


Colette Baron-Reid's Guide

Manifesting with the Moon





Each month, as the moon cycles through its various phases, it creates unique energies that influence our daily lives. When we cultivate an awareness of the constantly shifting phases of the moon, we can learn to work with these energies to manifest our desires with more ease and live in alignment with the flow of the Universe.



The Phases of The Moon

Although the moon is never stationary, different points in the monthly cycle of the moon (lasting 28-30 days) bring specific energies and influences. Each month of the year, the moon is in a different astrological sign (to learn more about these specific monthly themes, explore our Oracle Circle Membership) – but each month, there are consistencies in the energies of the lunar cycle as well.

The New Moon

The new moon marks the beginning of a new lunar cycle. It is the darkest phase of the moon – a time of limitless possibility and new beginnings. This point in the lunar cycle is an opportunity to:

- **Set intentions and sow seeds for your desires.** As our Universe begins a new cycle, the energy of this time is conducive to getting clarity about what we want to create, manifest, or grow.
- **Journal, reflect, goal-set, and begin new projects or journeys.** Anything you start at this time will be Divinely supported. The energy of the Universe is aligned to help you bring your goals and desires to fruition.



The Full Moon

The full moon marks the halfway point in the lunar cycle. It is the brightest phase of the moon – a time of illumination, release, and culmination. This potent time can come with high emotions and more intensity, and it's a perfect chance to:

- **Evaluate, course-correct and make adjustments where you need them.**
The energy of this phase is supportive of seeing what has come to fruition, what's working and not working, and where things need to shift.
- **Move some energy and let some things go!** You might choose to move your body, move emotion, or move deadlines and shift relationship dynamics. Right now, you have clarity and are supported in releasing all that is not serving you.

Astrological Influences on the Moon

Each month, the moon travels through a different astrological sign – creating specific influences and energies for that month. Working with the specific themes for each moon can help you reflect, grow, and develop in the areas of your life that are most supported by each month's sign.

- In our Oracle Circle Membership, I share **monthly Full + New Moon Readings** with featured guest astrologers to discuss the month's themes and ask questions to the Oracle Cards about the specific energies and how to work with them. [Learn more here...](#)
- Oracle Cards are a mystical, yet practical tool to help give you answers and guidance on the most impactful way to connect, manifest, and work with the cycles of the moon.



Ask The Oracle



Oracle Cards are a mystical, yet practical tool to help give you answers and guidance on the most impactful way to connect, manifest, and work with the cycles of the moon. Use this simple 3-card spread with your favorite Oracle deck, or [pull your cards for free with one of my online decks here.](#)



Card 1: *(the understanding card)* the essence of the situation, including things you may not consciously know.

Card 2: guidance on what to do and a choice of action given you have the understanding of card 1.

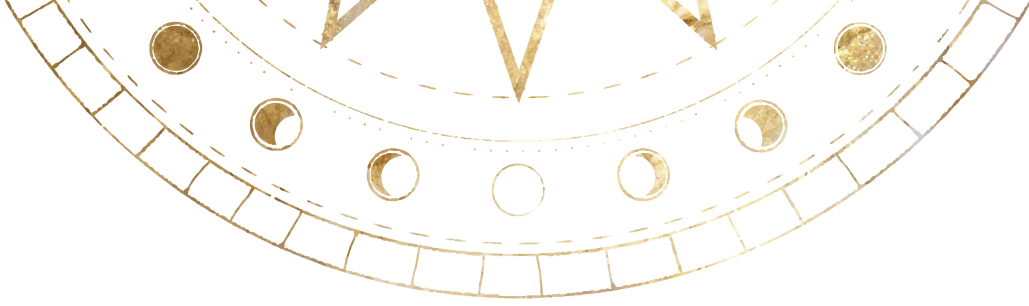
Card 3: the potential experience that arises as a result of your mindful action.



Want more Oracle card spreads you can use with the New Moon and Full Moon?

I've created 13 Oracle Card Spreads for the [Full & New Moon that you can download here.](#)

In this printable guide, I share some of my favorite Oracle decks for Moon readings, the 10 steps to perform your own Oracle Card reading, and 13 card spreads that you can use for guidance.



Working With Moon Phases

Staying in tune with the timing of the new & full moon each month and working with their specific energies can support you in:

- Manifesting your desires with more ease.
- Feeling supported in your efforts to pursue goals and get things done.
- Regularly cleansing yourself of negative habits, patterns, and emotions.
- Feeling a sense of connectedness with the cycles of the Universe.

Although the new and full moon both mark specific moments in the lunar cycle with potent energies & themes, the moon's phase is always shifting, and you can work with the energy of the lunar cycle at any point during the month.

