think the other thing, too, to think about, that I haven't talked on yet, is the storytelling. Look for the essence of it. The details may be a little off. I'll never forget this one woman, I did the reading for her, where I was saying to her, oh my gosh, I got these pictures in my head and I'm doing a tarot spread and I'm thinking, oh my goodness, the husband's coming home and he's going to blow up the house. He's going to blow up their marriage. I could see it now. Everything is destroyed. And I'm like, how do I tell this person something is going to happen, and I'm so, skirting around it and whatever. And she goes, "Can I just stop you right there? That doesn't resonate at all. Here's what does. My husband's a demolition expert. He's blowing up our house this week." So I'm like, "Your husband could be doing something that's a real destructive quality. Does that make sense to you?" She goes, "No, I'm happily married, but we are blowing up the house this week."

Right? So the interpretation of the person doing the reading, can be completely ass backwards. We had the biggest laugh. I'm like, "Oh, my God, I thought it was your marriage he was going to destroy." She goes, "No, no. He's destroying the house."

Connie:

That's a great example, because it's also, on the flip side, work with the person.

Colette:

Work with the person!

Connie:

Of course. There's a huge spectrum, but it is that lens of interpretation. So, while someone's talking, if it's, your husband is a demo expert and you heard... this person's basically saying that.

Colette:

I'm seeing some destruction around this marriage, and your home, and there's... It's just like somebody came in and blew it all up, but there's so much beauty on the other end, so can we get to that part? She goes, "Yeah, that's my new house."



Connie:  
See?

Colette:

"But don't panic, because I want to take you to the other..." Because that's always the way I've always been. I've been so... I'm like, let's get to the... I will never leave a reading hanging, like, oh, I said, "Let's take a look at the potentiality of this." She goes, "No, no, no, no. No potential. This is really happening." I'm like, "Oh, thank God you told me." Because the reader is having to interpret pictures and images, especially if you're an intuitive and you're a clairvoyant, you're actually seeing things, you're trying to figure out are these metaphors, are they literal accuracy? Is this really what's going on? Or am I interpreting this correctly? And I have no problem being wrong. I always tell people, I don't care if I'm wrong. Help me out, here. Does it make sense, at least in essence of what I'm saying? What does this apply to? I'll sometimes have to say that. Does it make any sense? Do you know what it applies to? She goes, "Absolutely. I know exactly what it applies to."

Connie:

Right. Checking in if you're going to see someone and you're open, and it's not open to being brainwashed, it's open to being in a fluid flow state of what is being revealed, and dancing together.

Colette:

Yeah, totally. I had this very famous psychic who told me that I would never be successful as an intuitive, as an author, whatever, but it would be my music. And she was purposely telling me this. And I remember thinking back, like, "You don't want me to be successful doing this." And of course, my music failed miserably and I became very successful in the same field as her.

Connie:

Ah. So, her intention.



Colette:

Yeah. What's the intention of the person that's reading you? Yeah, I got some fun stories. But anyway, that's a great question. Thank you so much, Connie. That was a one Woo Squared for today. That was fun.

Credits:

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