- The day of the new moon through the day of the full moon is a chance to sow seeds, set intentions, put things into motion, begin projects, and start something new.
- The day of the full moon until the next full moon is a time to bring things to completion, celebrate your manifestations, let go of what isn't serving you, and put endings to things.
 - Staying connected to a community of like-hearted people who are consciously working with the lunar energies and cycles can support you to integrate this practice into your life.
[Check out the Oracle Circle Membership.](#)



New Moon Rituals & Practices

1. Set up a sacred space in your home.

- Light a candle, and spend some time creating a space that feels conducive to bringing your dreams & desires to life. Nurture your spirit through nurturing your space.
- The spaces where you live & work have a powerful impact on your thoughts & feelings, and in turn, the energy you send the Universe about what you want to create and manifest in your life! Create a regular new moon ritual of refreshing these spaces and notice the impact on your energy, results, and creations.

2. Schedule some time to journal and reflect on the things you're calling in right now.

- What are your deepest desires? What actions do you need to take over the next few weeks to bring those desires into your reality? Schedule some alone time to really dig in and send a prayer of those desires out to the Universe!
- Remember, you are co-creating with Spirit! Pull an Oracle Card to ask for guidance or clarity around what you're manifesting this month. When your intentions are clear, you will be Divinely supported.



Full Moon Rituals & Practices

1. Release what is no longer serving you.

- Did you set a goal that's no longer in alignment or set out on a project that hasn't been going as planned? Pull out of your lists and spreadsheets and evaluate your results and where you stand. Letting go of what isn't working is the highest form of spiritual self-care.
- Trust your intuition and the signs you're receiving from the Universe. For some extra clarity, pull a card to see what you most need to release right now. Don't be afraid to let something go if it isn't working and isn't fulfilling you. This is your opportunity to "clean house" from the emotional buildup of the month.

2. Take some time to appreciate and practice gratitude.

- What have you manifested this month that you're really proud of? What did you set into motion that has gone the way you wanted it to? Take some time to celebrate and enjoy all that you have co-created with the Universe so you can call in even more of it!
- BONUS: Charge your crystals under the full moon to soak up some of this potent energy and bring it into your rituals throughout the month.

Work with the specific energy of each moon cycle by learning about the astrological sign it's in.

Our [monthly New Moon Readings](#) are the perfect inspiration...

When you integrate an awareness of the lunar cycle into your regular routine, you'll begin to invite a sense of flow and spiritual groundedness into your life.

Our Universe works in cycles and patterns, and the more we connect ourselves and live in alignment with those cycles, the more ease we will feel in our lives. This could be the missing piece to your manifestations and connection to Spirit! I invite you to add in even one of these monthly moon practices and notice what begins to shift in your life.

Love, Colette



BONUS MEDITATION!

As a bonus to this guide, [here's a 12-minute guided meditation for healing](#) for healing that can be used during the full or new moon for added connection. Enjoy!

Practical Spirituality Resources

Because of your interest in manifesting with the moon, I've put together a list of practical spirituality resources that you may find valuable! It's a mixture of paid and free resources, but I encourage you to check them out and see if you find any to be useful.

Spirituality & Personal Transformation Podcast

- **Free INSIDE THE WOONIVERSE Podcast** - Listen to my weekly podcast series featuring authentic and playful conversations with some of the world's most interesting sages, scientists and celebrities, where we uncover personal stories of spiritual awakening and transformation.
[Click here to listen.](#)

Spiritual Community & Events

- **Oracle Circle Membership** - Join my "Woo Crew" and find a safe and sacred space to deepen your spiritual journey. You'll learn how to tap into your inner knowing and strengthen your intuitive muscles by exploring how astrology, Oracle cards, numerology and Moon phases play a role in your life's path.
[Click here to learn how to join the Oracle Circle and have a chance to get an Oracle reading from me!](#)
- **OraclePalooza Virtual** - A virtual event for the mystical, the magical, and the woo! This annual event is the MUST attend event of the year for any Oracle Card lover.
[Click here to learn more about how to join us for this year's event.](#)

Oracle Card Resources

- **Free Oracle Card Readings** - Try out three of my most popular Oracle Card decks for free when you visit my website. [Click here for your reading.](#)
- **Free Universal Oracle Card Readings** - Want to know what to expect this month and how to best navigate the energy? [Click here to subscribe to my free collective Oracle Card readings.](#) It's like your own spiritual weather report!
- **Oracle Cards Unlocked Workshop** - Learn the basics and access clear guidance with Oracle Cards in this three-part video series. In this short series, I teach you how to ask the right questions, how to understand reverse cards, and the key ingredient that will make Oracle Cards a reliable tool for you. [Click here to learn more.](#)

Spiritual Journey Resources

- **The Oracle School Experience** - If you're ready to move into a more inspired, unique, and authentic life -- one that's directed by an inner compass you can finally trust, Oracle School is for you. This 7-month program transformation journey shows you step-by-step, how to use Oracle cards to tap into your inner guidance to discover your authentic self. [Click here to learn more about when Oracle School is accepting new students.](#)
- **The DreamQuest Platinum Mastermind** - This intimate and unique transformational program is hosted, curated, and moderated by Colette Baron-Reid where you can join a community of successful peers committed to reaching their next level of personal growth and transformation. If this sounds like something you've been seeking in your life, [click here to learn more and apply today.](#) (Only 24 spots available each year)